



Essex County Council

People and Families Policy and Scrutiny Committee

10:15	Monday, 07 December 2020	Online Meeting
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The meeting will be open to the public via telephone or online. Details about this are on the next page. Please do not attend County Hall as no one connected with this meeting will be present.

For information about the meeting please ask for:

Graham Hughes, Senior Democratic Services Officer
Telephone: 033301 34574
Email: democratic.services@essex.gov.uk

Essex County Council and Committees Information

All Council and Committee Meetings are held in public unless the business is exempt in accordance with the requirements of the Local Government Act 1972.

In accordance with the Local Authorities and Police and Crime Panels (Coronavirus) (Flexibility of Local Authority and Police and Crime Panel Meetings) (England and Wales) Regulations 2020, this meeting will be held via online video conferencing.

Members of the public will be able to view and listen to any items on the agenda unless the Committee has resolved to exclude the press and public from the meeting as a result of the likely disclosure of exempt information as defined by Schedule 12A to the Local Government Act 1972.

How to take part in/watch the meeting:

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Members of the public:

Online:

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democratic.services@essex.gov.uk by noon on the day before the meeting. Please note that your question must relate to an item on the agenda for the meeting.

Accessing Documents

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Please note that an audio recording may be made of the meeting – at the start of the meeting the Chairman will confirm if all or part of the meeting is being recorded.

		Pages
**	Private Pre-Meeting for PAF Members Only	
	Please note that Members are requested to join via Zoom at 9.15am for a pre-meeting.	
1	Membership, Apologies, Substitutions and Declarations of Interest	4 - 4
2	Minutes: 12 November 2020	5 - 9
	To approve as a correct record the minutes of the meeting held on 12 November 2020.	
3	Questions from the Public	
	A period of up to 15 minutes will be allowed for members of the public to ask questions or make representations on any item on the agenda for this meeting. No statement or question shall be longer than three minutes and speakers will be timed. If you would like to ask a question at the meeting, please email democratic.services@essex.gov.uk before 12 Noon on the working day before the meeting (Friday 4 December).	

4	Recommissioning of Emotional Wellbeing and Mental Health Services for children and young people	10 - 32
5	Children and Families Services - update	33 - 34
6	Work Programme	35 - 37
7	Date of Next Meeting	

To note that the next Committee meeting will be on Thursday 14 January 2021. It is expected that the meeting will be held online, via Zoom.

8 Urgent Business

To consider any matter which in the opinion of the Chairman should be considered in public by reason of special circumstances (to be specified) as a matter of urgency.

Exempt Items

(During consideration of these items the meeting is not likely to be open to the press and public)

The following items of business have not been published on the grounds that they involve the likely disclosure of exempt information falling within Part I of Schedule 12A of the Local Government Act 1972. Members are asked to consider whether or not the press and public should be excluded during the consideration of these items. If so it will be necessary for the meeting to pass a formal resolution:

That the press and public are excluded from the meeting during the consideration of the remaining items of business on the grounds that they involve the likely disclosure of exempt information falling within Schedule 12A to the Local Government Act 1972, the specific paragraph(s) of Schedule 12A engaged being set out in the report or appendix relating to that item of business.

9 Urgent Exempt Business

To consider in private any other matter which in the opinion of the Chairman should be considered by reason of special circumstances (to be specified) as a matter of urgency.

Agenda item 1

Committee: People and Families Policy and Scrutiny Committee

Enquiries to: Graham Hughes, Senior Democratic Services Officer

Membership, Apologies, Substitutions and Declarations of Interest

Recommendations:

To note

1. Membership as shown below
2. Apologies and substitutions
3. Declarations of interest to be made by Members in accordance with the Members' Code of Conduct

Membership

(Quorum: 4)

Councillor J Chandler	Chairman
Councillor J Baker	Vice-Chairman
Councillor J Deakin	
Councillor B Egan	Vice-Chairman
Councillor M Durham	
Councillor C Guglielmi	
Councillor M Hardware	
Councillor J Lumley	
Councillor P May	
Councillor R Pratt	
Councillor P Reid	
Councillor C Souter	
Councillor M Steptoe	
Councillor L Wagland	

Non-elected Members

Emma Rigler (representing primary school parent governors)

Refreshed nominations are being sought for educational representatives to be co-opted to serve on the Committee as independent non-voting members. These co-opted members may advise and vote on all matters relating to children's services in schools.

Two places are available for church Diocesan representatives. Two further places are available for parent governors at maintained schools in Essex (one primary and one secondary school). To date only one representative is in place as indicated above.

Minutes of the virtual meeting of the People and Families Policy and Scrutiny Committee, held at 10.15am by video conference on Thursday, 12 November 2020

Present:

County Councillors:

J Chandler (Chairman)
J Baker (Vice Chairman)
B Egan (Vice Chairman)
C Guglielmi
J Lumley
P May
R Pratt
J Reeves (substitute)
P Reid
C Souter
M Steptoe (items 1-4 only)
L Wagland

Sharon Westfield de Cortez from Healthwatch Essex, Joanna Boaler, Democratic Services Manager, Graham Hughes, Senior Democratic Services Officer and Gemma Bint, Democratic Services Officer, were also present throughout.

1. Membership, Apologies, Substitutions and Declarations of Interest

The report on Membership, Apologies, Substitutions and Declarations was received and noted. Apologies for absence had been received from Councillors Durham (for whom Councillor Reeves was substituting), Deakin, Hardware and Emma Rigler, Co-opted Member.

No declarations of interest were made.

Minutes

The draft minutes of the meeting held on 08 October 2020 were approved as a true record and signed by the Chairman.

3. Questions from the public

There were no questions from the public.

