

APPENDIX B
Essex Safeguarding Adult Board

**Briefing Pack for People and Family Scrutiny
Committee - November 2020**



**Essex Safeguarding
Adults Board**

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Introduction

The Essex Safeguarding Adult Board

The Essex Safeguarding Adults Board (ESAB) is a statutory strategic partnership, working together to prevent both the risks and experience of abuse or neglect, for people with care and support needs. Its function is to:

- provide strategic oversight of safeguarding activity in Essex
- fulfil the statutory functions outlined in the Care Act 2014 and the related guidance
- help to protect the right of the people who live in Essex, to live a life free from harm, abuse and neglect.

Safeguarding Partnership Boards

ESAB is one of three partnership boards that operate in Essex covering different elements of safeguarding in the County:

- Essex Safeguarding Adults Board
- SET Domestic Abuse Board (also operates across Southend and Thurrock)
- Essex Safeguarding Children Board

Although the governance arrangements for the three Boards are different for example:

- ESAB is the only Board with a statutory framework
- ESCB no longer have an Independent Chair with decision making responsibilities but have appointed a Chair/Facilitator
- The SET Domestic Abuse Board operates across Southend, Essex and Thurrock

The three boards work closely together to share priorities, work jointly and reduce duplication, for example:

- The three Boards share a learning and development sub-committee
- The three Boards ran joint learning from reviews event during 2019/20
- The Board Business managers meet monthly to facilitate this joined up approach
- ESAB and the SET Domestic Abuse Board have completed joint reviews where a case meets the statutory criteria for both a safeguarding adult review and a domestic Homicide Review

ESAB Independent chair

From January 2020, ESAB has been chaired by Independent Chair, Deborah Stuart-Angus. The Board is supported by a full time Board Manager, a Safeguarding Adult Review Officer and Business Support Officer and part time Senior Communications Officer and Practice Development Officer.

Annual Report 2019-20

ESAB has recently published its Annual Report for 2019/20 ([Appendix 1](#)). The report details:

- the Board's impact and how it has challenged its partners
- how the Board has met adult safeguarding strategic priorities from April 2019 until March 2020, and what members have achieved
- the Board's structure and the activity completed through its Sub-Committees
- the findings of Safeguarding Adult Reviews, which have concluded in the reporting year; implementation of lessons learned and any ongoing Reviews
- the Board's income and expenditure
- our next steps for building the Board's strategic priorities for 2021-24.

Strategic Plan 2021-24

ESAB is currently working on its strategic plan for 2021-24. At its meeting on 21 October the Board agreed its Vision, Mission, Priorities and Objectives ([Appendix 2](#)). These are currently being built into a Business plan that will deliver the strategy With a focus on partnership priorities. It is expected that it will be approved by the Board in January.

Covid 19

Inevitably COVID-19 impacted on the delivery of a number of ESAB development projects as partners focussed operational delivery. It was agreed by the Executive committee that development work in relation a number of projects would pause during lockdown but are now back to business as usual including the delivery of Safeguarding Adult Reviews.

All ESAB business (including training) continued virtually including some meetings occurring more frequently where it is found to be helpful during the COVID period including:

- Southend, Essex and Thurrock Executive COVID meetings – initially fortnightly but now monthly
- Safeguarding Leads meetings – monthly but have reverted to quarterly for future meetings
- Regional and National Board Managers meetings have also increased in frequency during the period to stay abreast of developments. A regional independent chair's network has also been developed during the period and is being facilitated by the ESAB team and chaired by Deborah Stuart-Angus.

Supporting Care Providers through the pandemic

The Care Home Hubs were set up early in the Pandemic to ensure that local health and social care systems had oversight of the safety and wellbeing of people living in care homes. The Hubs operate in all CCG areas and each Hub meets 5 days a week. This collaboration of ECC, Public Health and NHS & CQC colleagues serves to track any Covid 19 outbreaks and ensure that homes have the right amount of support and advice around outbreak control, testing, Personal Protective Equipment,

Infection Prevention & Control, End of life care, completing the NHS tracker, addressing safety and quality concerns, business continuity and overall ensuring the safety and wellbeing of residents.

