

# Commissioning Public Health Services for Children and Young People

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# Introduction

- Responsibility for commissioning public health and wellbeing services transferred to Local Authorities on 1<sup>st</sup> April 2013 under the Health & Social Care Act
- Current commissioned services for children and young people
  - 5-19 Healthy Child Programme (School Nursing)
  - Healthy Schools Programme
  - Youth Health Champions
  - Risk Avert
  - Sexual Health Services



# ECC Corporate Priorities

- Children in Essex get the best start in life
- People in Essex enjoy good health and wellbeing
  - Percentage of children achieving at school
  - Prevalence of healthy lifestyles
- People have aspirations and achieve their ambitions through education, training and lifelong-learning
  - Percentage of children attending a good school
  - Percentage of children achieving at school
  - Rates of literacy and numeracy at all ages (work needed on measuring)
  - Percentage of young people aged 16-19 not in education, employment & training



# 5-19 Healthy Child Programme (School Nursing)

- Universal offer for all school aged children
- Currently delivered by four different provider organisations
- New service specification developed focussed on public health outcomes
- Procurement under way for service provision in South and West Essex – new contracts to be in place with effect from 1<sup>st</sup> October 2014



# Service Description

- Focus on early intervention and prevention rather than treatment, supporting children, young people and adolescents into adulthood.
- Use evidence based programmes and demonstrate economic benefits whenever possible;
- Provide a children and young people friendly service using the You're Welcome criteria and self-assessment tool.



# End User Experience

- Children, young people and their families will benefit from a universal and consistent delivery of the Healthy Child Programme with an improved focus on achieving public health outcomes through early intervention and prevention.
- Children, young people and their families will be able to access an improved service offer through services that will be delivered within schools and other appropriate community settings



# Service Aims

- Achieves the best health outcomes and wellbeing outcomes for all children and young people of school age to enable them to make the most of their education and wider social opportunities;
- Provides a high quality service that is accessible to children, young people and families in Essex;
- Tackles health inequalities, by targeting those children and young people most in need;
- Works in partnership with other agencies, thereby enabling all young people to reach their full potential in life;
- Maximises the contribution to safeguarding through provision of early help, referral when appropriate to specialist services and multi-disciplinary working, and by participating in child protection and child in need processes;
- Provides a proactive, reactive and responsive service.



# Why be a Healthy School?

Healthy Schools adopts a whole-school approach, involving the whole-school community, parents/carers, governors, staff and pupils in improving children's health. The process is needs-led and can support the school development plan in striving for continual improvement.

Children and young people tell us that they feel healthier, happier and safer in school when wellbeing is a key part of the school ethos and environment.





# Success Story

- Voluntary 2 stage Programme
- 547 (97%) schools involved
- 547 (75%) hold current status



# Essex Youth Health Champions

- The programme trains volunteer secondary school students to raise awareness among their peers of lifestyle related risks to health by running campaigns in their schools and providing safe signposting information to local services for health and wellbeing



# Youth Health Champions

- 31 secondary schools involved (includes 2 special schools)
- All students gain a RSPH (Royal Society of Public Health) Award
- Received national recognition
- Campaigns include focus on alcohol/drug awareness, legal highs, energy drinks, emotional wellbeing, domestic abuse.
- Many YHC's working with feeder primary schools



# Risk Avert

- Early intervention to reduce risk taking behaviours
- Delivered as targeted element of Healthy Schools Programme
- 8 pilot secondary schools across the county
- 1500 year 7 students screened
- Funding for 12 further secondary schools
- PSHE module developed
- New pilot programme for CSS
- Shortlisted for national Community Education Award



# Sexual Health Services

- Mandatory requirement to commission sexual health services
  - Testing and treatment of sexually transmitted infections
  - Contraception services
  - Chlamydia screening programme
  - Sexual health promotion
- Currently provided by nine different providers across the county
- Essex Sexual Health Network
- Procurement underway for provision of community based contraception and sexual health services in South and West Essex
- Commissioning for a fully integrated sexual health service by April 2016



# Key outcomes

- Contribute to ensure the sexual and reproductive healthcare needs of women and men, including complex cases, those that are hard to reach and/or marginalised..
- Contribute to a year on year reduction in transmission of sexually transmitted infections.
- Contribute to the reduction in the unplanned pregnancy rate and the repeat TOP rate
- Provide training, advice and support to primary care practitioners in order to increase capacity in community settings and thus improve accessibility for key population groups



# Service model

- Key principle: Only do to people what needs doing to them nothing more nothing less
- Depends on SENSITIVE identification of individual client need and subsequent pathways highly determined by identification of client need
- Triage approach:
  - Sexual history taking
  - Service pathway determined by individual risk from sexual behaviour
  - Need multiple service pathways with sensitive differences, based on sensitive identification of risk in sexual history taking



**Thank You!**

**Questions?**



Essex County Council