4. Essex Safeguarding Adults Board - Update

The Committee considered report PAF/23/20. The following joined the meeting to introduce the update and support the discussion:

Paul Bedwell, Board Manager Essex Safeguarding Adults Board (ESAB)
Fiona Davis, Director of Safeguarding and Quality Assurance (Adults)
Deborah Stuart-Angus, Independent Chair ESAB
Jane Foster-Taylor, Chief Nurse Thurrock CCG (Mental health commissioning lead across all Essex Clinical Commissioning Groups)

Contributors provided the Committee with an annual update on the work and priorities of the Essex Safeguarding Adults Board (ESAB), the update included:

- The structure of the ESAB
- The links with other partnership boards
- The ESAB Annual Report
- The ESAB Strategic Plan 2021-24
- The impact of Covid-19

During discussion the following was highlighted and/or noted:

- The new independent chairman had asked for a strategy and governance refresh upon taking up post and these were underway. It was acknowledged that connectivity with other boards was not as strong as could be and further work on that was required to prevent siloed working.
- Members queried how ESAB evidenced gaining assurance on an issue or concern citing hospital discharge as an example. In future this would be through a self-assessment framework with each partner asked questions and required to provide evidence. During 2019-20 the Board had held themes-based meetings which asked partners to share experience to triangulate evidence and whether concerns remained. There was a SAR underway which was looking at how agencies worked with hospitals on patient discharge.
- The Board had been assured that there were plans to increase capacity and reduce the backlog of deprivation of liberty safeguards assessments.
- The local Covid recovery framework involving statutory agencies and local councils was considered to have worked well. It was hoped that the closer working between health bodies and social care during the pandemic would help the further integration of care models in the future. Multi-disciplinary care home hubs had been developed during the pandemic which seemed to have worked well.
- It had been challenging in ensuring that care homes had sufficient PPE during the pandemic. This had been complicated by changes in government guidance, but the Board now had assurance that it was in place.

- Members highlighted the decrease in the number of domestic abuse referrals during the lockdown and queried whether more could have been done by the board and partners to highlight ways to refer and make the process easier and improve the number of 'safe places'. It was acknowledged that there had been some learning during the pandemic on this and would be reflected in an updated domestic abuse strategy.
- Possibly a more robust regime in reporting abuse in care homes may give a false inflated impression of the concentration of cases in an environment that actively encouraged the reporting of concerns. Reporting of abuse in the wider community may not be happening to the same extent.
- It was recognised that transition from children's services to adult services remained an issue. It was one of the strategic priorities of the board.

Conclusion:

Members requested further information to be circulated providing a breakdown of data on abuse at home – members were keen to see data for family members, and service (such as domiciliary care) providers. This data may be useful for an ongoing Task and Finish Group review of domiciliary care.

The Chairman thanked the contributors for their attendance and they then left the meeting.

The meeting adjourned at 11.52am and reconvened at 12 noon.

5. Adult Community Learning Update

The Committee considered report PAF/23/20 providing Members with a further update to reflect the new additional challenges arising from the Covid-19 pandemic.

Councillor Ray Gooding, Cabinet Member for Education and Skills and Katherine Burns, Adult Community Learning Principal joined the meeting to introduce the item and respond to questions. During the discussion the following was acknowledged, highlighted and/or noted:

- Recruitment for apprenticeships was back to the same level as it was this time last year.
- Most courses had been offered digitally. As a result of this, people were able to continue with their formal studies and 97% of those completed their accredited course.

- From September some courses had returned to face to face delivery with strict social distancing measures in place. These were particularly aimed at Adults with learning difficulties.
- Due to lockdown, it was acknowledged that the digital service offer had been successful and that it would be good to continue to develop the digital services in the future and continue to provide a programme of online courses.
- ACL had recently connected with the Meaningful Lives Matter team and it had also been agreed to bring Essex Cares Limited into strategy and planning conversations to ensure the work and joint aims aligned and was not being duplicated. Throughout lockdown adults with learning difficulties were contacted regularly to ensure they still felt connected and was receiving work.
- It was stressed that it was still intended to offer non accredited courses, courses aimed at those 'stepping back into' formal education, together with more formal qualifications.
- A concern was raised in regard to what courses there are for people who are on a lower income. It was noted that some courses were free. Those that wanted to do an accredited course could apply for the discretionary learner support fund and some courses were fully funded depending on qualifications. Members also highlighted that travel and parking costs could also be a financial challenge for some people.
- Work had been undertaken to collaborate more with libraries and look for opportunities to co-locate. Harlow town centre library was the first to co-locate with ACL moving into the current library space in the Harlow town centre.
- ACL had been added to the NHS' list of potential suppliers for training and had recently been given approval to provide three schemes. An increase of health-related courses was now being offered.
- The Family Learning team worked with schools to identify those that might need help with parenting skills and Family learning courses were designed to bolster people's confidence.

Conclusion:

It was agreed that the following further information should be circulated to members:

- (i) To provide the numbers in ACL employment.
- (ii) To provide a copy of the Fair Fee Policy.

The Chairman thanked the Cabinet member and Lead Officer for their update, and they left the meeting.

6. Domiciliary Care – Task and Finish Group

The Committee considered report PAF/25/20 and **agreed** to endorse the draft Scoping Document which would be used to frame the review of domiciliary care.

7. Work Programme

The Committee considered and noted report PAF/26/20 comprising the current work programme for the Committee.

8. Date of Next Meeting

It was noted that the next meeting was scheduled to be held on Monday 7 December 2020.

There being no further business the meeting closed at 1.07 pm.

Chairman

Recommissioning of Emotional Wellbeing and Mental Health Services for children and young people

Reference Number: PAF/27/20

Report title: Recommissioning of Emotional Wellbeing and Mental Health Services for children and young people	
Report to: People and Families Policy and Scrutiny Committee	
Report author: Graham Hughes, Senior Democratic Services Officer	
Date: 7 December 2020	For: Discussion and identifying any follow-up scrutiny actions
Enquiries to: Graham Hughes, Senior Democratic Services Officer at graham.hughes@essex.gov.uk.	
County Divisions affected: Not applicable	

1. Introduction

- 1.1 In January 2021 the Essex County Council Cabinet will consider recommissioning arrangements for Emotional Wellbeing and Mental Health Services for children and young people in Essex. This paper is the opportunity for the Committee to comment on the County Council's priorities and core requirements ahead of the Cabinet meeting.

