

For immediate release

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### **New Health Chief appointed across North Essex**

The three Boards of NHS Mid Essex; NHS North East Essex; and NHS West Essex have today confirmed the appointment of Sheila Bremner as the new Chief Executive for the three North Essex PCTs. Sheila is currently Chief Executive of NHS Mid Essex but will now lead the NHS across all three PCTs as they seek to work more closely together to deliver more coordinated and integrated health and health care services to the 970,200. people who call the area home.

Sheila said: “I am delighted to have been appointed to this exciting new role. It is vital that the three PCTs cooperate to reduce our management costs so that we can invest more in the front line of health and health care. Each PCT will continue to have a Board that can be held accountable by local people but the organisations will work together far more closely to deliver what local people need.

“I am committed to delivering the improved health and healthcare local people want and deserve and to ensuring that we meet head on the financial challenges faced by the NHS locally. We will invest in better quality services that deliver better outcomes for patients by being more productive; creating an environment where innovation flourishes; and where we focus more on prevention of disease.

“We will only be successful in meeting these challenges if we continue to build effective partnerships with our local communities, including the local authorities and GPs.”

David Barron, Chair of the Essex Transition Board, said: “Sheila is the right choice for job. She will bring her vast energy and commitment to the post and will drive through the changes we need to make to meet the challenges we

face and I am sure she will work closely with colleagues across the NHS and Local Authority sector to help prepare the NHS for the future.”

Sir Neil Mckay, Chief Executive of NHS East of England , added: “Sheila is a strong and respected PCT Chief Executive. I believe she will make a great success of the task she faces as the NHS seeks to meet both quality and financial challenges in the coming years. I also know that she is committed to ensuring that the right balance is struck between delivering for patients and the public now and building links with local authorities and GPs as the NHS prepares for the future.”

**Ends**

Issued on behalf of NHS North East Essex, NHS Mid Essex and NHS West Essex by PJR Communications Ltd. For further information contact Peter Richardson on 01206 843225/07778067614.