

## Equality Impact Assessment

Reference: EQIA121462626

Submitted: 29 May 2019 15:48 PM

### Executive summary

**Title of policy or decision:** To agree the Physical Activity Local Delivery Pilot Funding Agreement

**Describe the main aims, objectives and purpose of the policy (or decision):** The aim of the pilot is to hard wire physical activity into the system and create sustainable change with a focus on target audiences which include inactive people from the following groups:

#### Older People

We agreed on the term 'healthy ageing' and so this includes:

- Middle age (45-65 years) in which the ageing process can be strongly influenced.
- All those who are at risk of functional decline (this is not age-specific).
- Those at transition points (retirement, bereavement, relationship loss, moving to a new house etc.)

#### Families with dependent children

We agreed it should be broadly defined but include:

- All those within any extended family where an individual's activity impacts on another family member. It is therefore
- not restricted to family-based activities.
- This includes children encouraging their siblings, parents and grand-parents and vice-versa.
- Any activity that influences the family including school, community or work-based activities that encourage the
- child/parent/grandparent to increase activity to the rest of the family.

#### 3. People with poor mental health

We will include the mental health and wellbeing of the whole population including those with more severe mental health problems requiring NHS treatment and who tend to be the least active.

- All those with mild to moderate ill health diagnosed by a health professional or self-diagnosed.
- We aim to use physical activity as a first line intervention in the care pathway.

#### 4. People living with inequalities

A main outcome will be to reduce inequalities. This means the increase in activity should be stronger in groups such as those:

- From ethnic backgrounds
- With disabilities
- Who are lonely
- Living in the most deprived communities
- Women and girls

**What outcome(s) are you hoping to achieve?:** Help people get the best start and age well, Help create great places to grow up, live and work

**Which strategic priorities does this support? - Help people get the best start and age well:** Help keep vulnerable children safer and enable them to fulfil their potential, Enable more vulnerable adults to live independent of social care, Improve the health of people in Essex

**Which strategic priorities does this support? - Help create great places to grow up, live and work:** Help to secure stronger, safer and more neighbourly communities, Facilitate growing communities and new homes

**Is this a new policy (or decision) or a change to an existing policy, practice or project?:** a new policy (or decision)

**Please provide a link to the document / website / resource to which this EqIA relates:**

<https://www.activeessex.org/essex-local-delivery-pilot/>

**Please upload any documents which relate to this EqIA, for example decision documents:**

<https://www.activeessex.org/essex-local-delivery-pilot/>

## Assessing the equality impact

**Use this section to record how you have assessed any potential impact on the communities likely to be affected by the policy (or decision):** The LDP commissioned 3 specialist insight reports to establish the needs of our target communities especially families with dependant children, people with mental health problems and older people. These reports provided a clear assessment of the needs and aspirations of our target communities.

**Does or will the policy or decision affect:**

**Service users:** Yes

**Employees:** Yes

**The wider community or groups of people, particularly where there are areas of known inequalities:** Yes

**Which geographical areas of Essex does or will the policy or decision affect?:** All Essex, Basildon, Colchester, Tendring

**Will the policy or decision influence how organisations operate?:** Yes

**Will the policy or decision involve substantial changes in resources?:** Yes

**Is this policy or decision associated with any of the Council's other policies?:** Yes

## Description of impact

**Description of Impact. If there is an impact on a specific protected group tick box, otherwise leave blank.:**

Age, Disability - learning disability, Disability - mental health issues, Disability - physical impairment, Disability - sensory impairment, Gender / sex, Gender reassignment, Marriage / civil partnership, Pregnancy / maternity, Race, Religion / belief, Sexual orientation

### Age

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** Understanding of older people, families, mental health and their physical activity needs, how they want to be engaged in future work and how services and community projects can better support them.