2. Action required

To consider the update and identify any follow-up scrutiny actions

3. Background

- 3.1 Essex County Council (ECC) is one of ten partners who collaborate to jointly commission Emotional Wellbeing and Mental Health Services in Essex for children and young people. The current contract for these services expires on 31 March 2022 and work is underway to recommission the service.
- 3.2 Last month, the Scrutiny function was approached by officers to discuss the appetite for an appropriate scrutiny committee to be consulted on ECC's priorities for the re-commissioning of the service ahead of consideration by the Cabinet in January 2021.
- 3.3 In consultation with the Chairman of the Health Overview Policy and Scrutiny Committee (HOPSC), the PAF Chairman has requested that this item be brought to this committee to reflect the nature of the proposed discussion – namely, to look at future priorities for ECC and how the future service should link with Education and broader Childrens and Families Services at ECC. The discussion is not intended to look at current NHS performance under the contract (such as referral times, assessment and treatment) – scrutiny responsibility for overseeing NHS performance lies with the HOPSC. The HOPSC has held two sessions (September and December) with NHS service

Recommissioning of Emotional Wellbeing and Mental Health Services for children and young people

providers to discuss aspects around current NHS performance and how it is planning for, and responding to, the challenges of the pandemic.

- 3.4 The attached briefing details ECC's key priorities and core requirements for the new contract specification.

4. Update and Next Steps

See Appendices A and B for the update. Appendix B is a short power point Presentation which may be directly referred to on the day.

Contributors expected to support the discussion on the day are:

Christopher Martin - Director, Strategic Commissioning & Policy (Children and Families), ECC

Emily Oliver, Head of Strategic Commissioning and Policy, ECC

Sarah Garner, Associate Director, West Essex Clinical Commissioning Group (lead health commissioner)

5. List of Appendices

- A. Recommissioning of the Emotional Wellbeing and Mental Health Services for Children and Young People – Briefing for People and Families Scrutiny Committee – 7 December 2020
Authors: Emily Oliver, Head of Strategic Commissioning and Policy, ECC and Sarah Garner, Associate Director, West Essex CCG
- B. Power Point presentation - Procurement for Children & Young People's Emotional Wellbeing and Mental Health (CAMHS) Contract - Southend, Essex & Thurrock Children & Young Peoples Emotional Wellbeing & Mental Health Collaborative People and Families Scrutiny Committee – 7 December 2020

Recommissioning of the Emotional Wellbeing and Mental Health Services for Children and Young People
Briefing for People and Families Scrutiny Committee
7th December 2020

Enquiries to:

Emily Oliver, Head of Strategic Commissioning and Policy, ECC
Sarah Garner, Associate Director, West Essex CCG

Background

The present paper covers the recommissioning of emotional wellbeing and mental health services for children and young people in Greater Essex. The service is traditionally referred to as CAMHS (Child and Adolescent Mental Health Service), but the service in Essex is currently called the Emotional Wellbeing and Mental Health Service (EWMHS).

Children and Young People's Emotional Wellbeing Services in Greater Essex are commissioned collaboratively by ten partners. This includes the three Local Authorities in Southend, Essex and Thurrock (SET) and the seven clinical commissioning groups (CCGs) in Greater Essex. The lead commissioner for the service is, and will continue to be, West Essex CCG and the current contract and the future commissioning arrangements are overseen by the Collaborative Commissioning Forum (CCF), which draws in membership from across the ten partnership organisations. The current contract, which is at a value of £14.1m per annum (£1.9m of which is contributed by ECC) has recently been extended to run to the 31st March 2022. Work is underway to commission a new service, which it is intended will go live on the 1st February 2022.

Essex County Council has been a key partner in the collaborative commissioning of these services for five years. Following extensive analysis in the years preceding the launch of the current commissioned contract, design work was undertaken to develop and deliver a service with the objective of removing barriers between professionals and cross-service boundaries through the development of integrated care pathways and a seamless step-up and step-down from clinical services. Central to the service is a single point of access, which providers screening, directing and/ or signposting for all referrals, delivered by staff within a range of differing, but complementing skills and competencies. It also offers advice and guidance, consultation and support to those referring, including Education, Primary Care, Secondary Care, Social Care, the voluntary / independent sector, children and young people and their families. Since 2015, we have seen the collaborative approach address issues of equity, access, fragmentation, variability in outcomes and poor experience. Staff work across tier 2 (mental health services provided by professionals who specialised in mental health, such as counsellors) and tier 3 (specialist child and adolescent mental health services) levels of need to support children and young people, reducing the risk of leakage from the system and providing and better experience and outcomes for young people.

Requirements of Essex County Council

The re-commissioning of services considers and builds on the key successes identified through this way of working, plus seeking to further improve and develop according to the feedback received from a wide variety of stakeholders, including children, young people and families themselves. Commissioners have worked with staff within Essex County Council Social Care and Education teams, who in turn have engaged with the children and families with whom they work to develop a set of requirements that will ensure that the service works as well as possible for Essex residents.

It has been unanimously agreed with internal stakeholders that Essex County Council should remain in a collaborative arrangement with the CCGs and Unitary Authorities. This puts ECC in a unique position to mobilise with the whole system, working with Family Solutions, Children's Social Care, Education and Commissioned Services and provides better connections with schools, the community and voluntary sector, District Councils, Police and the wider community.

The key priorities for Essex County Council as agreed with the Collaborative Commissioning Forum are that the new service:

- Must emphasise outcomes for children, young people and their families
- Improved outreach and inclusion, removing perceived barriers and prejudices if children and young people need to access support
- Must ensure access to services for the most vulnerable cohorts
- Must ensure good access to more intensive provision where appropriate
- Must ensure high, continuing levels of collaboration across the system
- Must include Approved Mental Health Practitioners as part of the contract

These priorities have been developed into a set of core requirements, which are being met within the next specification as follows:

Core Requirement	Specification Response
Safeguarding concerns to be resolved	An integrated service that works in partnership and in collaboration with partner agencies to safeguard children and young people, with a comprehensive safeguarding approach, training and response
Whole family approach to be enhanced	The service will work in collaboration with families/carers during assessment, care and discharge planning where appropriate
Increase focus on wider socio-economic issues	Care planning is done in conjunction with schools and colleges, so children and young people do not lose out on their education, training or employment
ECC to have a stronger voice over expectations	The partners aim to create a new environment of collaboration between health and social care organisations to improve services for the local population. Whilst this contracted service will be for health services, there is a clear requirement for partnership working with our social care and education teams
More flexibility and localism in the service	CCG locality-based services - the CAMHS Service will be delivered by teams working within the localities of North East Essex, Mid Essex, and West Essex, Southend, Castle Point and Rochford, Basildon and Brentwood and Thurrock
More early intervention and Tier 2	The Early mental health support will provide information, advice and consultation to the wider children's workforce, parents and young people as part of the early mental health support offer. Empower the child and parent to support mental health requirements, improving resilience and being better able to support mental health needs in the future.
Mental Health to be 'everyone's business'	Consultation, advice, support and training to the full range of Providers delivering children and young people's services

Approved Mental Health Practitioner to be included in the contract	Provision for staff working within this contract to be trained as AMHP and included on the AMHP rota.
Spending to remain within SET boundaries	An integrated responsive and evidence-based Tier 2 and Tier 3 Emotional Wellbeing and Mental Health Service across Southend, Essex and Thurrock to all children and young people aged from 0 until their 18th birthday, or 25th birthday for service users with SEND

What has worked well?

