

Minutes of the meeting of the Essex Health and Wellbeing Board, held in Committee Room 1, County Hall, Chelmsford, CM1 1QH at 10:00am on Wednesday 17 July 2019

Present:

Board Members

Councillor John Spence
Councillor Susan Barker
Dr Hasan Chowhan
Terry Cutmore
Dr Anna Davey
Cllr Peter Davey

Ian Davidson

Lorraine Jarvis
Brid Johnson
Clare Kershaw

Maggie Pacini

Nick Presmeg
David Sollis

Dr 'Boye Tayo
Cllr Chris Whitbread
Alison Wilson

Co-opted Members

Greg Myddleton

Other Attendees

Rebekah Bailie
Claire Bartoli
Cllr Anne Brown
Beverley Flowers

Susannah Howard
Ben Hughes
Iain MacBeath

Caroline Russell
Emma Richardson
Judith Dignum

Chairman
Essex County Council
North East Essex CCG
Borough/City/District Councils
Mid Essex CCG
Voluntary Sector – Essex Association of Local Councils
Borough/City/District Councils (ECEA Rep)
Voluntary Sector
Non-Acute Providers
Essex County Council (substitute for Helen Lincoln, Executive Director, Children and Families)
Public Health Consultant, ECC (substitute for Dr Mike Gogarty, Director, Wellbeing, Public Health and Communities)
Essex County Council
Healthwatch Essex (substitute for Les Lodge)
Basildon and Brentwood CCG
Essex County Council
Voluntary Sector

OPFCC (substitute for Roger Hirst, Essex Police, Fire and Crime Commissioner)

Essex County Council
Essex County Council
Essex County Council
Joint Lead, Hertfordshire and West Essex STP
Suffolk and North East Essex CCG
Essex County Council
Joint Lead, Hertfordshire and West Essex STP
Mid and South Essex STP
Essex County Council
Essex County Council (Board Secretary)

1. Membership, Apologies, Substitutions and Declarations of Interest

The report of Membership, Apologies and Declarations was received.

The Chairman welcomed Beverley Flowers and Iain MacBeath, Hertfordshire and West Essex STP Joint Leads, to their first meeting.

Noting that Dr Anand Deshpande, newly-elected Chair of Mid and South Essex CCG STP Joint Committee, had been appointed as that Committee's representative on the Board, the Chairman thanked the previous representative, Mike Bewick, for his contribution.

It was noted as follows:

- 1) Apologies for absence had been received from:

Board Members

Dr Mike Gogarty	Director, Wellbeing, Public Health and Communities, Essex County Council (for whom Maggie Pacini was substituting)
Dr Rob Gerlis	West Essex CCG
Dr Sunil Gupta	Castle Point and Rochford CCG
Dr Angus Henderson	West Essex CCG
Roger Hirst	Police, Fire and Crime Commissioner (for whom Greg Myddleton was substituting)
Nick Hulme	Acute Hospital Trusts
Les Lodge	Healthwatch Essex (for whom David Sollis was substituting)
Phil Picton	Independent Chair of the Essex Safeguarding Children and Adults Boards

Other apologies

Harper Brown	Hertfordshire and West Essex STP
Paul Burstow	Hertfordshire and West Essex STP
Peter Fairley	Essex County Council
Terry Huff	

- 2) There were currently vacancies for two representatives of District Councils and one representative of NHS England; nominations had been requested from the relevant bodies.

- 3) There had been one change in membership since the last meeting:

- Dr Anand Deshpande, newly-elected Chair of Mid and South Essex CCG STP Joint Committee had been appointed as the Joint Committee's representative in place of Mike Bewick.

- 4) The Chairman, Cllr J Spence, declared a Code Interest in Agenda Item 9 (Garden Communities in Essex) in that he represents Essex County Council on the Board of North Essex Garden Communities Ltd and is the Board Chairman (minute 9 below refers).

Action

To liaise with the Essex Leaders and Chief Executives Association (ECEA) regarding nominations to fill the vacancies for ECEA representatives. (Ian Davidson)

2. Minutes and Progress Report on Action Arising: 15 May 2019

The minutes of the meeting held Wednesday 15 May 2019 were agreed as a correct record, and the progress report on actions arising since that meeting was noted.

3. Public Questions

None received.

Referring to issues raised at a previous meeting concerning pharmacy provision in Stansted Mountfitchet, the Chairman advised that, despite efforts to the contrary, it had not been possible to resolve the situation to the satisfaction of local residents. He expressed sympathy for those concerned.

