Report title: Establishment of Mental Health and Emotional Wellbeing Group

Report to: Essex Health and Wellbeing Board

Report authors: Judith Dignum, Democratic Services Officer

Date: 15 July 2020 For: Decision

Enquiries to: judith.dignum@essex.gov.uk

County Divisions affected: All Essex

## 1 Purpose of Report

1.1 To ratify a recommendation made by Members at the last (informal) meeting of the Board.

## 2 Recommendation

- 2.1 That the following recommendation, agreed by Members at the last (informal) meeting of the Board on 20 May 2020, be formally ratified:
- 2.1.1 To establish a Mental Health and Emotional Wellbeing Group as a Sub-Group of the Board, with draft Terms of Reference set out in the Appendix to this report

## 3 Background

- 3.1 When Members of the Board last met, on 20 May 2020, consideration was given to the proposed establishment of a Mental Health and Wellbeing Group as a sub-group of the Board. This was considered desirable in response to the expected need for increased mental health support as a consequence of Covid-19.
- 3.2 Members expressed their support for the proposal. However, as the meeting was not formally constituted, it was not possible for a decision to be taken on that occasion. Members therefore agreed to recommend the proposal for ratification at the Board's next formally constituted meeting.