There are a number of areas that have worked well that will be carried forwards in this re-procurement.

- A single service provider and unified service model – the Emotional Wellbeing and Mental Health Service (EWMHS) for CYP across SET
- Integrated Tier2/Tier3 specialist Mental Health services - a departure from the traditional CAMHS tiered specialist service provision
- We have strengthened the role in education and the Education Director for Essex County Council is a member of the collaborative commissioning forum
- Service provision for CYP from 0 until their 18th birthday, or 25th birthday for those service users with Special Educational Needs (SEN) and/or disabilities, including those with Education Health and Care (EHC) plans, and who require longer term mental health support.
- A ‘hub and spoke’ delivery model with generic EWMHS teams based in each of the seven CCG localities enabling a flexible response tailored to local needs
- One Single Point of Access (SPA) for all EWMH service areas
- Prompt assessment of needs with access to appropriate evidence-based treatment substances
- Appropriate provision for young offenders and for CYP misusing substances
- Signposting to alternative universal and community services provision for support where a EWMHS intervention is not required
- Consultation, support, advice, and training to the wider system
- Crisis Intensive Support Service (ISS), providing prompt, flexible and intensive response for those young people who are at risk and with high levels of mental health need.
- CYP Specialist Community Eating Disorder Service (CYPEDS) offering evidence-based, high-quality care and support as soon as possible to ensure improved recovery rates, fewer relapses and reduced need for inpatient admissions.
- Emotional Wellbeing and Mental Health Service for CYP with Learning Disabilities and Difficulties (EWMHS/LD), providing a specialist multi-disciplinary community mental health service for children between 5 and their 18th birthday who have a full statement of Special Educational Needs and who have a severe to profound learning disability with additional mental health problems.

Commissioning for the Future

As we develop the new service, the partners aim to create a new environment of collaboration between health and social care organisations to improve services for the local population. The partnership wants to ensure that the population’s health and experience of emotional wellbeing and mental health care services continues to improve. The collaborative agreement between the ten partners to the current arrangement will be maintained, enabling us to make faster progress in transforming the way care is delivered, making tangible progress for the delivery of services,

strengthening and improving mental health provision. An integrated pathway approach across health, social care, education and the voluntary and independent sector will respond to the varying emotional wellbeing and mental health needs of children and young people.

The COVID-19 Pandemic

Commissioners are aware of the significant impact that COVID-19 has had for all residents of Essex, particularly in regard to the strain this has placed on mental health. Although the specification for the new EWMHS contract is in the final stages of completion, there is scope and flexibility to meet any increased demand and flex the operating model to assess and support children, families and other professionals in a virtual way if this remains necessary.

The emerging data is suggesting that there will be a cohort of children and young people who experience trauma as a result of the pandemic. The new service is well placed to meet this need, with trauma informed supported embedded as part of the early mental health support offer and specific interventions for post-traumatic stress disorder (PTSD). The service will act as a single point of access for all children and young people who have experienced trauma and have a presenting mental health condition. There will be close liaison with other delivery partners to ensure that the best response is being provided for the child and family and that they are supported in a holistic way.

The new service will provide a comprehensive offer to schools, building on the current contract. There will be a designated contact point for each school and college, with education, advice and guidance provided to school staff and school nurses in secondary schools. There is a fundamental focus on ensuring that the service takes a strategic lead in supporting education and other universal services to build capacity through education and training so they feel enabled and confident in supporting children and young people when they first experience mental health difficulties.

Procurement for Children & Young People's Emotional Wellbeing and Mental Health (CAMHS) Contract

Southend, Essex & Thurrock Children & Young Peoples
Emotional Wellbeing & Mental Health Collaborative

**People and Families Scrutiny Committee
7th December 2020**

Overview

- Children and Young People's Emotional Wellbeing Services in Greater Essex are commissioned collaboratively by ten partners – the three Local Authorities in Southend, Essex and Thurrock and the seven Greater Essex CCGs
- West Essex CCG is the Lead Commissioner and the commissioning is overseen by the Collaborative Commissioning Forum
- The current contract value is £14.1m per annum, of which ECC contributes £1.9m
- Work is underway to commission a new service from 1st February 2022

Stakeholder Engagement

- Engagement commenced in late 2018 and has included both internal and external consultation
- Within ECC, operational colleagues from both children's social care and education have taken a key role in a range of forums, including a specific education group
- These forums fed into five key groups, all of which included ECC representation

Specification Group

Wider stakeholder
Engagement

Clinical Reference
Group inc. social
work

Finance Group

Education Group

ECC Social Care and Education

Via these forums, ECC stakeholders agreed the following ‘requirements’ for the new service:

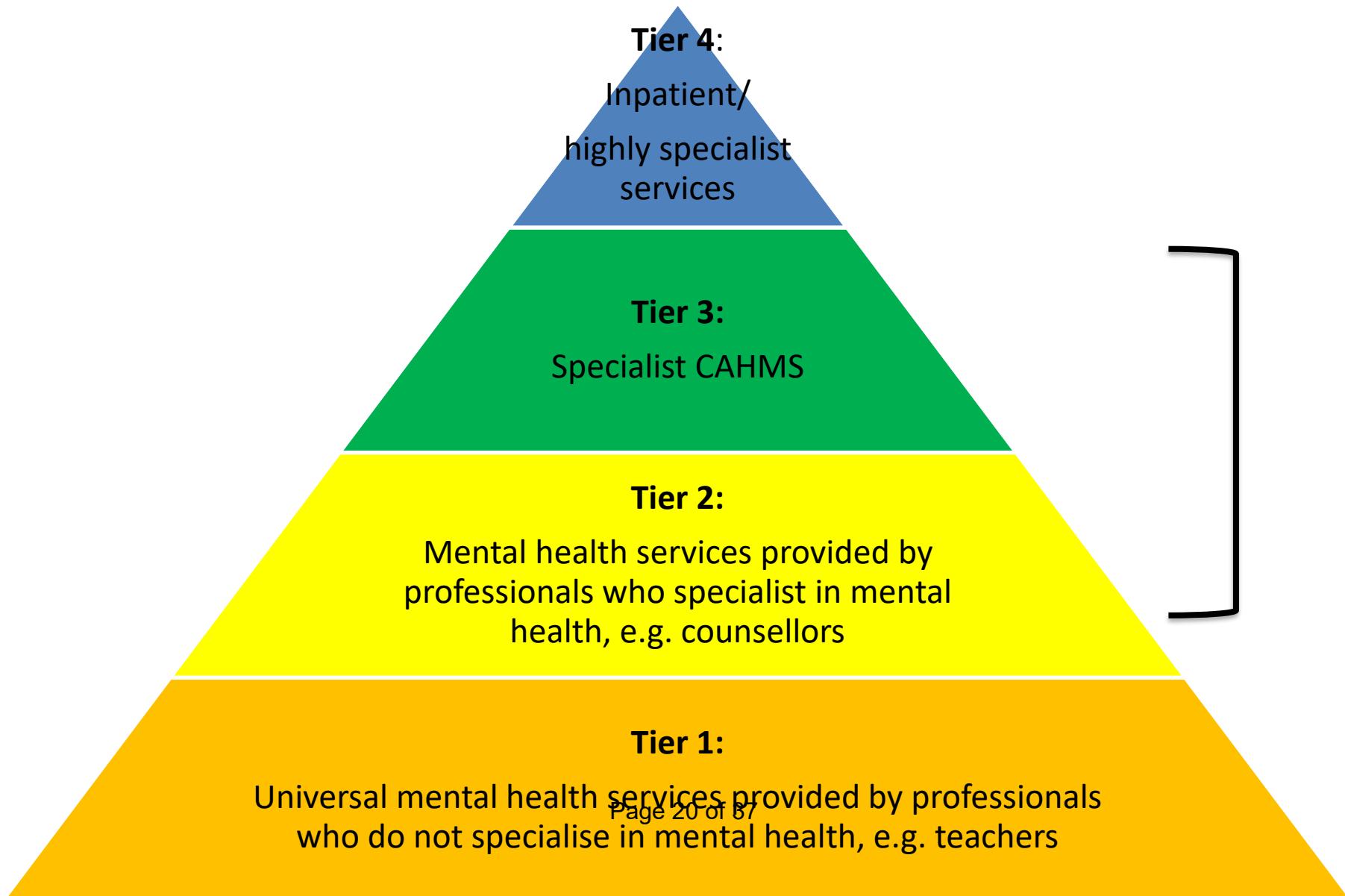
Collaborative Commissioning

ECC to remain in a collaborative (CCF) arrangement with the CCGs and UAs. This puts is in a unique position to mobilise the whole system (Family Solutions, Children’s Social Care, Education, Commissioned Services) and provides better connections with schools, the CVS, District Councils, Police and the wider community.

Headlines for New Service requirements

- Must emphasise outcomes for children, young people and their families
- Improved outreach and inclusion, removing perceived barriers and prejudices if children and young people need to access support
- Must ensure access to services for the most vulnerable cohorts
- Must ensure access to more intensive provision where appropriate
- Must ensure good transition between children’s and adult MH services
- Must ensure high, continuing levels of collaboration across the system
- Must include the provision of Approved Mental Health Practitioners (AMHP’s) as part of the contract

What will this contract cover?

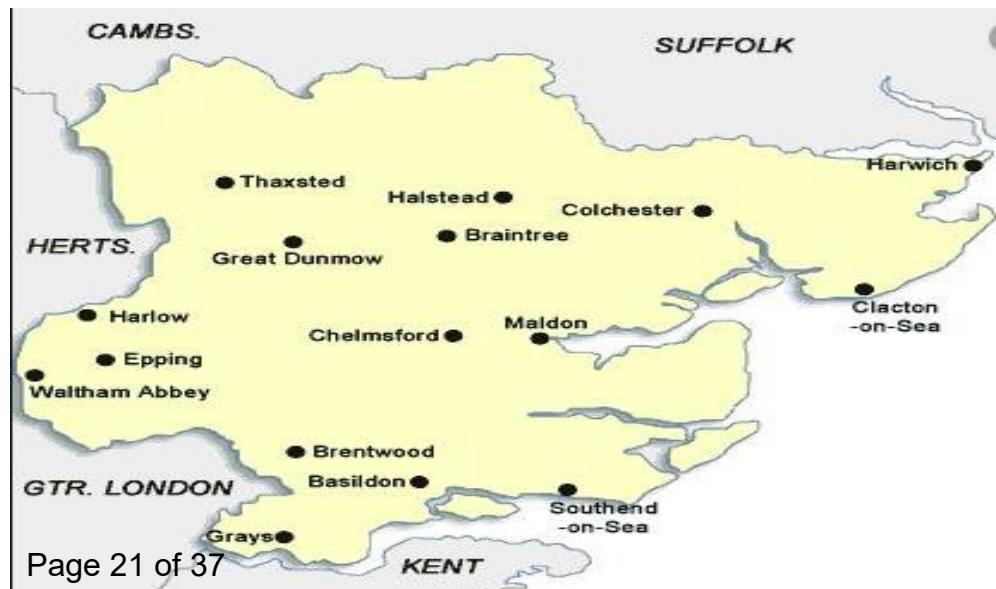


Current Service

It is not anticipated that the current service offering will be changed, we are very much anticipated building upon the service provision that we have and ensuring that the new service is responsive and able to change over time in line with trends and service provision requirements.

