

Minutes of the meeting of the Essex Health and Wellbeing Board, held in Committee Room 1, County Hall, Chelmsford, CM1 1QH at 10:00am on Wednesday November 2019

Present:

Board Members

Cllr John Spence
Lisa Allen

Georgina Blakemore
Cllr Anne Brown

Dr Hasan Chowhan
Cllr Mark Cory
Dr Anna Davey
Cllr Peter Davey

Ian Davidson
Sam Glover
Dr Mike Gogarty

Dr Sunil Gupta

Dr Angus Henderson
Gavin Jones
Brid Johnson
Simon Wood

Essex County Council (**Chairman**)
Basildon and Brentwood CCG (substitute for Dr Boye Tayo)
Borough/City/District Councils (ECEA Rep)
Essex County Council (substitute for Councillor Susan Barker)
North East Essex CCG
Borough/City/District Councils
Mid Essex CCG
Voluntary Sector – Essex Association of Local Councils
Borough/City/District Councils (ECEA Rep)
Healthwatch Essex
Essex County Council (Director, Wellbeing, Public Health and Communities)
Castle Point and Rochford CCG (substitute for Dr Kashif Siddiqui)
West Essex CCG
Essex County Council
Non-Acute Providers
NHS England

Co-opted Members

Pippa Brent-Isherwood

Office of the Police, Fire and Crime
Commissioner (substitute for Roger Hirst)

Other Attendees

Harper Brown

Cllr Terry Cutmore
Peter Fairley
Susannah Howard
Caroline Russell
Cllr Jill Reeves
David Sollis
Judith Dignum

Hertfordshire and West Essex STP (substitute for Beverley Flowers and Iain MacBeath)
Rochford District Council
Essex County Council
Suffolk and North East Essex ICS
Mid and South Essex STP
Essex County Council
Healthwatch Essex
Essex County Council
(Board Secretary)

1. Membership, Apologies, Substitutions and Declarations of Interest

The report of Membership, Apologies and Declarations was received.

Resolved:

- 1) That the following nominees of the Essex Leaders and Chief Executives Group be appointed to membership of the Board as representatives of the Borough/City/District Councils for the period until the District Council elections in May 2023:

- Georgina Blakemore (Chief Executive, Epping Forest District Council)
- Councillor Graham Butland (Leader, Braintree District Council)
- Councillor Mark Cory (Leader, Colchester Borough Council)
- Ian Davidson (Chief Executive, Tendring District Council)

- 2) To note that apologies for absence had been received from:

Board Members

Cllr Susan Barker	Essex County Council (substitute Cllr Anne Brown)
Cllr Graham Butland	Borough, City and District Councils
Roger Hirst	Essex Police, Fire and Crime Commissioner (substitute Pippa Brent-Isherwood)
Sally Morris	Non-Acute Providers
Dr Kashif Siddiqui	Castle Point and Rochford CCG (substitute Dr Sunil Gupta)
Dr Boye Tayo	Basildon and Brentwood CCG (substitute Lisa Allen)
Alison Wilson	Voluntary Sector, Mind in West Essex

Other apologies

Paul Burstow	Independent Chair, Hertfordshire and West Essex STP
Beverley Flowers	Joint Lead, Hertfordshire and West Essex STP (substitute Harper Brown)
Iain MacBeath	Joint Lead, Hertfordshire and West Essex STP (substitute Harper Brown)
Professor Will Pope	Independent Chair, Suffolk and North East Essex ICS
Professor Mike Thorne	Independent Chair, Mid and South Essex STP

- 3) To note the following changes in membership since the last meeting:

- The appointment of Sam Glover, recently appointed Chair of the Healthwatch Essex Board, to represent Healthwatch Essex in place of Les Lodge;
- The appointment of Dr Kashif Siddiqui to represent Caste point and Rochford CCG. Dr Siddiqui had sent apologies for the meeting and Dr Sunil Gupta was attending as his substitute.

- 4) To note that interests were declared as follows:
 - Sam Glover declared an interest in Agenda Item 4 (STP draft system five-year plans) in that she is the East of England Dental Lead for Public Health England.
 - Brid Johnson declared an interest in Agenda Item 9 ('Open Up, Reach Out' – Children's Mental Health Local Transformation Plan Refresh 2019) in that she is an employee of one of the service providers (NELFT).
- 5) To note the amendment to the Board's Terms of Reference by addition of the following paragraph, as agreed by Essex County Council on 8 October 2019 and included at paragraph 8.1.8 of the Council's Constitution:

'Where the Board appoints a member of the Board on the nomination of others, the appointment shall be for a term of four years (or such shorter period as may be specified at the time of appointment) and the member shall hold office until the expiry of the term of office or until they cease to be a member or employee of the organisation which proposed them as a candidate for appointment. When a member ceases to hold office, a new nomination shall be sought as set out in the table above. Anyone standing down is eligible for reappointment.'