4. Sustainability and Transformation Plans (STPs) – verbal updates

The Board received updates on Sustainability and Transformation Plans as set out below:

- West Essex and Hertfordshire STP: Beverley Flowers and Iain MacBeath
- Mid and South Essex STP: Caroline Russell
- Suffolk and North East Essex STP: Susannah Howard

The following issues arose from the Board's consideration of the updates:

- It was agreed that the draft five-year strategic plans for each STP/ICS should be submitted to the next meeting of the Board on 18 September 2019, with less formal engagement between officers to take place in advance. In order to allow the views of partner councils to be heard, Ian Davidson and Cllr Chris Whitbread were asked to identify a District/City/Borough Council representative from each STP/ICS area who could attend the next meeting and actively engage. The agenda for that meeting would need to allow sufficient time for consideration of each plan.
- The need for the plans to portray collaborative work with local government as a partnership was highlighted, as was the need to consider them from the point of view of individuals and carers.
- The four-year Forward Plan being produced by the Essex Association of Local Councils should be included on the agenda for an appropriate future meeting of the Board.

- When beginning its work on Population Health Management, Suffolk and North East Essex ICS may wish to liaise with Essex County Council which had already completed work in this area.

The updates were **noted**.

Actions

- 1) The following reports to be included on the agenda for future meetings:
 - a. September: the draft five-year strategic plans for each STP/ICS area. (Board Secretary / Beverley Flowers and Iain MacBeath/Caroline Russell/Susannah Howard)
 - b. TBC: the four-year Forward Plan being produced by the Essex Association of Local Councils. (Board Secretary / Cllr Peter Davey)
- 2) Informal engagement between officers on the draft five-year strategic plans to take place prior to the September meeting. (STP/ICS leads to initiate)
- 3) A District/City/Borough Council representative from each STP/ICS area to be invited to attend the next meeting to engage with consideration of the five-year plans. (Cllr Chris Whitbread/Ian Davidson)
- 4) Ensure agenda for September meeting allows sufficient time for consideration of each five-year plan. (Board Secretary in consultation as necessary)
- 5) Suffolk and North East Essex to liaise with Essex County Council regarding the Council's previous work on Population Health Management. (Susannah Howard/Mike Gogarty)

5. Health, Wellbeing and the Workplace (HWB/12/19)

The Board received an update presented by Claire Bartoli on behalf of Chris French and draft ECC action plan and was asked to comment upon:

- How well the actions within were prioritised
- Whether the action plan was sufficiently ambitious and if not where it should be strengthened
- How best to work collectively to maximise impact in the workplace

The following points arose from consideration of the report:

- Members questioned whether it may be more effective to measure the percentage of employees reached by the Work and Health Programme rather than the percentage of employers.
- The need for a joined-up, collaborative approach was highlighted.
- It was important for the employers represented on the Board to lead by example, including by becoming early adopters of the Working Well Programme delivered by Provide, commissioned by Essex County Council.

We could also consider how we celebrate those employers who become accredited (through the Working Well accreditation programme).

- Related to an outcome from the Domestic Abuse Strategy Board, the Office of the Police, Fire and Crime Commissioner expressed a willingness to be involved in efforts to improve employers' understanding of domestic abuse issues.
- Given that small employers were often unable to provide occupational health services for their workers, there may be an opportunity for introducing a 'buddy' system, where access to such services could be made available through a large employer. The plan to establish a Facebook group for small employers as part of the Work and Health Programme, offering access to online resources, was welcomed. There were positive comments also from some members re working with small businesses e.g. MHFA training for hairdressers etc who are likely to come into contact with people with mental health issues as well as those who are lonely/socially isolated.
- Although many tools were available to assist employers in improving workplace health and wellbeing, wider issues were fundamental, such as the need for an acceptance of what being a 'good employer' means and acknowledgement of the importance of an employer's behaviour towards and treatment of their workforce. The benefits to employers of a healthy workforce in terms of productivity and loyalty, leading to competitive advantage, also needed to be made clear.
- The recent issue of revised guidance for Blue Badges, extending eligibility with effect from 30 August this year to those with 'hidden' disabilities such as autism and dementia, was noted. It was agreed to consider issues surrounding implementation of the revised scheme at the next meeting of Essex Leaders and Chief Executives Group and to involve GP representatives in the discussion, if appropriate.

Resolved:

- 1) To note progress in the current approach to workplace health and wellbeing across Essex.
- 2) To note the development of the Work and Health Strategy, which is in the process of being finalised.
- 3) To support the next steps proposed.