The current provision is
x7 Community Hub Teams
x3 Intensive Support Teams
(crisis teams)
X1 Eating Disorder Service
X1 Learning Disability Service
X1 Single point of access (SPA) service
X1 out of hours service (out of hours SPA)

Current hub locations



Expansion of the current service

- An integrated responsive and enhanced Tier 2 and Tier 3 Emotional Wellbeing and Mental Health Service across Southend, Essex and Thurrock
- Paediatric liaison and joint assessments where appropriate
- Consultation, advice, support and training to the full range of Providers delivering children and young people's services
- A crisis intervention and home based treatment service which aims to prevent hospital admission for those children and young people
- Equitable service provision for those children and young people from the more vulnerable groups, prioritised based on their clinical presentation
- To improve access and outcomes and prevent breakdown of placements i.e. children in care, children looked after (where possible)
- To provide Assessment and treatment compliant with national and local standards for Children/Young People Misusing Substances and gambling addiction through partnership working



24/7 urgent mental health helpline

- Advice and support for children and young people, parents and carers, and other professionals including schools and GPs
- Help to speak to a mental health professional
- An assessment to help decide on the best course of care

Home treatment team

- Provide a short term intensive intervention to prevent deterioration will avoid the need for inpatient care
- Provide home assessment, treatment, intervention and/or support as an alternative to hospital admission.
- Provide support to the care co-ordination function of the generic CAMHS teams to ensure appropriate service access and management of acute relapse.
- Provide short-term interventions and management of a young person's care during the period of acute relapse, including signposting to other services or other support services.
- Continue until the crisis has been resolved.

Early Mental Health support

The Early mental health support will provide information, advice and consultation to the wider children's workforce, parents and young people as part of the early mental health support offer. Empower the child and parent to support mental health requirements, improving resilience and being better able to support mental health needs in the future.

For those who need a targeted intervention, a range of evidenced based interventions will be offered. These will include, but not limited to:

- Cognitive Behavioural Therapy (CBT)
- CYP IAPT with direct referrals from GP, social care etc
- Brief Solution focussed Therapy
- Problem solving techniques
- Family work – e.g family conferencing, family based interventions
- Social prescribing model referral, personal health budgets
- Help and support for Young carers
- children on the edge in care, children in care, care leavers, young carers and children who have been adopted
- Coaching programmes for parents – e.g Triple P
- Positive behaviour support/trauma informed support

The length and number of the interventions will be based on an evidenced approach and best practice and will not be limited to a set number of sessions where the clinical indication is that an individual would benefit from further input



Specialist Mental Health Support

The service will see, assess and treat as appropriate children and young people where there are concerns around the following mental health problems:

- Emotional and behavioural disorders (moderate to severe)
- Conduct disorder and oppositional defiant disorder
- Eating disorders
- Self-harm
- Suicidal ideation
- Dual diagnosis – including comorbid drug and alcohol use, the service would be expected to work in conjunction with substance misuse providers; gambling addiction
- Attachment disorders
- Post-traumatic stress disorders and trauma (lower level- specialist provision referral via NHSE)
- Significant mental health problems where there is comorbidity with mild/moderate learning disabilities or comorbid physical and mental health problems
- Mood disorders
- Anxiety disorders
- Psychotic illness (Young people with first symptoms of psychosis will be referred to the Early Intervention in Psychosis Service, this would require joint partnership working and shared care protocols)
- Obsessive Compulsive Disorder (lower level, referral to specialist provision will be via NHSE)
- Neurodevelopmental disorders ASD, ADHD, will be seen by the service provided there were co-morbid mental health needs identified
- Agreed approach to those who have tics or tourettes with an associated mental health disorder will need to be in place between the provider and the Community Paeds provider (which will vary across Essex)



Eating Disorders

NICE-concordant assessment and treatment

improve links and shared protocols with paediatrics

reduce barriers to early intervention (freed)

clinical intervention processes in place for monitoring bloods and ECG's

Provide education to other professionals where required

expected to work to new and emerging policy guidance & new care models which relates to and links with Eating Disorder

CAMHS LD with MH Team/CAMHS ASD with mental health

- To promote positive mental health and provide care and support to children and their families in the most appropriate setting, (e.g. client's home, school, health centre etc.).
- To provide a flexible, multi-disciplinary, community based service with easy access to a range of professional skills and treatment.
- To provide consultation and support to other agencies and professionals working in the field of child health and welfare, who may have contact with children with a learning disability or ASD and their families.
- To provide a service which demonstrates a holistic and integrated approach, working in a multi-agency model, taking into account social, education, housing, relationship and health needs.
- To develop pathways for smooth transition between specialist EWMHS and Tier 4 in conjunction with TCP



Offer to Local Authorities

Joint working

The service will adhere to the Care Programme Approach (CPA) and allocate care co-coordinators who will co-ordinate the assessment, care planning, reviews and discharge planning

CAMHS will have joint meetings with the relevant LA Childrens Services to discuss complex cases

Step down/up

Discussion will include step up or down for individual children and young people (where appropriate)

The two services will have regular contact to discuss who will be best placed to offer an intervention and joint assessment and treatment (where appropriate)
Page 28 of 37