- 6) To note the following issues in relation to future membership of the Board:
 - An increase in the number of members by one, arising from the appointment of Independent Chairs for each of the Independent Safeguarding Children's and Adults Boards (the previous postholder having held both roles);
 - Proposals to amend the existing membership by the inclusion of the Independent Chairs of the three ICS/STPs and the appointment of Councillor Louise McKinlay in place of Councillor Susan Barker as one of the representatives of Essex County Council.

2. Minutes and Progress Report on Action Arising: 18 September 2019

The minutes of the meeting held Wednesday 18 September 2019 were agreed as a correct record, and the progress report on actions arising since that meeting was noted.

Arising from consideration of the report, it was agreed that the action from 28 May 2019 relating to Essex Workforce would be reassigned to Caroline Russell. With regard to the action from 17 July concerning the extended availability Blue Badge scheme, it was agreed that the Essex Leaders and Chief Executives Group should continue to monitor the effects of the amended scheme and report back to the Board if required. The significant increase in the number of Blue Badge applications to Essex County Council since introduction of the revised criteria was noted.

3. Public Questions

None received.

4. STP draft system five-year plans (HWB/25/19)

Sam Glover declared an interest in this item (minute 1 above refers).

Revised recommendations were presented in relation to the report.

The Board received details of the key feedback provided by its Members and Essex County Council in response to the consultation on the draft five-year plans prepared by the three STPs in Essex.

Susannah Howard, Caroline Russell and Harper Brown commented on the responses to their respective organisations' Plans (Suffolk and North East Essex, Mid and South Essex and Hertfordshire and West Essex) and also on the current position. All three Plans had been submitted on time to NHS England and each STP had taken into account and responded to the comments submitted by Essex County Council. The Chairman expressed thanks accordingly.

The following issues were raised:

- Members commended the quality of all three Plans and Simon Wood, representing NHS England, expressed the view that they were likely to fulfil the criteria for sign-off.
- Councillor Anne Brown advised that the Suffolk and North East Essex Joint HOSC had met to review the Plan for that area, to which Members had given their full support.
- The importance for the various tiers of local government to co-operate in order to facilitate partnership working with the STPs was emphasised.
- Members highlighted that more work was needed to embed a culture in which all the organisations represented on the Board were no longer viewed as stakeholders to be engaged with STPs but rather as equal partners with responsibilities for delivery. Once the Plans had been approved, all sectors should join together to understand what needed to be done and what could be achieved based on maximising individual areas of experience and expertise.
- It would be crucial for all parties to be involved in future discussions regarding mental health provision.

The Chairman thanked Peter Fairley for his work on the report.

Upon consideration of the revised recommendations, it was

Resolved:

- 1) That the Board's comments on the key areas of feedback received so far on the draft STP five-year plans be as set out above.
- 2) To note Essex County Council's concern that decisions on the future of mental health and learning disabilities are not taken until the options have

been considered and discussed across all three Sustainability and Transformation Partnerships (STPs).

- 3) That the Essex Health and Wellbeing Board requests the three Sustainability and Transformation Partnerships, along with NHS England, arrange a discussion among the three to ensure they are aligned and agreed on the way forward in respect of mental health and learning disability services.
- 4) That the Essex Health and Wellbeing Board commits to working with the three Sustainability and Transformation Partnerships to develop a memorandum of understanding on areas for co-operation and collaboration across them all.

Action:

The ICS, STPs and NHS England to be requested to arrange a discussion to ensure they are aligned and agreed on the way forward in respect of mental health and learning disability services (Board Secretary in liaison with the Chairman's Office and officers as necessary)

5. Integrated Care System (ICS)/Sustainability and Transformation Partnerships (STPs): verbal updates

The Board received and **noted** updates on the ICS and STPs as set out below:

- Hertfordshire and West Essex STP: Harper Brown
- Mid and South Essex STP: Caroline Russell
- Suffolk and North East Essex ICS: Susannah Howard

6. Inequalities and Deprivation

6a 2019 Indices of Multiple Deprivation

The Board received a presentation by Alastair Gordon (Head of Profession, Research and Citizen Insight) highlighting the headline areas in the new 2019 analysis of deprivation in Essex.

