

Mapping Dementia Services in Essex - The beginning!

An overview of dementia services across
Essex

Community Dementia Support Services - Essex wide

ECC Commissioned (Alzheimer's Society delivery)

Dementia Connect/Dementia Support workers: [Referrals online, email or telephone \(details on next page\)](#)

- Support service for anyone in Essex with dementia, their carers, families, friends and professionals, tailored to individual needs.
- The service connects people to the support they need, when they need it, whether that be local Face to Face support, by phone or online
- Dementia affects everyone differently. So whether you, a loved one, a friend or neighbour needs dementia support Dementia advisers can help.
- Range of support - Each service user will be offered a Keeping In Touch call between one and four times per year.
 - Advice on how to cope and live with dementia – for example, through face to face support and providing relevant support materials.
 - Tips for making a home dementia-friendly
 - Help with legal documents and Lasting Power of Attorney
 - Continuing Health care and advanced care planning support
 - Provide support for personalised contingency planning for the future & End of life care.
 - Connection to dementia groups within local communities – such as Singing for the Brain sessions, or carer support groups & Side by Side.
 - Post pandemic we are offering a mix of virtual and time limited groups in the community

Online support alzheimers.org.uk/dementiaconnect

- Dementia Connect online support is available round the clock on the website. Answer a few simple questions about yourself, or someone you know, to get personalised, relevant information and advice.
- Online support incl. Talking Point, online community connecting with others in a similar situation and the Dementia Directory to search for local services.

Dementia Support Workers - Face to face support [Referrals online, email or telephone \(details on next page\)](#)

- Where possible meet you to offer further support, advice and information face to face (Incl. but not limited to those above).
- Will connect you to other face to face services in your area, including local support groups.

Dementia Friendly Communities Programme – Working to become Dementia Friendly Accreditations and the Essex Dementia Friendly Communities Network.

- Develop a shared responsibility for ensuring that people with dementia feel understood, valued and able to contribute to their community.
- work with communities, businesses, organisations, schools and places of worship to change people's perceptions of dementia to transform the way people think, act and talk about the condition. Building communities that empower people affected by dementia to continue to take part in activities that are meaningful to them, safe in the knowledge that their community is understanding and supportive of their needs.
- To contact Dementia Friendly Communities Programme incl. Dementia Friendly Communities Network (former DAAs) e-mail: dfcessexherts@alzheimers.org.uk

Dementia Care and Support - Essex

Community Dementia Support Service - ECC Commissioned, delivered by The Alzheimer's Society.

- Flexible delivery model to enable resources to flex to meet demand across the county, depending on need.
- Support service for anyone in Essex with dementia, their carers, families, friends and professionals, tailored to individual needs.
- The service connects people to the support they need, when they need it, whether that be local Face to Face support, by phone or online
- Dementia affects everyone differently. So whether you, a loved one, a friend or neighbour needs dementia support Dementia advisers can help.
- Range of support - Each service user will be offered a Keeping In Touch call between one and four times per year.

Mid and South Essex	West Essex	North Essex
Dementia Discharge Support Service (Winter Discharge Funding ASC DF 2022/2023, MSE only). 2023/24 MSE & West Essex <ul style="list-style-type: none"> • support to ensure appropriate, timely & successful discharge from Acute settings • Working with adults living with dementia, their families and unpaid carers. • Dementia Discharge Support Workers pre & Post discharge – Broomfield, Basildon, PAH (23/24), Southend hospitals and community 		Dementia Ward Enablement Pilot. ICB Funded. <ul style="list-style-type: none"> • 2 x Dementia Coordinators on wards to maintain PLWD outcomes in hospital and support plans for discharge • Support transfer from hospital to place of residence to maintain outcomes prevent re-admission. • Age Well East – Befriending Offer
DISS/DIST Discharge capacity, 7 days a week (Winter discharge funded ICB 2022/23, 2023/24 TBC) Young Onset Dementia Peer Support Service (ICB MH Incentives fund) Primary care – Dementia Information & Awareness – Clinics in Primary care settings (ICB Commissioned)	Post Diagnostic, Memory assessment Care and Support – ICB Commissioned	

