

# **Essex Police and Crime Commissioner and Essex Health and Wellbeing Board:**

Achieving positive, shared outcomes to improve health, reduce crime and reduce the harm caused by crime

# Essex Police Crime Plan: Priorities

- Local solutions for local problems
- Tackling Domestic abuse
- Supporting victims of crime
- Youth crime and reducing reoffending
- Reducing harm caused by alcohol and substance misuse
- Road safety
- Crime prevention
- Effectiveness and efficiency

# Shared outcomes – Crime and Health

- Reducing harm caused by alcohol and substance misuse
- Improving outcomes for those with mental health problems - treatment pathways rather than punishment where possible
- Reducing levels of domestic abuse: harm caused to victims and their families
- Reducing KSIs in road collisions

# Shared outcomes – Crime and Health

- Prevention: Informing YP of risks of cyber bullying and on-line exploitation; educating YP about domestic abuse and healthy relationships etc.
- Night Time Economy: Reducing levels of alcohol related admissions to A and E through better management of night time economy.

# The Impact of Domestic Abuse on Health Services in Essex

# THE SCALE OF THE PROBLEM IN ESSEX

**Estimated 48,300 lifetime child victims, 10,800 experiencing severe domestic abuse**

Radford et al (2011)

**17,000 adult victims using Essex Police per year**

Essex Police data

**Costs the NHS in Essex a minimum of £20million per year**

Walby (2009)

**44,000 est. survivors per year**

Walby (2009)

## The Health Impacts of Domestic Abuse

**Suicide and  
attempted suicide**

**Child behaviour  
problems**

**Irritable bowel  
syndrome**

**Sleep disruption**

**Post traumatic  
stress**

**Physical injury**

**Eating disorders**

**Miscarriage**

**Sexual infection**

**Unplanned  
pregnancy and  
terminations**

**Alcohol and  
substance abuse**

**Chronic mental  
illness**

**Depression**

**Anxiety**

**Self harm**

# WHAT HELPS TO REDUCE RISK

- Clear pathways for clinicians to refer
- Routine enquiry in selected health settings
- Independent Domestic Violence Advisors (IDVAs)
- Cognitive behavioural therapy



# Recent Progress

- Specialist domestic abuse professionals in Maternity and Accident and Emergency services at Princess Alexandra Hospital, and working with GPs in Harlow
- Developing a proposal for engagement with professional networks for optometrists, pharmacists and dentists
- DA training for Health Visitors is now being taken forward with Public Health colleagues
- The Health Executive Forum acting as a focal point for co-ordinating the NHS response to domestic abuse

# What we would like CCGs to do

- Increase awareness of issue across health professionals
- Data Sharing
- Engaging in the information sharing arrangements of the Joint Domestic Abuse Triage Team.
- Train health professionals in domestic abuse awareness and risk assessment.
- Joint commissioning of IDVAs