The following issues arose from consideration of the presentation:

- The issues raised by the analysis would be considered at the Population Health Management Conference on 14 January 2020 and the slides from today's presentation would be circulated as part of the document pack for the event.
- Members were concerned at the levels of deprivation which existed, noting that increases in individual areas were likely to be caused by a combination of existing populations becoming poorer and deprived populations moving in. There was a need to understand more about the context of such increases, as well as the nature of the most successful interventions, in order to begin to tackle the issue.

- Work in Basildon under the Sport England Local Delivery Plan, encouraging residents to become active, was starting to show early results, providing a foundation on which to build.
- Members were interested in the factors that had contributed to improvements in deprivation levels in areas such as Harlow. The importance of high numbers of good quality employment opportunities was emphasised.
- The role of large employers such as Public Health England in Harlow as 'anchor' institutions (minute 6b below refers) was acknowledged.

The content of the presentation was **noted**.

Action

Presentation slides from today's meeting to be circulated as part of the document pack for the Population Health Management event in January 2020 (Mike Gogarty)

6b System Opportunities to tackle deprivation (HWB/26/19)

The Board considered a report outlining how the use of an anchor institution approach can support the ambitions of partners to address the wider social determinants of health and health inequalities through targeting socio-economic influences. Members were asked to consider within their respective organisations their potential role as an anchor institution and the best way of working together within the wider system (including with other potential anchors such as large private sector organisations and universities).

The following issues arose during discussion:

- The Board expressed support for the anchor institution approach and noted that it would be included on the agenda for the Population Health Management conference taking place in January 2020. A representative was sought from the clinical, STP and local government sectors on the Board to join a conference call to help plan the event (and also the Board Development session referred in to at minute 11 below).
- Employment opportunities, including work with schools to increase aspiration, were highlighted as a significant area for action in tackling deprivation.
- The importance for the organisations represented on the Board to work together was acknowledged, together with the key influencing role for those organisations in terms of encouraging action by others.

The Board asked Mike Gogarty to develop a proposal identifying next steps on this issue and providing a clear specification setting out the form that support from the Board and its membership organisations should take.

Resolved:

- 1) That the Board register its support for the adoption of an 'anchor' approach as a key direct way of improving health and reducing health inequalities through upstream action aimed at wider determinants.
- 2) That the Director, Wellbeing, Public Health and Communities develop a proposal identifying next steps on the issue of anchor institutions and providing a clear specification setting out the form that support from the Board and its membership organisations should take.

Action

- 1) To seek a representative from the clinical, STP and local government sectors on the Board to join a conference call to help plan the event (and also the Board Development session referred in to in minute 11 below). (All – nominations to Board Secretary by 27/11/19))
- 2) To develop a proposal identifying how discussion on the issue of anchor institutions should proceed and providing a clear specification for support from the Board and its membership organisations (Mike Gogarty)

7. Actions being taken to reduce the rise of suicide rates in Essex (HWB/27/19)

The Board considered an overview of the recent data published by the Office for National Statistics (ONS) on suicide rates in Essex in 2018, and what is being done, both currently and planned for the future, to address the rise in suicides in certain parts of the County. Members' support was requested to tackle underlying factors which may contribute to or be the catalyst for a person taking their own life, for example as a result of debt or housing issues.

The following points arose:

- Members agreed that tackling suicide was a priority issue which required a partnership approach. They acknowledged the frequent links between suicide and inequalities and deprivation (as considered earlier in the meeting).
- Members considered the factors which may influence suicide rates and how these varied across areas of the County and between genders. Commenting on the need for further research, they welcomed the proposal to access data from the detailed audit of suicides for 2018 carried out by the Senior Coroner for Southend, Essex and Thurrock.
- Simon Wood referred to the collective approach to tackling suicide agreed by the NHS regional mental health board, and it was agreed that he would share the details with Mike Gogarty.

Resolved:

- 1) That the actions currently being taken and those which are proposed in order to address the rise in suicides in parts of Essex be supported.

- 2) That actions and the development of initiatives to reduce socio-economic and other factors, as well as health issues, which may contribute to suicides in Essex be supported and encouraged.

