

Investing in Essex: Working Well holistic health and wellbeing for your business

Lyn Mowforth

Workplace Health Improvement Manager



The Working Well offers

We want to support organisations across Essex to be fit to flourish in the new global markets post COVID. Our funded offers deliver tailored support to suit your business needs:

- Working Well Mental Health Aware
- Working Well Small Business HR Support
- Working Well Accreditation





WW Accreditation

We are proud to offer our workplace wellbeing Accreditation Award scheme

- L1 Setting up your Workplace Programme (3-6 months)
- L2 Developing your programme (12-18 months)
- L3 Established and robust programme (2-3 years)





Working Well Accreditation

Ways that WW organisations could make small changes to the environment that would help them achieve their Accreditation:

- ✓ low energy lighting, switching off equipment and lights when not required i.e. overnight
- ✓ waste recycling: paper, card, plastic, crisp packets, plastic bags, tin foil, ink jet cartridges
- ✓ removing single use plastic from canteens i.e. bamboo cutlery, recycled cardboard food containers
- ✓ electric charging points, electric car option for lease schemes, green travel plans, car sharing etc.



The Challenge Starts with us!

Taking this back to our own organisations:

- Promoting the Great Start on our Website, and ECC can promote the WW offer
- What are you doing? Could you do more? Are you leading by example?
- What are you KPI's what do you need to achieve?
- What could you offer in return for small environmental changes?



Essex Green Growth Charter/Award

Organisations can sign up and evidence their sustainable changes:

- Display their logos on the ECC Green Growth Charter webpage
- Produce a Factsheet to help organisations to make small sustainable changes
- Financial incentives? They could access FREE MHFA England mental health awareness training!
- ... what else could be offered?





Our next steps ...

Where do we go from here and what can we do, offer, incentivise to make this happen?

Any questions?