**Extent of impact:** Medium

**Please provide more details about the extent of impact:** From our engagement from the Essex resident survey 14% of people identified age as a barrier for physical activity. Within Essex 31.5% of residents aged 55-74, 54.7% of residents aged 55-74, 79.2% of those aged of 85 are inactive

### Disability - learning disability

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** the project will be looking to increase physical activity in groups experiencing inequalities. People with disabilities were identified as one of the groups

**Extent of impact:** Low

**Please provide more details about the extent of impact:** 16% of residents responding to the Essex residents survey listed disability and health problems as a barrier

## Disability - mental health issues

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** As one of our target groups the evaluation will provide insight into the needs of this group and what works to enable this group to be more physically active.

**Extent of impact:** Medium

**Please provide more details about the extent of impact:** Across the 3 test areas of the LDP it is estimated that there are around 39,000 people with depression

## Disability - physical impairment

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities. People with disabilities were identified as one of the groups.

**Extent of impact:** Low

**Please provide more details about the extent of impact:** Rates of physical activity for people with a disability vary across our 3 target districts. People with a limiting illness or disability are most inactive in Tendring (61%), followed by Basildon (57%), then Colchester (56%)

## Disability - sensory impairment

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities. People with disabilities were identified as one of the groups this will include sensory disabilities.

**Extent of impact:** Low

**Please provide more details about the extent of impact:** Rates of physical activity for people with a disability vary across our 3 target districts. People with a limiting illness or disability are most inactive in Tendring (61%), followed by Basildon (57%), then Colchester (56%)

## Gender / sex

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities. Women and Girls were identified as a potential group at risk of inequalities.

**Extent of impact:** Medium

**Please provide more details about the extent of impact:** In Essex there is an inactive population of 391,600

that we will be working with. Men and Women will be equally likely to be inactive.

## Gender reassignment

**Nature of impact:** Neutral

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities.

**Extent of impact:** The project will be looking to increase physical activity in groups experiencing inequalities.

**Please provide more details about the extent of impact:** In Essex there is an inactive population of 391,600 that we will be working with.

## Marriage / civil partnership

**Nature of impact:** Neutral

**Please provide more details about the nature of impact:** Working with Families as one of the target groups

**Extent of impact:** Medium

**Please provide more details about the extent of impact:** 24% of couples are likely to be inactive

## Pregnancy / maternity

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** Part of the project will look at work with families including new and single parents.

**Extent of impact:** Medium

**Please provide more details about the extent of impact:** The LDP will be looking to work with families this includes parents and grandparents and will cover any activity that influences the family and encourages them to take part in physical activity. We know from our research that lone parents are more likely to be inactivity than single people or couples. Common barriers are family commitment and lack of childcare. The LDP will explore how it can work with residents to overcome these barriers

## Race

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities.

**Extent of impact:** Low

**Please provide more details about the extent of impact:** The project will be looking at the inequalities faced by people from different ethnic backgrounds and the impact on levels of physical activity.

## Religion / belief

**Nature of impact:** Positive

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities

**Extent of impact:** Low

**Please provide more details about the extent of impact:** We are looking to engage with a number of settings within the community of which faith organisations will be important partners

## Sexual orientation

**Nature of impact:** Neutral

**Please provide more details about the nature of impact:** The project will be looking to increase physical activity in groups experiencing inequalities within the communities

**Extent of impact:** Low

**Please provide more details about the extent of impact:** In Essex there is an inactive population of 391,600 that we will be working with

## Action plan to address and monitor adverse impacts

**Does your EqlA indicate that the policy or decision would have a medium or high adverse impact on one or more equality groups?:** No

## Details of person completing the form

**I confirm that this has been completed based on the best information available and in following ECC guidance:** I confirm that this has been completed based on the best information available and in following ECC guidance

**Date EqlA completed:** 29/05/2019

**Name of person completing the EqlA:** Neil Coggins

**Email address of person completing the EqlA:** Neil.Coggins@essex.gov.uk

**Your function:** Economy, Localities & Public Health

**Your service area:** Active Essex

**Your team:** Local Delivery Pilot

**Are you submitting this EqlA on behalf of another function, service area or team?:** No

**Email address of Head of Service:** Jason.Fergus@activeessex.org