There has been a strong emphasis on training care home staff to equip them with the necessary skills through the Pandemic particularly around Infection, Prevention & control and Personal Protective Equipment. Baseline observation training is taking place and the continued rollout of equipment and training to enable care homes to detect infection early, thermometers, blood pressure cuffs and oximeters and other digital solutions which also reduce the need for clinical interventions. There has been a rollout and further plans for self-care and recovery work with care homes to help address the extreme challenges faced by care home managers and staff and help build emotional resilience. We are sending bulletins to the care homes 3x weekly to ensure they are kept up to speed with any changes in guidance and further training and support offers.

Domestic Abuse during Covid

Domestic Abuse is the responsibility of The Southend, Essex and Thurrock Domestic Abuse Board (chaired by Jane Gardner, Deputy Police Fire and Crime Commissioner) who have closely monitored the impact of Covid-19 on our DA services since the start of the pandemic. Our Covid-19 Response Plan was in place by the end of March 2020 and was monitored on a fortnightly basis by the Board until it was agreed BAU was in place in terms of service demand by June 2020. Our Response Plan monitored the impact of Covid-19 on areas such as our SETDAB communication activity to promote the availability of DA services, MARAC referral numbers, demand on our domestic abuse services (victim and perpetrator service), access to housing, policing demand, impact on courts and regional/national issues.

At the start of the national lockdown in March there was a dip in demand for DA services that was seen by all services. Despite national agencies reporting higher volumes, all of our regional partners reported the same local picture to us. DA refuge services remained busy as, due to the initial rules, moves from refuge were put on hold, therefore demand for refuge remained high due to lack of national availability, partners worked closely with refuge providers to help source PPE and ensure the services were able to continue to operate safely and housing moves resumed from June 2020. DA community services maintained contact with service users longer than usual by not closing cases during the lockdown to ensure that service users could continue to be supported through that difficult period. By May referrals into DA services were back to usual volumes and by July this was at the high end of usual volumes of work; DA services have benefitted from Government grants (passed via the OPFCC) during Covid-19 to specifically ensure they were able to meet demand across the county. The demand for services has remained within expected parameters since then and this continues to be closely monitored by DA commissioners and the DA Board.

DRAFT



**Essex Safeguarding
Adults Board**

THE ESSEX SAFEGUARDING ADULTS BOARD ANNUAL REPORT

2019-2020

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Independent Chair Summary

It gives me great pleasure to present the Annual Report of the Essex Safeguarding Adults Board (ESAB) for 2019-20. It shares a summary of the wide range of work carried out in Essex, in order to effectively safeguard people, with care and support needs, who may or have been, at risk of abuse and or neglect.

In December 2019, it gave me great pride, to be appointed as the Independent Chair for ESAB, and I would like to thank my predecessor, Phil Picton, who chaired ESAB for most of the period covered by this report. I have inherited a strong safeguarding board, with evident commitment and purpose, and it is well placed to meet its statutory functions, and to continue making Essex a safer place.

I am continuously in debt to our Board Members and Partners, who deliver adult safeguarding work with dedication and vigour and you will note, that our Annual Report describes a very successful year for ESAB, featuring highlights such as: the delivery of a successful campaign during National Safeguarding Adults Awareness week; accessing the views of 2400 staff in relation to safeguarding activity and knowledge; the completion of two Safeguarding Adult Reviews and sharing learning from lessons learned; the delivery of a learning and development programme of core training to enable Designated Safeguarding Adult Leads and completion of a joint project with Healthwatch Essex, to share the "lived experience" of safeguarding with professionals.

By January 2020 we had started on a new journey, and established our shared safeguarding partner priorities, aiming to develop our Board, by building connectivity and governance structures, improving accountability, lawful compliance, systems oversight and assurance. This will set the foundation for our future strength and enable our Safeguarding Adult Strategy for 2021-2024 to form well. We will set clear and achievable objectives, we will challenge each other and we will set out clear business planning.

As the year ends; we are beginning to experience the unique and unprecedented challenges that the COVID-19 pandemic is placing on our partners. I have pro-actively and regularly sought assurance that safeguarding adults at risk, continues to remain high on the agenda of all our partners and we are working to ensure that we as a Board support them through this period.

Finally, I would like to thank the ESAB support team for their continued commitment and support, who continuously help to deliver our plans.

A handwritten signature in blue ink, which appears to read 'Deborah Stuart-Angus'.

