

Minutes of the meeting of the Essex Health and Wellbeing Board, held in Committee Room 1, County Hall, Chelmsford, CM1 1QH at 10:00am on Wednesday November 2019

Present:

Board Members

Cllr John Spence
Lisa Allen

Georgina Blakemore
Dr Hasan Chowhan
Cllr Mark Cory
Dr Anna Davey
Cllr Peter Davey

Ian Davidson
Sam Glover
Dr Mike Gogarty

Dr Sunil Gupta

Dr Angus Henderson
Lorraine Jarvis
Gavin Jones
Brid Johnson
Clare Kershaw
Nick Presmeg
Cllr Chris Whitbread
Charlotte Williams

Essex County Council (**Chairman**)
Basildon and Brentwood CCG (substitute for Dr Boye Tayo)
Borough/City/District Councils (ECEA Rep)
North East Essex CCG
Borough/City/District Councils
Mid Essex CCG
Voluntary Sector – Essex Association of Local Councils
Borough/City/District Councils (ECEA Rep)
Healthwatch Essex
Essex County Council (Director, Wellbeing, Public Health and Communities)
Castle Point and Rochford CCG (substitute for Dr Kashif Siddiqui)
West Essex CCG
Voluntary Sector (Chelmsford CVS)
Essex County Council*
Non-Acute Providers
Essex County Council
Essex County Council
Essex County Council
Acute Hospital Trusts (substitute for Clare Panniker)

Co-opted Members

Roger Hirst

Essex Police, Fire and Crime Commissioner

Other Attendees

Harper Brown

Paul Burstow

Peter Fairley
Susannah Howard
Caroline Russell
David Sollis
Judith Dignum

Hertfordshire and West Essex STP (substitute for Beverley Flowers and Iain MacBeath)
Independent Chair, Hertfordshire and West Essex STP
Essex County Council
Suffolk and North East Essex ICS
Mid and South Essex STP
Healthwatch Essex
Essex County Council
(Board Secretary)

1. Membership, Apologies, Substitutions and Declarations of Interest

The report of Membership, Apologies and Declarations was received.

The Chairman welcomed new members and expressed thanks on behalf of the Board to Jackie Foile who had stepped down as named substitute for the three Voluntary Sector representatives. Jemma Mindham had now been appointed in her place.

Resolved:

1) To note the following changes in membership:

- Appointment of Councillor Louise McKinlay to represent Essex County Council in place of Councillor Susan Barker
- Appointment of Deborah Stuart-Angus and David Archibald as Chairs respectively of the Essex Safeguarding Adults and Children Boards
- Appointment of Jemma Mindham as named substitute for the Voluntary Sector representatives.

2) To note that apologies for absence had been received from:

Board Members

Clare Panniker

Acute Hospital Trusts
(substitute Charlotte Williams)

Simon Wood

NHS England

Other apologies

Beverley Flowers

Joint Lead, Hertfordshire and West Essex
STP (substitute Harper Brown)

Iain MacBeath

Joint Lead, Hertfordshire and West Essex
STP (substitute Harper Brown)

Professor Mike Thorne

Independent Chair, Mid and South Essex
STP

3) To note that an interest was declared as follows:

- Brid Johnson declared an interest in Agenda Item 7 (Mid and South Essex Mental Health Costed Delivery Plan') in that she is an employee of one of the service providers (NELFT) (minute 7 below refers).

2. Minutes and Progress Report on Action Arising: 20 November 2019

The minutes of the meeting held Wednesday 20 November 2019 were agreed as a correct record, and the progress report on actions arising since that meeting was noted.

3. Public Questions

None received.

4. Integrated Care System (ICS)/Sustainability and Transformation Partnerships (STPs): verbal updates

The Chairman referred to a recent meeting with the Regional Director of NHS England and NHS Improvement at which local government representatives had raised the frustration caused by NHS ways of working. This was in spite of the best efforts of all concerned. He stressed the importance of finding better ways of working together.

The Board received and **noted** updates on the ICS and STPs as set out below:

- Hertfordshire and West Essex STP: Harper Brown
It was agreed that Harper Brown and Dr Angus Henderson would arrange a short briefing on commissioning for the County Councillors representing Divisions situated within Harlow district.
- Mid and South Essex STP: Caroline Russell
- Suffolk and North East Essex ICS: Susannah Howard
It was agreed that Susannah Howard should be invited to provide a briefing on grants for all County Councillors.

