

Health Overview and Scrutiny Committee

12:30	Wednesday, 12 July 2017	Committee Room 1, County Hall, Chelmsford, CM1 1QH
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Quorum: 4

Membership:

Councillor J Reeves
Councillor J Beavis
Councillor J Chandler
Councillor B Egan
Councillor D Harris
Councillor J Henry
Councillor M McEwen
Councillor R Moore
Councillor S Robinson
Councillor C Sargeant
Councillor C Weston
Councillor A Wood

Chairman

Co-opted Non-voting members:

Brentwood Borough Councillor – tbc
Harlow District Councillor Tony Durcan
Maldon District Councillor - tbc
Uttlesford District Councillor Vic Ranger

For information about the meeting please ask for:

Christine Sharland, Scrutiny Officer
Fiona Lancaster, Committee Officer

Telephone: 033301 34573

Email: fiona.lancaster@essex.gov.uk

www.essex.gov.uk/scrutiny



Essex County Council

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Part 1

(During consideration of these items the meeting is likely to be open to the press and public)

	Pages
1 Apologies and Substitution Notices The Scrutiny Officer to report receipt (if any).	
2 Declarations of Interest To note any declarations of interest to be made by Members in accordance with the Members' Code of Conduct.	
3 Membership and Co-optees on the Committee To note the membership of the Committee, and to approve the nominations received from Harlow and Uttlesford District Councils as set out in the report (HOSC/20/17).	5 - 6
4 Appointment of Vice-Chairmen To appoint two Vice-Chairmen of the Committee.	
5 Terms of Reference and Membership To note the Committee's Terms of Reference and Membership as set out in the report (HOSC/21/17).	7 - 8
6 Committee representation on other bodies To nominate four members to represent the Essex HOSC on the Essex and Suffolk Joint HOSC, together with two substitutes (HOSC/22/17).	9 - 10
7 Minutes To approve as a correct record the Minutes of the meeting held on 20 March 2017.	11 - 18
8 Questions from the Public A period of up to 15 minutes will be allowed for members of the public to ask questions or make representations on any item on the agenda for this meeting. On arrival, and before the start of the meeting, please register with the Committee Officer.	
9 Scheduled Committee activity dates To note the scheduled Committee activity dates for the 2017-18 municipal year (HOSC/23/17).	19 - 20

10 Date of Next Meeting

To note that the next Committee activity day is scheduled for 9.30 am on Wednesday 26 July 2017, in Committee Room 1, County Hall. It is not intended that there will be a formal meeting open to the public that day.

11 Urgent Business

To consider any matter which in the opinion of the Chairman should be considered in public by reason of special circumstances (to be specified) as a matter of urgency.

Exempt Items

(During consideration of these items the meeting is not likely to be open to the press and public)

To consider whether the press and public should be excluded from the meeting during consideration of an agenda item on the grounds that it involves the likely disclosure of exempt information as specified in Part I of Schedule 12A of the Local Government Act 1972 or it being confidential for the purposes of Section 100A(2) of that Act.

In each case, Members are asked to decide whether, in all the circumstances, the public interest in maintaining the exemption (and discussing the matter in private) outweighs the public interest in disclosing the information.

12 Urgent Exempt Business

To consider in private any other matter which in the opinion of the Chairman should be considered by reason of special circumstances (to be specified) as a matter of urgency.

HOSC/20/17

Committee Health Overview and Scrutiny

Date 12 July 2017

Membership and Co-optees on the Committee

Report by: Christine Sharland, Scrutiny Officer

Contact details: christine.sharland@essex.gov.uk Tel: 03330134569

The Health Overview and Scrutiny Committee (HOSC) membership comprises twelve County Council Members.