Action

To consider issues surrounding implementation of the extended availability Blue Badge scheme at the next meeting of the Essex Leaders and Chief Executives Group, involving GP representatives in the discussion if appropriate. (Ian Davidson)

6. Suicide Prevention Strategy (HWB/13/19)

The report was presented by Maggie Pacini.

The Board received an update on the Southend, Essex and Thurrock (SET) Suicide Strategy and was asked to support a proposal that all partners provide appropriate training for relevant staff.

The Board welcomed the report, and the following issues arose from its consideration:

- Improved and more detailed data was crucial to developing a thorough understanding of the issues around suicide and how best to address them.
- Much could be achieved through better co-ordination and integration of existing initiatives, rather than seeking to fund new ones.
- There was a need to improve knowledge-sharing and communications around successful initiatives such as Risk Avert, a schools-based programme commissioned by Essex County Council aimed at early identification of students with a potential to take risks and/or with mild or emerging mental health concerns.
- Recognising that 50% of those committing suicide in Essex were in employment, efforts should be made to connect with the Working Well programme and healthy workforce agenda.
- There was a perceived gap around older children/young adults within the report.
- Increased investment was required for the expansion of preventative work and to address the major factors influencing suicide risk, such as loneliness and substance misuse.

Resolved:

- 1) To note the Southend, Essex and Thurrock Suicide Prevention Strategy update 2019, which will remain a live document; and to support the general approach as outlined in terms of setting priorities for tackling the issues surrounding suicide, and the direction of the suicide prevention agenda generally moving forward.
- 2) To note the progress made since the SET Suicide Prevention Strategy was published in 2017, as set out in the draft SET Suicide Prevention Strategy Update 2019 (Appendix A to report HWB/13/19).
- 3) To note the establishment of the Suicide Prevention Steering Board with terms of reference as set out in Appendix B to report HWB/13/19.
- 4) To endorse the preferred option for suicide prevention training as set out in paragraph 5.9 (ii) of report HWB/13/19; to promote training across the system

but leave to individual organisations (or collaboratively in partnership with others), responsibility for commissioning their own training.

- 5) To note the ongoing negotiations with the Senior Coroner in relation to undertaking the annual audit of suicides in Southend-on-Sea, Essex and Thurrock in 2018.

7. Alcohol Hospital Provision (HWB/14/19)

The report was presented by Greg Myddleton (OPFCC) and Ben Hughes (Essex County Council).

The Board received a presentation which provided an update on community and hospital-based alcohol services, including individual updates from Mid and South Essex STP area and North East Essex and West Essex CCG areas. A number of common issues were identified, together with proposed next steps and an illustration of the level of savings which could be achieved as a result of investment in additional capacity. The importance of improved consistency and collaboration was emphasised.

Members acknowledged the need for additional capacity for Hospital Alcohol teams with a view to achieving consistency of provision across all five Essex hospitals. They agreed to endorse requests to CCGs for associated funding. Support was also expressed for the development of improved collaboration between alcohol and mental health workers and for the provision by CCGs of consistent office/working space for alcohol workers across all five Essex hospitals.

Members expressed the view that meetings of Essex Accountable Officers (attended by Peter Fairley) offered the most appropriate forum for consideration of the issues raised in the presentation. Ben Hughes was invited to attend and give a presentation at a future meeting of the group.

Resolved:

- 1) To endorse requests for CCGs to fund additional capacity for Hospital Alcohol Teams with a view to achieving consistency of provision across all five Essex hospitals
- 2) To support the development of improved collaboration between alcohol and mental health alcohol workers in the five Essex hospitals.
- 3) To encourage CCGs to provide consistent office/working space for alcohol workers in the five Essex hospitals.

8. Learning Disabilities Mortality Review (LeDeR): Southend, Essex and Thurrock End of Year Report (HWB/15/19)

Rebekah Bailie, Commissioning Manager, Essex County Council attended for this item and presented the report.

The Board received the Learning Disabilities Mortality Review (LeDeR) Southend, Essex and Thurrock (SET) End of Year report for 2018-19. Members noted that, in SET, it was not currently possible to meet the target for LeDeR reviews to be undertaken within six months of the notification of a death. In order to resolve this, a bid for funding had been submitted which, if successful, would facilitate an increase in reviewer capacity to address the backlog and sustain the system within Key Performance Indicator (KPI) targets by March 2020.

The Board welcomed the proposals for taking forward the SET LeDeR programme.

Resolved:

- 1) To note the Learning Disabilities Mortality Review (LeDeR) Southend, Essex and Thurrock (SET) End of Year Report for 2018-19.
- 2) To agree that the Action Plan for the year ahead is satisfactory and affirm the Board's commitment to collaborative working in order to achieve the outcomes.
- 3) To agree the local approach to the management of backlog.