AMHP

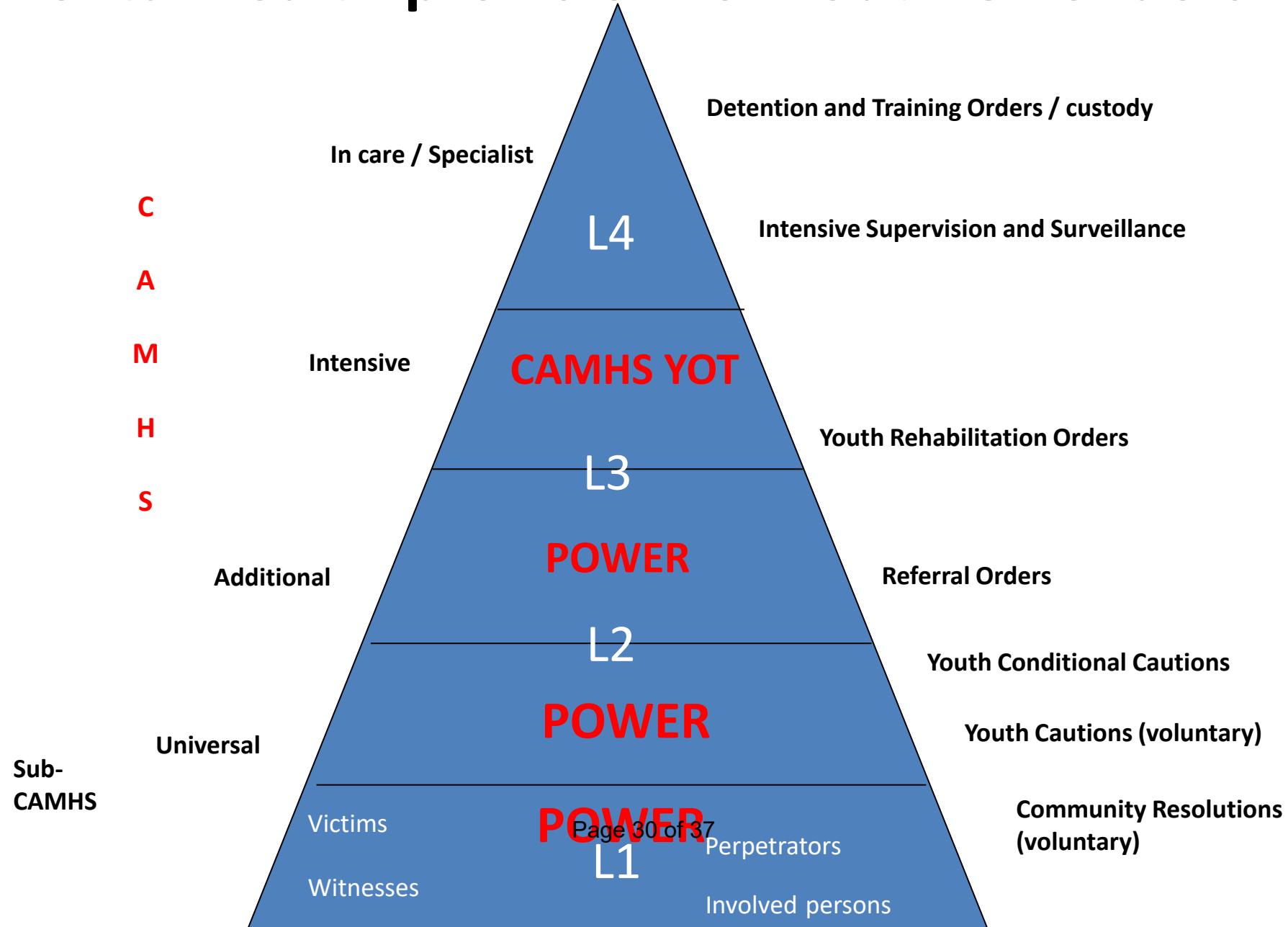
Inclusion on the AMHP Rota

Manage Community Treatment Orders (CTOs),

Offer to Education



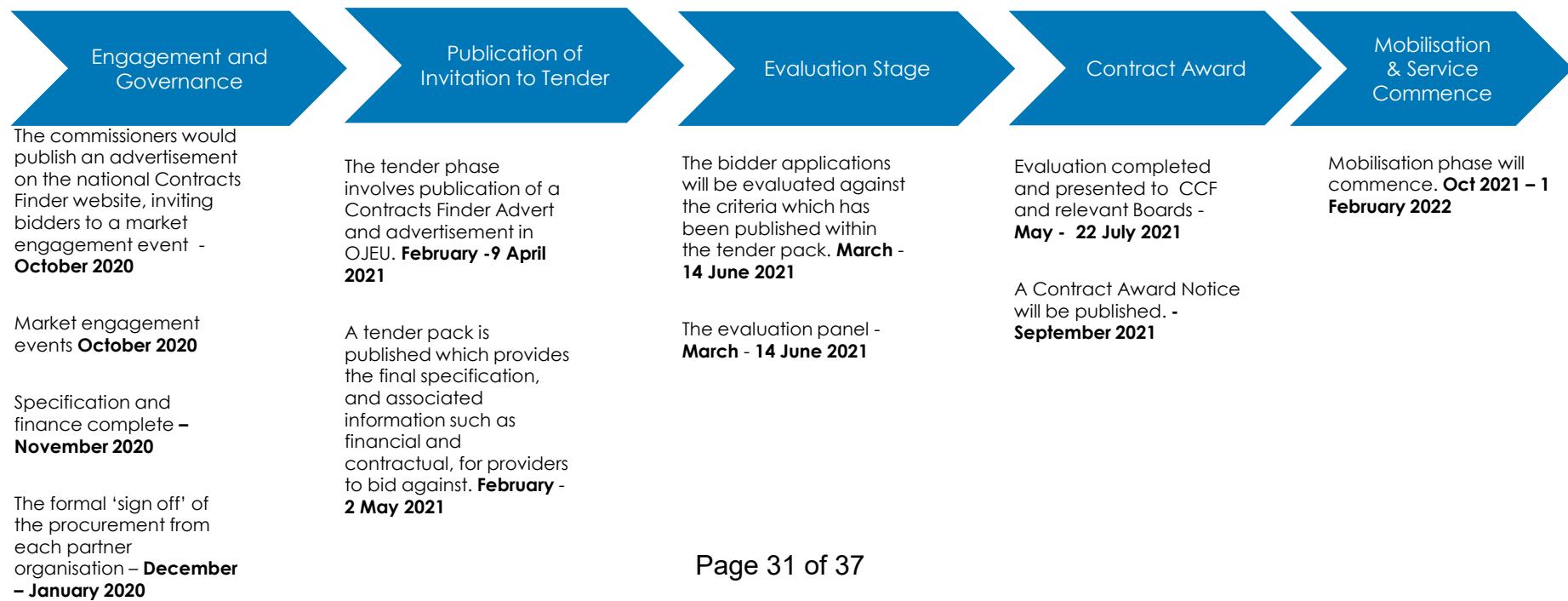
Mental health provision for Youth Offenders



Procurement Timeline

The collaborative elements of the procurement process have also included comprehensive engagement with parent/carers, internal engagement events with each partner lead by each commissioner, Children in care or on the edge of care and young people with mental health issues

There have also been professional engagement with education, clinical leads, finance directors and commissioners from each organisation, these have been lead through the procurement sub groups.