Action:

- 1) A short briefing on commissioning to be arranged for the County Councillors representing Divisions within Harlow district. (Harper Brown/Dr Angus Henderson)
- 2) Susannah Howard to be invited to provide a briefing on grants for all County Councillors. (Susannah Howard)

5. Endorsement of the draft five-year plans for NHS Sustainability and Transformation Partnerships (HWB/01/20)

The Board received for endorsement the draft five-year plans of the NHS Integrated Care System (ICS) and two NHS Sustainability and Transformation Partnerships (STPs), noting that they were awaiting final sign-off from NHS England.

Resolved:

That the draft five-year plans for Suffolk and North East Essex ICS, Mid and South Essex Sustainability and Transformation Partnership and Hertfordshire and West Essex Sustainability and Transformation Partnership be endorsed.

6. Livewell Accreditation (HWB/02/20)

The Board considered a report and presentation seeking its endorsement of the new Livewell Development Accreditation developed by Chelmsford City Council. The aim of the scheme was to acknowledge, enable and reward developers of residential-led schemes that positively contribute to lifestyles supportive of good health and wellbeing. It had been agreed by Chelmsford City Council in October 2019.

Arising from discussion, it was noted that around 80% of hospital employees lived within 6 miles of their place of work. In order to encourage healthier modes of travel to work, it would therefore be helpful to investigate opportunities to build in improved public transport, walking and cycling connectivity between hospitals and residential developments. Mike Gogarty and Peter Fairley were requested to progress this piece of work.

The Board welcomed the Accreditation, expressed their support for it and commended it to other local authorities.

Resolved:

- 1) To endorse the Livewell Development Accreditation developed by Chelmsford City Council and support its roll out across the County.

Action

To investigate the opportunities to build in improved public transport, walking and cycling connectivity between hospitals and residential developments. (Mike Gogarty/Peter Fairley)

7. Mid and South Essex Mental Health Costed Delivery Plan (HWB/03/20)

(Brid Johnson declared an interest in this item – minute 1 above refers.)

The Board considered a report concerning the proposed direction of travel for mental health across the Mid and South Essex STP. Members noted that the proposed transformation would see changing roles across the whole system. As success would be dependent on all parts of the system changing together, it was important for all stakeholders to arrive at a common understanding of the starting position as well as a common vision for the future.

In response to a question, it was noted that sufficient resources were in place to accommodate the planned expansion in the Improving Access to Psychological Therapies programme (IAPT) but there were challenges in terms of integrating the model as part of the whole system.

Resolved:

- 1) That the following be supported:
 - a. Further development of community and primary care-based provision structured around the emerging Primary Care Networks (PCNs) and with significant investment in resources, infrastructure and change management for primary care-based teams and providing required medical or other support to the PCNs.
 - b. Delivering NICE-compliant specialist community mental health services for people with eating disorders, complex PD, Early Intervention in psychosis (EIP) or other needs;
 - c. Strengthening existing plans on robust community-based crisis response, personality disorders and dementia services;

- d. Removing less complex activity from secondary care services, enabling secondary care services to provide higher quality and quantity therapeutic interventions for people who need it the most.; and
- e. Developing a strategic approach to estates, workforce, digital and coproduction as key enablers to the delivery of the plan.

8. Ofsted/CQC Inspection Report (HWB/04/19)

The Board received a report presented by setting out the outcome of the recent Ofsted/CQC inspection of the Essex County Council's Special Educational Needs and Disabilities Service (SEND) and the work required to improve services and provision across Essex.

The Board highlighted the following issues:

- The need for a consistent framework for the Education, Health and Care Plan (EHCP) process in Essex
- The current workforce challenges

It was agreed that further updates should be submitted to the July and November 2020 and March 2021 meetings of the Board.

Resolved:

- 1) That the update be noted.
- 2) That a report identifying the actions required by Board members in response to the review be submitted to the January 2020 meeting.

Action

Further updates (to include details of any action required from the Board) to be submitted to the July and November 2020 and March 2021 meetings of the Board (Board Secretary/Ralph Holloway)

9. Adult Social Care LGA Peer Review Report (HWB/05/20)

The Board received an update on the Adult Social Care Local Government Association (LGA) Peer Review that took place in October 2019, including findings and recommendations from the LGA Team.

The Board welcomed the report and acknowledged the areas of positive working and relationships identified, as well as the challenges and areas for improvement. A discussion on the findings to be prioritised and actions to be taken would form part of the agenda for the Development Session taking place on the rise of this meeting.

While accepting the importance of Essex County Council's role as an effective system convenor, Members were keen for Board agendas to include items proposed and led by representatives of all the organisations which formed the Board's membership.