Action

SET LeDer End of Year Report for 2019-20 to be received at the July 2020 meeting (Board Secretary to add to Forward Plan/Rebekah Bailie).

9. Garden Communities in Essex (HWB/16/19)

The Chairman, Councillor John Spence, declared a Code Interest in this item, minute 1 above refers. It was also noted that Ian Davidson attends meetings of the Board of North Essex Garden Communities Ltd in a non-voting capacity.

Steve Evison (Director of Strategic Commissioning and Policy, Place) and Laura Taylor-Green (Head of Wellbeing and Public Health: Healthy Places and People), Essex County Council were in attendance for this item.

The Board received a presentation on emerging thinking around the creation of garden communities in Essex and was asked to consider how to ensure that the Board infrastructure kept pace with these developments.

The following issues arose from discussion of the presentation:

- Garden communities were being created as a response to housing targets set by the Government and did not represent additional growth. Sanctions under the Housing Delivery Test allowed the Government to remove control of local planning from local authorities which did not deliver the amount of housing specified, leading to unplanned development in the affected areas.
- The creation of garden communities allowed a planned approach to meeting housing need, incorporating new infrastructure provision rather than attempting to adapt existing facilities to accommodate cumulative growth.

However, it was noted that the majority of the Essex population (90%) would continue to live in traditional communities.

- The agreed design principles for the garden communities sought to ensure embedding of health and wellbeing considerations in the planning of the new settlements.
- Although plans were still at an early stage, decisions on the design of the communities were being taken now, and it was important to engage at this point to have the greatest chance of influencing the outcome.
- Work was ongoing with NHS partners regarding delivery of the required infrastructure, taking into consideration the need to future-proof systems to allow for changes in service delivery over time. The Board emphasised the need to ensure that provision was relevant to the communities it was designed to serve and that sufficient consideration was being given to the longer-term.
- The Board stressed the need to learn from previous mistakes, referring to the rapid and sizeable development of Colchester, where evidence now showed a decline against all indicators of health and wellbeing.
- Some concern was expressed that the presentation included no reference to tackling and mitigating crime.
- The importance of town and parish councils in helping people to interact and develop as a community was acknowledged, and it was suggested that creation of such local councils should be included as an integral part of the design, as had been the case in Milton Keynes.
- The importance of effective economic growth and its links with fundamental drivers of wellbeing such as employment opportunities and a sense of community were emphasised. The potential for quality places to live which offered good employment prospects to act as catalyst for inward investment was noted.

Resolved:

That the content of the presentation be noted and the Board's comments as set out above considered in taking forward the Garden Communities project.

10. Health and Wellbeing Board Scorecard (HWB/17/19)

The Board received the revised Health and Social Care Scorecard which reported on the long-term trends against key metrics relating to the Joint Health and Wellbeing Strategy and progress on integration. Members noted the new, more user-friendly format and that consideration was being given as to how best to reflect developments around greater integration.

Attention was drawn to a typographical error within the Scorecard for North East Essex CCG (Appendix D to the report) which included comments appearing to relate to Mid Essex CCG.

It was agreed that the possibility of reporting on the basis of STP, rather than CCG, areas, should be investigated.

The report was **noted**.

Action

To investigate the possibility of reporting on the basis of STP, rather than CCG, areas. (Peter Fairley/Emma Richardson)

11. Date of Future Meetings

It was noted that:

1. The next meeting of the Board would take place on Wednesday 18 September 2019 at 10.00am in Committee Room 1 at County Hall.
2. Meetings of the Board in 2020 would take place on the following dates:

29 January, 18 March, 20 May, 15 July, 16 September and 18 November*

* all Wednesdays at 10.00am at County Hall, Chelmsford+

12. Forward Plan

The Board noted the items planned for consideration at future meetings.

13. Urgent Business

The Chairman agreed to consideration of the following item of urgent business on the grounds that there was a need to update the Board on an issue of current interest:

Essex Association of Local Councils (EALC) – Health and Wellbeing Update

Councillor Peter Davey updated the Board on progress since the EALC's appointment of Danielle Frost as Health and Wellbeing Officer. The following were noted:

- Priorities for the first year of activity were currently being determined
- Training sessions were to be offered to parish councillors and clerks
- A template Health and Wellbeing Plan was to be produced for adoption by Parish Councils

There being no further business the meeting closed at 12:00 midday.

Councillor John Spence
Chairman
18 September 2019