

NELFT Model

Essex
CSPA

Southend
CSPA

Thurrock
CSPA

Triage/Allocate

Signpost approx. 25%

7 Locality Teams

Mood and anxiety
pathway
50% brief
intervention
50% longer
intervention

Neurodevelopmental
pathway 50% brief
intervention
50% longer
intervention

Complex pathway
50% brief
intervention
50% longer
intervention

Behavioural and
conduct pathway
50% brief
intervention
50% longer
intervention

Crisis Teams

Universal services: Health
visitors, School Nurses,
GPs, Midwives,
Adult/Perinatal MHS,
Paediatricians, Drug and
Alcohol Services

Social Services

Social and emotional
learning programs,
Anti-bullying interventions
in schools/colleges,
Mentor/peer support

Voluntary sector, e.g.
YMCA, Children Centres,
Family support workers,
SNAP
Turning tides in South End,
Spurgeons, Essex
Wilderness

Engagement services e.g.
participation workers
Advocacy projects
Self-management