In May the full Council in May 2017 Councillor Jillian Reeves was elected Chairman of the Committee, and appointed the following twelve County Councillors to the Committee:

Name	District/ Division
Jo Beavis	Braintree/ Halstead
Jenny Chandler	Chelmsford/ Great Baddow
Beverley Egan	Castle Point/ Thundersley
Dave Harris	Colchester/ Maypole
Jeff Henry	Basildon/ Laindon Park & Fryerns
Maggie McEwen	Epping Forest/ Ongar
Richard Moore	Basildon/ Billericay & Burstead
Jillian Reeves	Castle Point/ Hadleigh
Stephen Robinson	Chelmsford/ Chelmsford North
Colin Sargeant	Tendring/ Clacton East
Carole Wilson	Rochford/ Rochford West
Andy Wood	Tendring/ Clacton North
Named substitutes:	
Ricky Gadsby	Epping Forest/ Waltham Abbey
Mike Steptoe	Rochford/ Rochford South
Pat Reid	Basildon/ Pitsea
John Baker	Colchester/ Parsons Heath & East Gates

(Councillors divisions have been included for information):

It is understood that at July full Council there may be a change in the HOSC membership namely Councillor Anne Brown (Colchester/ Constable) will replace Councillor Jeff Henry.

In addition, Article 10 of the Council's Constitution permits the appointment of up to four co-opted non-voting members, at the invitation of the Committee, on the nomination of other Essex local authorities - primarily to ensure that all twelve council administrative areas in Essex are represented on the HOSC either by a County Councillor or District Councillor.

Based upon the new County Councillor membership of the HOSC, there is no representation from the administrative areas of Brentwood, Harlow, Maldon, and Uttlesford moving forward. In consultation with the Chairman, the local councils have been invited to nominate a representative to sit on the HOSC as a co-opted non-voting member for the year ahead.

To date the following nominations have been received:

- Brentwood Borough Council – To be confirmed
- Maldon District Council – To be confirmed
- Harlow District Council – Councillor Tony Durcan
- Uttlesford District Council – Councillor Vic Ranger

Action required by the Committee:

- 1. To note the Committee's membership, and**
 - 2. To ratify the invitations sent to selected district councils to nominate a representative to serve on the HOSC for 2017/18 as a non-voting co-opted member, and approve those nominations received.**
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HOSC/21/17

Committee Health Overview and Scrutiny

Date 12 July 2017

Terms of Reference and Membership

Report by: Christine Sharland, Scrutiny Officer

Contact details: christine.sharland@essex.gov.uk Tel: 03330134569

Article 10 of the Council's Constitution sets out the Committee's terms of reference, and is reproduced below:

'10.1 Health Overview and Scrutiny Committee

The Council will appoint a Health Overview and Scrutiny Committee to discharge the functions conferred on the Council by statute to review and scrutinise, and receive referrals in connection with, any matter relating to the planning, provision and operation of the health service in its area and such other matters as are identified in 10.3 below.

10.2 Membership

16 members (including up to 4 non-voting co-opted members appointed by, and at the invitation of, the Committee on the nomination of other Essex local authorities).

10.3 Roles and Functions

The Health Overview and Scrutiny Committee will have the following roles and functions:

(i) to review and scrutinise the totality of local services planned and provided including the work of the Health and Wellbeing Board as part of their wider responsibility to seek health improvements and reduce health inequalities for their area and its inhabitants;

(ii) to refer contested proposals for major service changes to the Secretary of State;

(iii) to scrutinise the social care services provided or commissioned by NHS bodies exercising local authority functions under section 31 of the Health Act 1999;

(iv) to review or scrutinise health services commissioned or delivered in the Council's area within the framework set out below:

- (a) arrangements to secure hospital and community health services to the inhabitants of the Council's area;*
- (b) the provision of such services to those inhabitants;*
- (c) the provision of family health services, personal medical services, personal dental services, pharmacy and NHS ophthalmic services;*
- (d) the public health arrangements in the area; e.g. arrangements for the surveillance of, and response to, outbreaks of communicable disease or the provision of specialist health promotion services;*
- (e) the planning of health services, including plans made in co-operation with local authorities setting out a strategy for improving both the health of the local population and the provision of health care to that population; and*
- (f) the arrangements made by NHS bodies for consulting and involving patients and the public;*

(v) to review and scrutinise the totality of local services including social services, planned and provided as part of their wider responsibilities to seek health improvements and reduce health inequalities; and

- (vi) to act as consultee to an NHS body within the remitted area on issues of:*
- (a) substantial developments of the health service in the Council's area; and*
 - (b) any proposals to make any substantial variation to the provision of such services.*

10.4 Proceedings of the Health Overview and Scrutiny Committee

The Committee will conduct its proceedings in accordance with the Health Overview and Scrutiny Committee Procedure Rules contained within Part 4 of this Constitution.'