Deborah Stuart-Angus
Independent Chair of Essex Safeguarding Adults

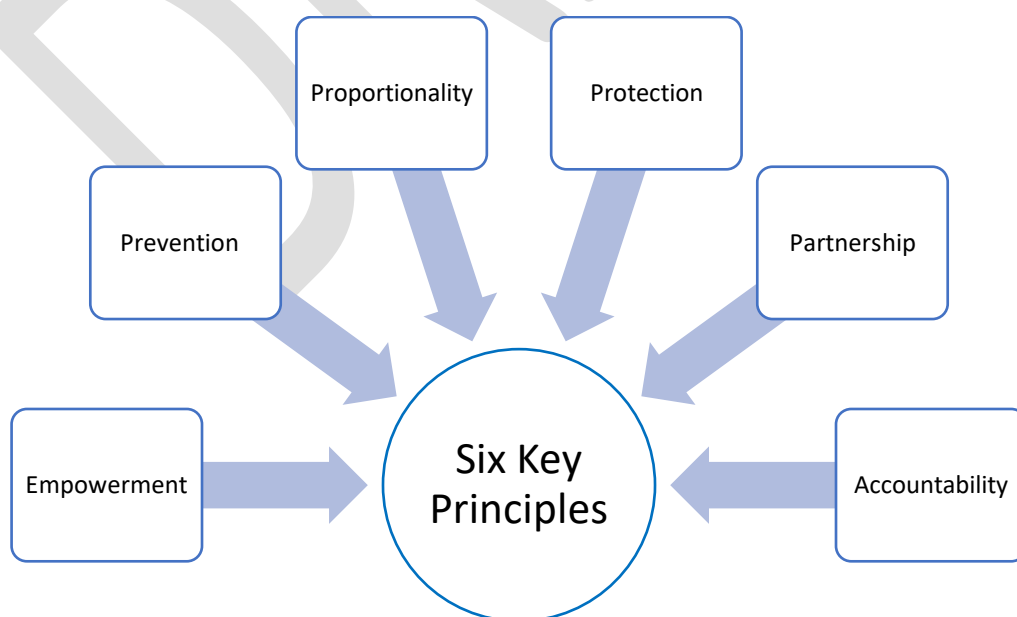
What is the role of the Essex Safeguarding Adults Board?

ESAB ANNUAL REPORT 2019-2020

The Essex Safeguarding Adults Board (ESAB) is a statutory partnership, working together to prevent both the risks and experience of abuse or neglect, for people with care and support needs. It is important to note that the Board is not involved in operational practice and its function is to:

- provide strategic oversight of safeguarding activity in Essex
- fulfil the statutory functions outlined in the Care Act 2014 and the related Guidance
- help to protect the right of the people who live in Essex, to live a life free from harm, abuse and neglect.

The ESAB supports adults at risk to have choice and control over their lives by following and endorsing the six safeguarding principles outlined in the Care Act 2014, Care and Support Guidance¹, which are:



¹ <https://www.gov.uk/government/publications/care-act-statutory-guidance/care-and-support-statutory-guidance>

ESAB has three core duties, and must:

- develop and publish a strategic plan setting out our priorities, and how we will meet our objectives
- publish an annual report detailing how effective work has been
- commission Safeguarding Adult Reviews (SARs) for any cases which meet lawful criteria.

Our key responsibilities are to:

- provide strategic direction for safeguarding adults at risk across our partnership
- develop and review multi-agency adult safeguarding policy, procedures and guidance
- monitor and review the implementation and impact of both strategy and policy
- promote and deploy multi-agency adult safeguarding training
- undertake Safeguarding Adult Reviews, share the lessons learned from their outcomes and develop appropriate action plans for improvement
- hold partners to account and gain assurance of effectiveness of safeguarding arrangements.

From January 2020, ESAB has been chaired by Independent Chair, Deborah Stuart-Angus. The Board is supported by a full time Board Manager, a Safeguarding Adult Review Officer and Business Support Officer and part time Senior Communications Officer and Practice Development Officer.

This report details:

- the Board's impact and how it has challenged its partners
- how the Board has met adult safeguarding strategic priorities from April 2019 until March 2020, and what members have achieved
- the Board's structure and the activity completed through its Sub-Committees
- the findings of Safeguarding Adult Reviews, which have concluded in the reporting year; implementation of lessons learned and any ongoing Reviews
- the Board's income and expenditure (see appendix 1)
- our next steps for building the Board's strategic priorities for 2021-24.

