

Report title: Mental Health Services	
Report to: Health Overview Policy and Scrutiny Committee	
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Date: 23 September 2020	For: Discussion and identifying any follow-up scrutiny actions
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County Divisions affected: Not applicable	

1. Introduction

- 1.1 The Chairman and Lead Members have requested that the Committee start its review of the impact of the pandemic on local health services by looking at mental health services and its response to the pandemic and future service planning for changes in demand. This introductory update is attached as described further below.

2. Action required

- 2.1 The Committee is asked to consider:
- (i) this report and appendices and identify any issues and concerns arising;
 - (ii) any other aspects or concerns about the pandemic's impact on local services that may require future scrutiny.

3. Background

- 3.1 The agreed scope for this introductory item is set out below and will be broken down into three separate areas, covering Adult Mental Health, Children's Mental Health and IAPT/Talking Therapies.
- Overview of the response to the pandemic
 - Future planning for changes in demand
 - Effect on staffing capacity – high levels of sickness, a likely second peak
 - A breakdown between mental health conditions.

The health service has primarily supported the preparation of this item and provided the majority of the update however, Essex County Council officers will be in attendance on the day to present this update.

4. Update and Next Steps

See Appendices for update. See Action Required for next steps.

5. List of Appendices

- Appendix A: EPUT – Adult Mental Health Services
- Appendix B: Mid and South Essex Adult Mental Health System – Covid-19 Reset
- Appendix C: EPUT Covid-19 Response
- Appendix D: NELFT – Children’s Mental Health Services
- Appendix E: North East Essex Alliance CCG
- Appendix F: West Essex CCG