Please note that Article 10.5 refers to the Outer North East London Joint Health Overview and Scrutiny Committee (ONEL JHOSC) is established by the Health Overview and Scrutiny Committees having health responsibilities of the London Borough Councils of Barking and Dagenham, Havering, Redbridge and Waltham Forest in accordance with section 190 – 191 of the Health and Social Care Act 2012 and consequential amendments and the Local Authority (Overview and Scrutiny Committees Health Scrutiny Functions) Regulations 2002. This County Council through the Cabinet Member nominates one member to the ONEL JHOSC, who is Councillor Chris Pond.

Action required by the Committee:

To note the Committee's terms of reference as set out in the Council's Constitution.

HOSC/22/17

Committee Health Overview and Scrutiny

Date 12 July 2017

COMMITTEE REPRESENTATION ON OTHER BODIES

Report by: Christine Sharland, Scrutiny Officer

Contact details: christine.sharland@essex.gov.uk Tel: 03330134569

The Essex HOSC appoints representatives from its membership to the following bodies:

Essex and Suffolk Joint Health and Scrutiny Committee (Joint HOSC) for Suffolk and North East Essex Sustainability and Transformation Plan (STP)

In November 2016 (Minute 9) the Committee ‘**agreed** the approach taken to establish a Joint Committee with Suffolk Health Overview and Scrutiny Committee and approve member representation on it, and to continue looking for opportunities to work jointly with other neighbouring authorities on a case by case basis.’ Councillors Erskine (**representing People and Families Scrutiny Committee**), Harris, Sargeant (a local county councillor) and Wood were nominated as the Essex HOSC representatives.

At its first meeting on 17 March 2017 Councillor Harris was appointed as the Joint HOSC’s vice chairman.

Following the May election, the Committee must consider its representation on the Joint HOSC and nominate four representatives, together with two substitutes, to that body as it continues its scrutiny of the arrangements for taking forward the Sustainability and Transformation Plan for North East Essex, Ipswich and East Suffolk and West Suffolk.

Action required by the Committee

The Committee nominate four members to represent the Essex HOSC on the Essex and Suffolk Joint HOSC, together with two substitutes.

Ad hoc representation

From time to time issues arise where partners set up ad hoc groups to consider specific issues, and HOSC may be invited to nominate a representative to attend meetings. In such cases the Chairman, in discussion with colleagues on the Committee, will identify and nominate a representative. Currently HOSC representatives are attending meetings in respect of:

- Harlow Princess Alexandra Hospital Oversight Group – Councillor Andy Wood
-

Minutes of the meeting of the Health Overview and Scrutiny Committee, held in Committee Room 1 County Hall, Chelmsford, CM1 1QH on Monday, 20 March 2017

Present:

County Councillors present:

J Reeves (Chairman)	D Harris (Vice-Chairman)
K Bobbin	T Higgins (substitute)
J Chandler	R Howard
P Channer	A Naylor
R Gadsby	A Wood (Vice-Chairman)
K Gibbs	

Borough/District Councillors present: M Sismey (Chelmsford City Councillor)

Also in attendance:

County Councillor A Brown, Cabinet Member for Communities and Corporate
David Sollis, Healthwatch Essex observer

The following Officers were present in support throughout the meeting:

Graham Hughes, Scrutiny Officer
Fiona Lancaster, Committee Officer

1 Membership

The Chairman reported that Councillor Jo Beavis had re-joined the HOSC to serve as a non-voting co-opted member for the remainder of the 2016-17 municipal year. Unfortunately, she was unable to attend the meeting due to a prior business commitment.

2 Apologies and Substitution Notices

Apologies for absence had been received from County Councillors M Fisher (substituted by Councillor T Higgins), D Blackwell, and Braintree District Councillor Jo Beavis.

3 Declarations of Interest

Councillor A Wood declared an interest as a Governor of the North Essex Partnership University NHS Foundation Trust (NEPFT).