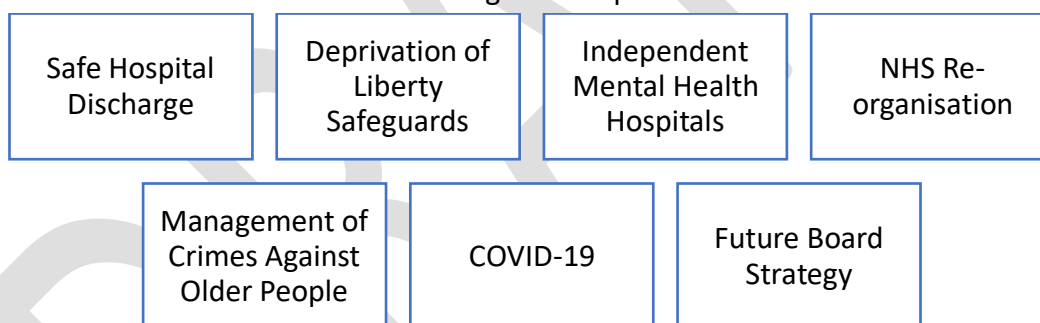
The Board agreed not to seek partner contributions to this annual report due to COVID-19 and its impact on their workload.



Providing a forum for peer challenge is a key responsibility of ESAB.

“It is important that SAB partners feel able to challenge each other and other organisations where it believes that their actions or inactions are increasing the risk of abuse or neglect. This will include commissioners, as well as providers of services.” (Care and Support Statutory Guidance 2020, Section 14.134²).

ESAB has been able to demonstrate challenge and impact in several areas:



- Safe discharge from hospitals was discussed in the first meeting in 2019-20. ESAB acknowledged that some unsafe discharges had posed risk but sought and received assurance that effective processes were put into place by NHS Providers.
- The Deprivation of Liberty Safeguards (DoLS) backlog was a recurring theme during the year, with the Board seeking and receiving assurance that potential safeguarding risks were managed, and system prioritisation was in place, for the most urgent cases.
- Safeguarding in independent mental health hospitals provides ongoing challenge for the Board and was the theme of the January 2020 meeting. The Board is seeking to gain assurance from partners including the Care Quality Commission and NHS England about the quality of monitoring commissioning arrangements in Essex. Work is now being developed locally and regionally to establish insight into the quality of care and safeguarding outcomes.

² <https://www.gov.uk/government/publications/care-act-statutory-guidance/care-and-support-statutory-guidance#safeguarding-1>

- NHS re-organisation has continued to feature on the ESAB risk register throughout the year, with regular updates being provided by NHS partners, particularly in relation to the development of three Sustainable Transformation Partnerships (STPs)³ and the impact this may have on the consistency and leadership of safeguarding practices.
- The Board received assurance from Essex Police and the Office of the Police, Fire and Crime Commissioner about effective management of crimes against older people, following a national thematic report by Her Majesty's Inspectorate of Constabulary and Fire & Rescue Services⁴.
- ESAB, through its Executive Committee, has sought assurance from its statutory partners about responses to COVID-19. Bi-weekly meetings have been in place, up to the end of March 2020, focusing on the impact COVID-19 has had on adult safeguarding and sharing good practice.
- In March 2020, ESAB Members attended a Development Day and held challenging discussions regarding the future Board strategy; a 'fit for purpose' structure; membership and most importantly to establish and share partner safeguarding priorities, to inform the work for the development of the 2021-24 Essex Adult Safeguarding Strategy.

³ [https://www.livingwellessex.org/vision/market-shaping/sustainability-transformation-partnerships-\(stps\)/](https://www.livingwellessex.org/vision/market-shaping/sustainability-transformation-partnerships-(stps)/)

