

## Form 2 - Foreign travel and associated expenditure approval (occasional travel)

For use by teams not listed in Guide 1 – and therefore without prior agreement of the need for overseas travel. For more guidance, see the Foreign travel, gifts and hospitality policy.

### Employees planning to travel:

| Employee name(s): | Job title(s):                                 |
|-------------------|---|
| Alex Laidler      | Director Local Delivery West Adult Operations |
| Claire Shuter     | 2021 Transformation Programme Sponsor         |
| Louise Hall       | Head of Commissioning, West Essex             |
|                   |   |

### Purpose/reason justifying the visit:

#### Details:

The reason is to visit a Council in Barcelona that has implemented an electronic care and support system that enables health, housing and social care providers to oversee a new model of assistive technology and monitoring to support people to live safely and independently. The model has the potential to enable the change in culture and practice that ECC are making through the Good Lives programme, at scale, and with a common approach across the localities linked to neighbourhood teams.

Birmingham and Lancashire County Councils are currently implementing this model – Connected Care, to support their transformation, savings and integration programmes.

### Anticipated value / benefit to ECC / Essex:

#### Details:



Tunstall Service  
Model Overview.pdf

The overview document attached describes how the model has been implemented in Barcelona, to enable them to deliver their strategy to care for people closer to home reducing demand for expensive institutionalised care in hospitals and care homes. Slide 11 summarises how Barcelona have seen a very high return on their investment, saving money on care via spending money on this infrastructure to support connected care around residents and families. ECC currently has

varying arrangements in the localities with district councils and health providers, to implement telehealth and telecare – the model would enable the council to embed a consistent approach providing opportunity to rationalise and make savings through efficiencies, but still enabling local neighbourhood teams to ensure housing, health and care services to offer proactive and integrated support proportionate to people's needs and risks. Visiting the service will also allow us to learn more about how Birmingham and Lancashire County Councils are implementing this as part of their transformation and savings plans and consider how this might become one of the strands to deliver 2021 in ECC

### Details of visit – dates, itinerary, people/organisations to be visited:

Include also potential engagements –state not yet finalised where this is the case.

#### Details:

Leaving date: Sunday 3<sup>rd</sup> April 6pm – Stansted to Barcelona – with Ryan Air

Return date: Monday 4<sup>th</sup> April 6pm – Barcelona to Stansted - with Ryan Air

The hotel is Hotel Praktik Bakery, Carrer de Provença 279, 08037 Barcelona:

<http://www.hotelpraktikbakery.com> plus transfer.

Meeting Katy Lethbridge, Regional Account Director and her colleagues in Barcelona with Council and other commissioning/ provider officials in Barcelona.

### Estimated costs:

Refer to policy for key areas, eg travel, accommodation, hospitality, gifts if required, and so on. Add information needed to give a clear understanding of the visit and likely expenditure.

| Item:         | Notes:   | Cost estimate: |
|---------------|--|----------------|
| Travel        | Return flights from Stansted – Barcelona with Ryan Air | £130.00pp      |
| Accommodation | Praktik Bakery, Carrer de Provenca 279, Barcelona.     | £108.00pp      |
| Transfer      | From and to Airport in Spain                           | £10.00pp       |
|               |  |                |
|               |  |                |
|               | TOTAL x 3 people:                                      | £744.00        |

**Authorised by:****Executive Director:**

| Name          | Signature   | Date   |
|---------------|---|--------|
| Helen Lincoln |  | 8/3/16 |

**Comments:**

The Executive Director will copy this form to each employee approved to travel. The Executive Director will also retain a copy and forward the original to the Executive Director for Corporate and Customer Services. Prior approval of travel plans and budget is also required by the relevant Committee – follow the Foreign travel, gifts and hospitality policy.