Mid (ICB Commissioned)	South West (ICB Commissioned)	South East (CPR) (ICB Commissioned)	West (ICB Commissioned)	North (ICB Commissioned)
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Dementia & Delirium Specialist Nurse , Broomfield Hospital DISS (Dementia Intensive Support Service EPUT) Hub and spoke model <ul style="list-style-type: none"> • Braintree, Chelmsford, Maldon • Dementia Link Worker • Dementia Support Worker – Link with wider CDSS offer pre/post diagnosis. • DISS Crisis team MAS (Memory Assessment Service, Crystal Centre) now wrapped up in the service itself; <ul style="list-style-type: none"> • Diagnostic service • Not Hub and Spoke but based in the three localities • Referral Through DISS or DEMENTIA HELPLINE to appropriate locality hub. • Care Home Team in the hubs/DRST previously 	Admiral Nurse , Basildon Hospital DCST (Dementia Crisis Support Team, NELFT); <ul style="list-style-type: none"> • Currently no allocated Social Worker for Dementia Memory Assessment Service: Diagnostic pathway only <ul style="list-style-type: none"> • GP (or self referral via GP) Community Dementia Nurses (2 WTE) <ul style="list-style-type: none"> • Support GPs with some reviews and Residential Care Home advice. Older People Community Mental Health Team <ul style="list-style-type: none"> • hold some dementia case teams. 	Dementia & Delirium Clinical Nurse Specialist , Southend Hospital DCST (Dementia Community Support Team: Dementia Navigators, Southend City Council) <ul style="list-style-type: none"> • Southend service, Southend BCF funded • CP&R service, CPR IBCF funded to March 2024. DIST (Dementia Intensive Support Team, EPUT) <ul style="list-style-type: none"> • Self referral • Rising risk (DCST link to support join up) • Admission avoidance for MH & supports delayed discharge • Speech and Lang OT in DIST 2.4 WTE OPCMHT: DEMENTIA OP MH SERVICE <ul style="list-style-type: none"> • Community Dementia Nursing, aligned to PCNs. • Encompasses Memory Assessment Service • Nurse in each area. • Care Home team. • GP & DCST referral 	Dementia & Delirium Clinical Nurse Specialist (Admiral Nurse 27 Feb) , PAH <i>DIST (Dementia Intensive Support Team, EPUT)</i> <ul style="list-style-type: none"> • <i>Self referral</i> • <i>Rising risk (DCST link to support join up)</i> • <i>Admission avoidance for MH & supports delayed discharge</i> • <i>Speech and Lang OT in DIST 2.4 WTE</i> <i>OPCMHT: DEMENTIA OP MH SERVICE</i> <ul style="list-style-type: none"> • <i>Community Dementia Nursing, aligned to PCNs.</i> • <i>Encompasses Memory Assessment Service</i> • <i>Nurse in each area.</i> • <i>Care Home team.</i> • <i>GP & DCST referral</i> 	DIST/DST <ul style="list-style-type: none"> • Admission avoidance and home treatment plan • On-going support - referral to DST for longer term support. • DST complete long term work, commissioning, care co-ordination and 117 aftercare reviews. • Hospital liaison nurse for individuals with dementia working with ESNEFT – Dementia & Delirium MAS <ul style="list-style-type: none"> • Memory Assessment service localities in Colchester & Clacton hospital • GP referral/ third party/Fast Track Process for Care Homes • Dementia Support Worker x 2 • OAM Social worker team linked to MDTs • Dedicated Social Worker & SW Assistant to support individuals with a diagnosis of dementia under the age of 65 – Young Onset • Care Home Liaison nurses (CHLN) covering 92 care homes • MSNAP accreditation
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