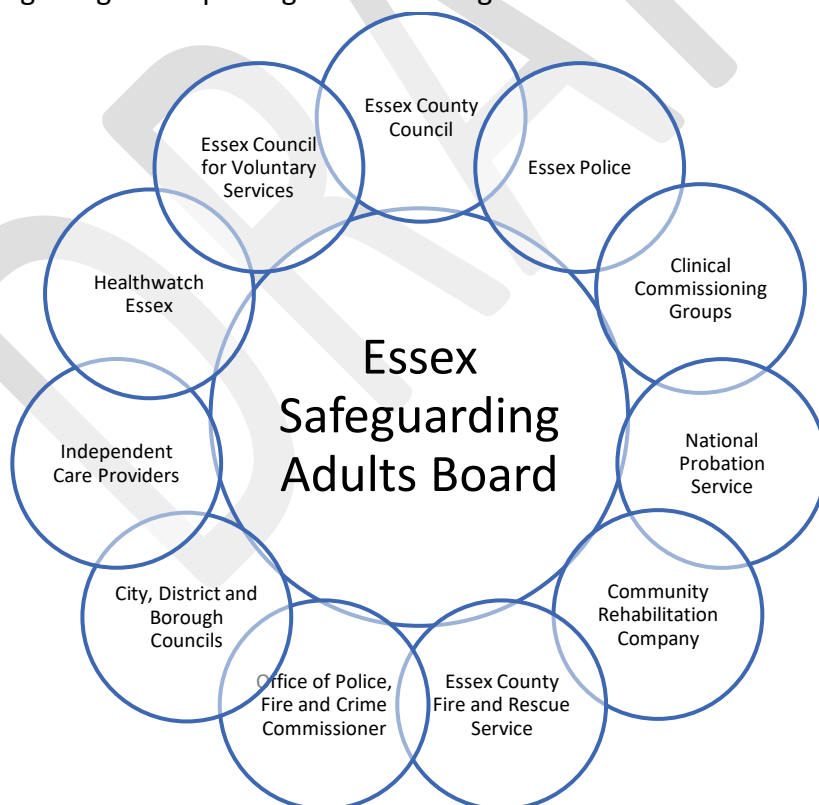
⁴ <https://www.justiceinspectors.gov.uk/hmicfrs/publications/crimes-against-older-people/>

ESAB Strategic Partners

ESAB ANNUAL REPORT 2019-2020

ESAB brings together the partner agencies who have a responsibility for adult safeguarding, such as Essex Police, Essex County Council and the NHS, to work collaboratively to:

- assure that local safeguarding arrangements are in place and work to the highest standards
- prevent abuse and neglect from happening
- support people who have experienced abuse or neglect to recover
- raise awareness of safeguarding adults and the role everyone can play in preventing, recognising and reporting abuse and neglect.



We also work closely with other strategic Boards and partnerships, such as Essex Safeguarding Children Boards, Southend, Essex and Thurrock Domestic Abuse Board, and The Essex Health and Wellbeing Board, and the Essex Partnership to share priorities, work jointly and reduce ion.

ESAB Strategic Plan

ESAB ANNUAL REPORT 2019-2020

ESAB's strategic aims and priorities for 2019-20⁵ were to:

**Priority 1
Prevention**

- Develop a clear strategic approach to the prevention of abuse and neglect

**Priority 2
Engagement**

- Develop and implement a strategy for engaging with users of safeguarding services and the public

**Priority 3
Protection and Partnership**

- Ensure effective arrangements gain assurance about the effectiveness of operational safeguarding arrangements and the robustness of agency safeguarding systems

Examples of how strategic priorities have been taken forward:

ESAB to receive assurance about LeDeR activity and learning in Essex

Continue to develop ESABs user engagement activity building on work with Healthwatch MSP project

Review how ESAB engages with the voluntary sector and particularly how the sector can help ESAB to understand the views of those who have used safeguarding services

Complete a safeguarding partnership staff survey

Develop a strategic approach to the prevention of abuse and neglect within the context of the 6 safeguarding principles

Review and refresh ESABs Communications Strategy, including the delivery of a safeguarding campaign to coincide with National Safeguarding Adults Week

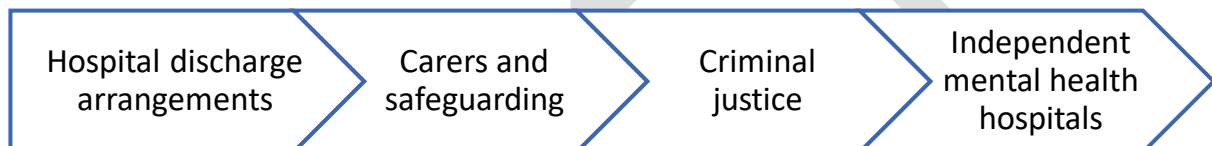
⁵ <https://www.essexsab.org.uk/about-esab/about/>



Board & Executive Committee

ESAB ANNUAL REPORT 2019-2020

ESAB has met four times during 2019-20. In addition to covering routine business, each meeting has focussed on a particular theme to allow the Board to consider specific issues in more detail. Themes during the year have been:



During the year the Board:

- monitored the work undertaken by all the Sub-Committees (see appendix 2) working towards the strategic plan
- approved Safeguarding Adult Review reports and received assurance from the Safeguarding Adult Review Sub-Committee about the delivery of subsequent action plans
- monitored any risks that were escalated and tried to mitigate/address them
- used Board development sessions to set strategic priorities for 2020-21.