Councillor P Channer declared an interest as a member of the Maldon Health Hub Stakeholder Project Board.

David Sollis declared an interest in agenda item 6 (Healthwatch Essex update),

as the Engagement Manager employed by Healthwatch Essex, and would withdraw for that item.

4 Minutes

The minutes of the meeting of the Health Overview and Scrutiny Committee held on 8 February 2017 were approved as a correct record and signed by the Chairman.

5 Questions from the Public

There were no questions.

6 Healthwatch Essex update

The Committee considered a report (HOSC/13/17) by Dr Tom Nutt, Chief Executive Officer, Healthwatch Essex (HWE) regarding HWE's involvement in advising on public engagement for the Sustainability Transformation Plans (STPs) and other current health issues in Essex. Dr Nutt was in attendance to participate in a question and answer session.

During discussion the following was acknowledged, highlighted or questioned:

General:

- HWE provides an 'independent voice' for Essex residents;
- HWE has few 'hard' powers and instead relies on 'soft' power through influence. The collection of lived experiences/evidence in a variety of ways can be used as an argument for change;
- HWE has the power to enter and view premises where care takes place, but it does not use that power, preferring to work co-operatively and by consent. HWE reserved the right to use the power, but there were examples of where this had been misapplied elsewhere;

STP engagement and collaboration:

- The benefit of being an independent member on the Mid and South Essex STP enabled HWE to contribute to discussions;
- HWE reports/podcasts demonstrate that they show evidence constructively on what changes are needed to service quality and outcomes;
- HWE would like to be more involved in the development of the Herts and West Essex STP, but they had limited resources to do so. Members acknowledged that the Herts HWE was more involved with this STP;
- Lightweight STP governance arrangements were a concern and the need for stronger powers to bind STPs to work together;
- HWE's role in advising the STPs to communicate their activities to residents, and the risks if they failed to do so. Wherever possible, HWE use their own resources to publicise STP activities;
- The creation of a separate subsidiary company, *HWE Insights*, has enabled HWE to provide dedicated research or engagement activities on a paid-for basis;

- No A&E department closures were planned in South Essex, although services were being reconfigured. Effective communication arrangements were needed to combat against unfounded rumours;
- HWE has no formal links to central government, although it has cultivated some working relationships with local MPs. HWE is accountable to Essex County Council and the public;
- As the (informally) designated Engagement Lead for the North East Essex and Suffolk STP, HWE was able to influence and help shape the communications plan by having access to officers designing new service workstreams. HWE had also contributed by creating a nationally recognised 'Healthwatch Harriet' film which was available on their website;
- The Mid and South Essex STP had made good progress on the design of future acute services, but there was mixed progress on the redesign of 'Out of Hospital' pathways, and no noticeable switch of resources to prevention and early intervention and this was a concern;
- The pressures involved with building good working relationships, despite changes in organisational personnel/members;

Mental Health Trust (SEPT/NEP) merger:

- HWE had limited direct engagement with the merger, although they had been influential through *HWE Insights* commissions;
- HWE Ambassadors were trained and had access to additional support if needed;

North East Essex Walk-In-Centre:

- HWE had advised the CCG on what good engagement for this issue would look like;
- This was a service change which needed to be taken into account by the STP;
- Members acknowledged there had been a good response to the public consultation;
- The advantages of having better patient engagement to understand experiences which can then be factored into decisions, rather a reliance on formal public consultations where choices are limited;

Future work planning:

- Members acknowledged HWE 2017-18 priorities and the particular emphasis on self-care, young people, maternity and peri-natal mental health and carers;
- At the invitation of the HOSC Chairman, Dr Nutt suggested the following as issues that the HOSC may want to consider scrutinising in future: (a) shift from reactive to preventative services; (b) sustainability of Primary Care, and (c) role of social care and carers.

The Chairman thanked Tom Nutt for his attendance and input and he left the meeting at this point.

With the agreement of the Committee, the Chairman then varied the order of business.

7 Obesity issues in Essex - Implementation review

The Committee considered a report (HOSC/18/17) by Adrian Coggins, Head of Public Health and Wellbeing Commissioning, Essex County Council on the implementation of the recommendations from the Obesity Issues in Essex scrutiny report. Adrian Coggins was in attendance to participate in a question and answer session.