Resolved:

- 1) That the Board's consideration of the Adult Social Care Local Government Association Peer Review final report be as recorded above.
- 2) That a discussion on the findings to be prioritised and actions to be taken form part of the agenda for the Development Session taking place on the rise of this meeting.

Action

A discussion on the findings from the Adult Social Care LGA Peer Review final report which should be prioritised and the associated actions form part of the agenda for the Development Session taking place on the rise of this meeting (All)

10. Joint Strategic Needs Assessment (JSNA) (HWB/06/20)

The Board considered a report which sought approval for the latest iteration of the Essex Joint Strategic Needs Assessment (JSNA). Members' agreement for, and input to, the continued development of a suite of analytical products that support the JSNA was also requested.

The Board welcomed the proposal to customise the existing Public Health England SHAPE Atlas web platform by the inclusion of geographical and local service data.

Resolved:

- 1) That the Essex-wide summary report and district profiles be approved as the JSNA for Essex in the form appended to the report;
- 2) That key issues raised within the JSNA be identified and agreed for in-depth consideration at a future Board meeting.
- 3) That work to develop interactive, online intelligence resources providing a platform for analysts to interrogate this data at various geographical levels, including neighbourhood, Primary Care Network, CCG, STP and various local government geographies be noted; and
- 4) That work to develop a programme of 'deep-dive' analyses be noted, examining evidence on issues that affect the health and wellbeing of key populations cohorts and communities, and provided a steer on the areas of investigation that should be prioritised within this programme.

11. Essex Hospital Mergers

Charlotte Williams presented an update on the latest position in Mid and South Essex University Hospitals, referring in particular to the Trusts merger, the clinical services reconfiguration and the 'Basildon Hospital as an Anchor' Programme.

In response to a question, it was noted that although the merged Trust would be required to report as a single organisation, reporting at local level would also continue.

The report was **noted**.

Action

Presentation slides to be circulated with the minutes of the meeting (Board Secretary)

12. Falls Prevention (HWB/07/20)

The Board received an update in respect of falls prevention and implementation across Essex, as a basis for discussion and future planning. The following issues arose from consideration of the report:

- The number of falls in Essex was largely in line with the national average, although numbers of fractured femurs were higher.
- The risk of falls was increasing due to lifestyle factors such as obesity and inactivity. Further research was needed to assess whether tackling the root causes of these may offer a means to reducing the risk.
- Given that second and subsequent falls tended to be more severe, early intervention to prevent these was important and work to focus on this was ongoing. A pilot scheme in Mid and South Essex was training community providers and ambulance staff to pick up those who had fallen and to carry out an assessment with a view to preventing further incidences. The project was currently being evaluated.
- The Police and Fire Commissioner advised that the Fire and Rescue Service were well-placed to assist with falls prevention and firefighters were keen to be involved, although there were some challenges associated with this as a potential change to the firefighter job role.
- There was an opportunity to increase prevention through identifying those at risk at an early stage and carrying out adaptations to their home before a fall had occurred. This may represent another opportunity for Fire and Rescue Service involvement.
- It may be helpful to review the prescribing of bone strengthening drugs such as bisphosphonates, given that new methods of administering them had become available. Increased prescribing was likely to lead to long term (5 – 10 years) reductions in the number of falls.
- Charlotte Williams undertook to share the outcome of an audit of avoidable admissions to hospital currently being carried out in Basildon.

Resolved:

That a further report on falls prevention, to include an update on progress, be submitted to the Board in January 2021.

Actions

- 1) To share the outcome of an audit of avoidable admissions to hospital currently being carried out in Basildon (Charlotte Williams).
- 2) Update report on Falls Prevention to be added to the Forward Plan for January 2021 and report author advised (Board Secretary)

13. Date of Next Meeting

It was noted that the next meeting of the Board would take place on Wednesday 18 March 2020 at 10.00am in Committee Room 1 at County Hall, Chelmsford.

14. Forward Plan

The Board noted the items planned for consideration at future meetings.

It was agreed that a report on influencing factors for suicides, drawing on findings from the 2018 audit carried out by HM Coroner for Southend, Essex and Thurrock, should be included on the agenda for the May meeting.

Action

Report on influencing factors for suicides to be included on the Forward Plan for May 2020 (Board Secretary)

15. Urgent Business

The Chairman agreed to consideration of the following item of urgent business on the grounds that the issue had arisen since the publication of the agenda for the meeting.

Coronavirus – Latest Position

Dr Mike Gogarty gave an update on the latest position with regard to the outbreak of the Coronavirus, advising that its likely effect on the UK remained unclear.

There being no further business the meeting closed at 12.30pm

Councillor John Spence
Chairman
18 March 2020