Action

Details of the collective approach to tackling suicide agreed by the NHS regional mental health board to be shared with Mike Gogarty (Simon Wood)

8. Ofsted SEND Review: verbal update

Ralph Holloway, Head of Special Educational Needs and Disabilities Strategy and Innovation at Essex County Council gave a verbal update on the recent Ofsted review of the Council's Special Educational Needs and Disabilities Service. As publication of the final outcome report had been delayed until early 2020 due to the forthcoming General Election, it was not possible to comment in detail. In general terms, however, the findings were likely to be as anticipated and would offer the trajectory needed to take the service forward.

The Board was pleased to note the strong commitment from partners to work together with Essex County Council to address the actions arising from the review.

Resolved:

- 1) That the update be noted.
- 2) That a report identifying the actions required by Board members in response to the review be submitted to the January 2020 meeting.

Action

Report to be submitted to the January 2020 meeting detailing the actions required by Board members in response to the Review (Board Secretary/Ralph Holloway)

9. 'Open Up, Reach Out' – Children's Mental Health Local Transformation Plan Refresh 2019 (HWB/28/19)

(Brid Johnson declared an interest in this item – minute 1 above refers)

The Board's endorsement was sought for proposals to refresh the 'Open Up, Reach Out' Children's Mental Health Local Transformation Plan originally approved in 2015.

The following issues arose from consideration of the report:

- Members were unclear regarding the timescales covered by the current Plan and annual refreshes and its successor. It was agreed that the Lead Officers should liaise with Simon Wood, the Board's representative from

NHS England, outside the meeting and provide a note of clarification to the Chairman for circulation to the Board.

- There was praise for the system of self-referral, whereby children and young people could access mental health services without seeing a GP.
- The Board was advised that, although the locally agreed target for children and young people to receive treatment within 18 weeks of referral may seem lengthy, significant levels of demand meant that it could not be reduced at present. Those referred were assessed via a triage system well before the 18-week stage. The target had been met for 91.43% of cases in 2018/19, which represented a high level of achievement.
- Members emphasised the need for a co-ordinated approach to mental health provision across the three ICS/STP areas.

Resolved:

- 1) That the proposals to refresh the five-year transformation plan 'Open Up, Reach Out' as detailed in report HWB/28/19 (the refresh for year 2018/19, year 4 in year 5) be endorsed.

Action

A note to be provided for Board members clarifying the timescales covered by the current Plan and annual refreshes and its successor. (Chris Martin/Jessica Thom)

10. Health and Social Care Quarter 1 Scorecard (HWB/29/19)

The Board received the Quarter 1 Health and Social Care Scorecard which detailed the long-term trends against key metrics relating to the Joint Health and Wellbeing Strategy and progress on integration.

It was agreed that in future, the Scorecards should be presented with an accompanying report drawing out highlights and lowlights and providing a commentary.

The report was **noted**.

Action

Future scorecards to be presented with an accompanying report drawing out highlights and lowlights and providing a commentary. (Peter Fairley)

11. Date of Next Meeting

It was noted that the next meeting of the Board would take place on Wednesday 29 January 2020 at 10.00am in Committee Room 1 at County Hall, Chelmsford.

Following discussion, it was agreed that the meeting would be followed by lunch and a workshop for Board members from 2-4pm. The purpose of the workshop

would be to review progress over the last year and consider the approach to key issues expected in the year ahead. David Sollis offered to assist with facilitation at the workshop if required.

The Board noted that, with effect from the next meeting, the time allowed for meetings would be extended by one hour to enable effective consideration of the volume of business.

Actions

- 1) Mike Gogarty and Ian Davidson to work together to plan the agenda for the Board workshop session on 29 January, taking account of the offer by David Sollis to assist with facilitation if required (Mike Gogarty/Ian Davidson)
- 2) To seek a representative from the clinical, STP and local government sectors on the Board to join a conference call to help plan the development session on 29 January (and also the Population Health Management Conference referred to at minute 6b above) (Board Secretary in liaison with Board Members)
- 3) Board Secretary to send updated meeting invitations to reflect extended duration of future meetings (Judith Dignum)

12. Forward Plan

The Board noted the items planned for consideration at future meetings. It was noted that:

- The Joint Strategic Needs Assessment (JSNA) would be considered at the January 2020 meeting;
- The EALC Strategic Plan 2019-2024 would be circulated to the Board for information, with the associated action plan to follow once complete.

Action

- 1) Board Secretary to update Forward Plan (Judith Dignum)
- 2) EALC Strategic Plan 2019-2024 to be circulated to the Board (Board Secretary: Judith Dignum)

There being no further business the meeting closed at 11.56am

Councillor John Spence
Chairman
29 January 2020