During the discussion the following was acknowledged, highlighted or questioned:

- The complexity of the issue and a reminder that the Task and Finish Group's 21 recommendations focussed on the need for greater co-ordination and joint working across different services;
- Virgin Care, the new provider for Pre-birth to 19 services, would be required to build up broad social resilience and, in particular, social networks for new mums;
- The Virgin Care contract contains explicit and stretching requests with timescales, for example, to reduce the levels of obesity in the most deprived areas by the age of 11;
- The high level of engagement with schools (90%) through the Healthy Schools Programme and high uptake of free school meals, and how this could be maintained;
- The need to persuade more children to have healthy school meals;
- Significant progress had been made relating to sport in schools and the delivery and promotion of the Daily Mile programme by Active Essex;
- The benefits of participating in multi-generational park runs, and of peer pressure from children on their parents;
- The influence that can be exerted on fast food establishments eg the Tuck-In Scheme;
- The success of the Braintree whole-system approach pilot where 16 food establishments had already signed up to use healthier cooking methods under the Tuck-In Scheme;
- Children would be weighed and measured to enable the whole system approach to be evaluated;
- Understanding where national government initiatives were needed ie reducing sugar in drinks.

The Committee **agreed** that it should be suggested to the new HOSC membership that this issue should continue to be monitored and that Adrian Coggins would liaise with the Scrutiny Officer accordingly.

8 Mental Health Services for Children and Young People in Essex - Task and Finish Group Final report

The Committee considered a report (HOSC/17/17) by the Task and Finish Group that had looked at Mental Health Services for Children and Young People in

Essex.

The following were in attendance to participate in a question and answer session:

- County Councillor Anne Brown, Cabinet Member for Communities and Corporate
- Clare Hardy, Head of Commissioning - People, Essex County Council

Southend Borough Councillors Helen Boyd and Caroline Endersby were also welcomed to the meeting as members of the Task and Finish Group.

During the discussion the following was acknowledged, highlighted or questioned:

- The benefits from the collaboration between Essex and Southend Councillors on the Task and Finish Group, and of sharing information;
- Members noted that Thurrock Council had declined to be involved in the scrutiny;
- The importance of early intervention in preventing more significant problems and the role that schools play in identifying issues at an early stage;
- The useful insight which Members gained from visiting some of their local schools which used mental health services. It was apparent that Essex schools and NELFT need to work together, and for there to be a good referral system;
- Members expressed concern regarding the lengthy waiting times for assessment and intervention, although they acknowledged that NELFT faced the challenge of coping with a caseload which was almost double the level inherited from the previous provider;
- Closer working partnerships with the community and voluntary sectors need to be developed;
- New online/digital resources for schools were being developed to provide best practice on dealing with such issues as self-harm and suicide;
- The Head of Commissioning commented that West Essex Clinical Commissioning Group, as Lead Commissioner of the contract with NELFT, needed to be involved with providing a collaborative response to the report Recommendations, as there could be some significant workforce and financial implications;
- If early intervention measures could save money, or whether they would make the population more dependent on healthcare services;
- The negative impact of social media on children's emotional wellbeing;
- Members questioned if the targets to improve waiting times were sufficiently stretching, and acknowledged the Group's aspiration to see an 'Essex waiting time' that could become a standard for others to aim for;
- A pilot with Essex Outdoors and the Youth Service was being evaluated;
- Members noted that since the circulation of the report, and after consultation with commissioners, some minor factual changes had been made to the report although they did not materially change any of the

- Group's findings or conclusions;
- The Cabinet Member expressed disquiet that some partner organisations had not had the opportunity to comment on the draft report before its planned publication.

The Committee **agreed**:

a) That details of the amendments which had been made to the report after its circulation with the agenda would be provided to the HOSC so that Members had the opportunity to comment and agree the finalised report before the report was published.

b) That the report would be distributed to local MPs, Essex District/Borough Councils, Essex Clinical Commissioning Groups, all Essex schools, the Secretary of State, the Essex Health and Wellbeing Board, Healthwatch Essex, and the Young Essex Assembly.

