

Report title: Mental Health Services	
Report to: Health Overview Policy and Scrutiny Committee	
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Date: 2 December 2020	For: Discussion and identifying any follow-up scrutiny actions
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County Divisions affected: Not applicable	

1. Introduction

- 1.1 The Chairman and Lead Members have requested that the Committee continue its review of the impact of the pandemic on mental health services and its response to the pandemic and future service planning for changes in demand. This introductory update is attached as described further below.

2. Action required

- 2.1 The Committee is asked to consider this report and identify any issues arising.

3. Background

- 3.1 The Committee received an initial presentation from EPUT, NELFT and CCG's in September 2020 upon which at its conclusion, ask that a further update be provided in three months' time.
- 3.2 The agreed scope is set out below and will be broken down into three separate areas, covering Adult Mental Health, Children's Mental Health and IAPT/Talking Therapies.
- Overview of the response to the pandemic
 - Future planning for changes in demand
 - Effect on staffing capacity – high levels of sickness, a likely second peak
 - A breakdown between mental health conditions.

The health service has primarily supported the preparation of this item and provided the majority of the update however, Essex County Council officers will be in attendance on the day to present this update.

4. Update and Next Steps

See Appendices for update. See Action Required for next steps.

5. List of Appendices

Appendix A: NELFT – Children’s Mental Health Services

Appendix B: EPUT – Adult’s Mental Health Services