Questions to Committee Members

- Do Members have any questions or want any additional information about what has been presented today?
- How can officers keep you informed on our progress? And what is the best way to do this?

Children and Families Services - update

Reference Number: PAF/28/20

Report title: Children and Families Services - update	
Report to: People and Families Policy and Scrutiny Committee	
Report author: Graham Hughes, Senior Democratic Services Officer	
Date: 7 December 2020	For: Discussion and identifying any follow-up scrutiny actions
Enquiries to: Graham Hughes, Senior Democratic Services Officer at graham.hughes@essex.gov.uk.	
County Divisions affected: Not applicable	

1. Introduction

- 1.1 The Chairman has requested a broad update on Children's and Families services and projects and to highlight challenges as a result of the pandemic.

2. Action Required

To consider the update and identify any follow-up scrutiny actions

3. Background

- 3.1 The Chairman has requested a broad update on Children's and Families services and projects and challenges as a result of the pandemic.
- 3.2 The Committee has previously highlighted issues raised by parents and carers using respite services for children and young people. The Committee have had three separate discussions and updates on this issue with the most recent being on 18 June 2020 with a link to meeting papers here - [PAF 18 June 2020 meeting papers](#) and a link to the minutes of that meeting here - [PAF 18 June 2020 minutes](#). The Chairman has agreed that a further update on this issue can be incorporated into this broader Children and Families update.
- 3.3 This broad update will also include reference to the Essex Child and Family Wellbeing Service. The last time this was specifically discussed by the Committee was on 27 June 2019. A link to the meeting papers is here [PAF 27 June 2019 meeting papers](#) and a link to the minutes of that meeting is here [PAF minutes 27 June 2019](#)
- 3.4 The pandemic has presented further challenges to Children and Families services and the Chairman and Vice Chairmen have asked that the update also comments on how the pandemic has impacted on the provision of services and how ECC has responded to it, particularly in relation to vulnerable people.

Children and Families Services - update

4. Update and Next Steps

- 4.1 Councillor Louise McKinlay, Cabinet Member – Children and Families, will be in attendance for this item.
- 4.2 See Appendix A for the update.
- 4.3 Next Steps are as in Action Required above

5. List of Appendices

Update from Councillor McKinlay [paper to follow]

Work Programme

Reference Number: PAF/29/20

Report title: Work Programme	
Report to: People and Families Policy and Scrutiny Committee	
Report author: Graham Hughes, Senior Democratic Services Officer	
Date: 7 December 2020	For: Discussion and identifying any follow-up scrutiny actions
Enquiries to: Graham Hughes, Senior Democratic Services Officer at graham.hughes@essex.gov.uk.	
County Divisions affected: Not applicable	

1. Introduction

- 1.1 The current work programme for the Committee is attached.

2. Action required

- 2.1 The Committee is asked:

- (i) to consider this report and work programme in the Appendix and any further development or amendments;
- (ii) to discuss further suggestions for briefings/scrutiny work, mindful of the comments made under 3.2 below.

3. Background

3.1 Briefings and training

Further briefings and discussion days will continue to be scheduled on an ongoing basis as identified and required.

3.2 Formal committee activity

The current work programme continues to be a live document, developed as a result of work planning sessions and subsequent ongoing discussions between the Chairman and Lead Members, and within full committee. Since the last meeting, and mindful of the limited time prior to the County Council elections next year, the Chairman and Vice Chairmen have reviewed the remaining items to be scheduled prior to the start of the pre-election period next March.

3.3 Task and Finish Group activity

A Task and Finish Group review of domiciliary care has started and is scheduled to complete early in 2021.

Cont....

Work Programme

3.4 Chairman and Vice Chairmen meetings

The Chairman and Vice Chairmen meet monthly in between scheduled meetings of the Committee to discuss work planning and meet officers as part of preparation for future items. The Chairman and Vice Chairmen also meet the Cabinet Members for Education, Children & Families, and Health and Adult Social Care on a regular basis.

4. Update and Next Steps

See Appendix.

5. List of Appendices –

Work Programme overleaf.

People and Families Policy and Scrutiny Committee: 7 December 2020

2020/21 Work Programme (dates subject to change and some issues may be subject to further investigation, scoping and evaluation)

Date/timing	Issue/Topic	Focus/other comments	Approach
Items identified for formal scrutiny in full committee			
7 December 2020	Emotional Wellbeing and Mental Health	Preparing for the re-procurement of the service by the multi-agency commissioning forum	Review ahead of paper going to Cabinet in January 2021. Lead Officers to be present
7 December 2020	Children and Families services	Broad update on: (i) pandemic response; (ii) Essex Child & Family Wellbeing Service; (iii) children's respite services.	Cabinet Member invited to attend
14 January 2021 (provisional)	Special Educational Needs – Care Quality Commission/Ofsted Inspection – <i>further follow up</i>	To be updated on the multi-agency action plan and improvement actions being taken	Cabinet Member, Lead Officers and Health representatives to be present.
14 January 2021 (provisional)	Drug Gangs, knife crime and county lines - <i>follow up</i>	A Task and Finish Group report was endorsed by the Committee in September 2020	To follow up on the recommendations in the final report of the Group.
14 January 2021 (provisional)	Deprivation of Liberty Safeguards – <i>follow up</i>	Update on progress to reduce number of outstanding assessments.	Lead Officers to attend
11 February 2021	Meaningful Lives Matter Programme	Update on refocussing of work as a result of learning from the pandemic	Lead Officers to attend
11 February 2021 (provisional)	Domiciliary Care Task and Finish Group – final report	To consider the conclusions of the Group and any suggested actions	Cabinet Member and Lead Officers to attend

Task and Finish Group review

October – January 2021	Domiciliary care	Accessibility, monitoring of performance and service quality, capacity, technological options, and adequacy of discharge planning processes	Review underway.
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Further issues that may need scheduling

TBC	Education portfolio – further updates	1. opportunity to review any further updated Essex County Council submission to the House of Commons Education Select Committee on elective home education. 2. Assessing Educational Attainment during a pandemic	TBC
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