The Chairman thanked the Task and Finish Group for their report, and the contributors for their attendance and input.

9 **Long-term strategic partnership of Colchester and Ipswich Hospitals**

The Committee considered a report (HOSC/14/17) on the long-term strategic partnership of Colchester University Hospital NHS Foundation Trust (CHUFT) and the Ipswich Hospital NHS Trust (IHT).

The Committee **agreed** that a letter would be sent to Nick Hulme, Chief Executive, Ipswich and Colchester Hospitals, requesting future dates on milestones which would enable the HOSC to plan its work, and a copy of the communications and engagement strategy.

The report was otherwise **noted**.

10 **Essex/Suffolk Joint Health Scrutiny Committee**

The Committee considered a report (HOSC/15/17) on the Essex/Suffolk Joint Health Scrutiny Committee, together with a copy of the proposed Terms of Reference.

Councillor D Harris reported that both he and Councillor Wood had participated in the first public meeting of the Joint Committee held on 10 March, and that he had been elected Vice-Chairman. At the Joint Committee meeting, the Members had discussed the progress made since the publication of the Suffolk and North Essex Sustainability and Transformation Plan (STP) in November 2016. It was anticipated that more information would be available at the next meeting regarding the STP action plan and timetable.

The Committee **noted** the oral update and **agreed** to endorse the Joint Scrutiny Committee's Terms of Reference.

11 Autism services in Essex

The Committee noted a report (HOSC/16/17) providing updates on performance and next steps from the North East Essex, Mid and West Essex and South Essex service areas.

The Members **noted** the suggestion that the Committee may want to expand its future scrutiny and look at the waiting time for the diagnostic assessment of children under 18 years.

The Committee **agreed** that the Scrutiny Officer would plan for lead commissioners and providers of autism services in Essex to attend a future HOSC meeting to enable Members to scrutinise progress relating to waiting times and the achievement of targets.

12 General update

The Committee **noted** a report (HOSC/19/17) from the Scrutiny Officer outlining updates on health news, Care Quality Commission (CQC) inspections, primary care service changes and variations, and forthcoming meeting dates for 2017 public meetings.

13 Urgent Business

The Chairman announced that due to the forthcoming County Council elections it would not be practical for the HOSC to comment individually on NHS Quality Accounts for 2016-17. The Committee was reminded that it was not obliged to review the accounts, and was satisfied that local healthcare providers would be notified of the arrangement.

The Committee **agreed** the proposed approach for 2017.

14 Date of Next Meeting

The Committee **noted** that the next meeting would take place at **10.30 am on Wednesday 7 June 2017**, in Committee Room 1 at County Hall (preceded by a private pre-meeting for Members only at **9.30 am**).

The Chairman concluded the meeting by remarking that this was the final HOSC meeting before the May 2017 County Council election. She thanked the Members for all they had accomplished over the past four years and wished them well.

The Chairman and Members expressed particular thanks to Graham Hughes and Fiona Lancaster for all their support. Councillor Wood, on behalf of the Committee, then thanked Councillor Reeves for her chairmanship of the HOSC since the last County Council elections.

Chairman

		AGENDA ITEM 9
		HOSC/23/17
Committee:	Health Overview and Scrutiny Committee	
Date:	12 July 2017	
SCHEDULED COMMITTEE ACTIVITY DATES		
Enquiries to:	Fiona Lancaster, Committee Officer 033301 34573 fiona.lancaster@essex.gov.uk	

The following dates have been published as committee activity dates for the Health Overview and Scrutiny Committee for the next year:

- **Wednesday 12 July 2017**
- **Wednesday 26 July 2017**
- **Wednesday 13 September 2017**
- **Wednesday 11 October 2017**
- **Wednesday 8 November 2017**
- **Wednesday 13 December 2017**
- **Wednesday 10 January 2018**
- **Wednesday 7 February 2018**
- **Wednesday 7 March 2018**
- **Wednesday 18 April 2018**

Members have been requested to set aside both the mornings and afternoons (between 9.30am and 3.30pm) of these dates in their diaries for performing committee business when a variety work and meetings will be planned across the year to address the demands of its work programme.