ESAB formed an Executive Committee in April 2019, to provide oversight for strategic planning and consideration of any risk that the Board may be facing, as well as monitoring routine business, for example the ESAB budget.

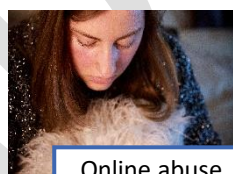


Campaigns

ESAB led a local campaign in Southend, Essex and Thurrock to support the Ann Craft Trust National Safeguarding Adults Week from 18th – 24th November 2019. Over the week, ESAB highlighted information about what constitutes abuse and what to do about it, to local people to access help and support for themselves, families and friends. Over the seven days, seven different safeguarding issues were explored with seven one-minute vlogs (video blogs) ⁶, based on the real experiences of some local residents, where they bravely shared their experiences and crisis points. The videos were developed into a support guide, designed to provoke discussion regarding the impact of abuse and neglect and assist manager's with safeguarding supervision. Videos focused on:



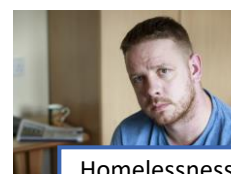
Neglect



Online abuse



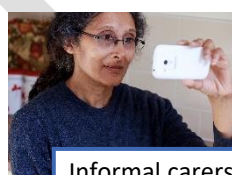
Gangs and modern slavery



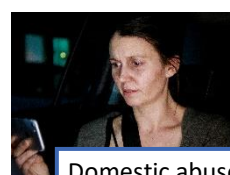
Homelessness



Financial abuse



Informal carers



Domestic abuse

The campaign was supported by Essex County Council, Essex Police, Essex Fire and Rescue Service, Health Providers, Essex Trading Standards, Essex Libraries, Clinical Commissioning Groups, Community Housing Partners as well as local and national charities and others. Additionally, our campaign resources were shared with Lewisham, Norfolk and Hertfordshire Safeguarding Adults Boards. As well as a social media campaign, pop up stands were located around the County. Essex Police also led on a 'Street Week,' whereby promotional materials were given out in Basildon.

Facebook campaign post reach 41,000

⁶ <https://www.essexsab.org.uk/learning-development/training-resources/>

Website

During 2019-20, ESAB updated its website⁷, exploring ease and speed of access. Following analysis, the most popular website pages were 'Reporting Concern's' and 'Guidance, Policies and Protocols'.

5,000+ website visitors per month

Bulletin

An 'ESAB Bulletin' is sent out bi-monthly with Board updates including useful local and national adult safeguarding information, as well as training and Board updates, when required.

1,450 subscribe to ESAB Bulletin mailing list

Social Media

ESAB continue to use social media to communicate to both professionals and the public, sharing posts, resources, supporting partner and national campaigns and offering general guidance. In late 2019, to coincide with the launch of National Safeguarding Adults Week, ESAB introduced a new Facebook page and YouTube account, providing a variety of learning materials.

930 Twitter Followers

156 Facebook Followers

136 Facebook Page Likes

Looking to the future, ESAB will continue to raise safeguarding adult awareness through social media, training, learning resources, learning events, particularly in relation to the outcomes from Safeguarding Adult Reviews and are now planning ahead for the November 2020 awareness raising campaign.

⁷ <https://www.essexsab.org.uk/>



The Health Executive Forum met four times during the year, they:

Provided a forum to monitor safeguarding activity for Essex health organisations, particularly in relation to continuing organisational change across the county

Reduced duplication of safeguarding activity for Essex health organisations

Sought assurance about Learning Disability Mortality Review activity and learning in Essex

Sought assurance around the prioritisation of Deprivation of Liberty Safeguards and associated risks

Looking ahead they will be:

- continuing to seek assurance about Learning Disability Mortality Review activity and learning in Essex
- reviewing how the forum operates and how health organisations engage with other safeguarding structures across Southend, Essex and Thurrock
- continuing to identify and seek assurance around safeguarding issues that are or may be impacting on health organisations across Southend, Essex and Thurrock including NHS reorganisation, Liberty Protection Safeguards and the continuing impact of COVID-19.

Learning & Development

ESAB ANNUAL REPORT 2019-2020

ESAB training

The diagram below shows the range of ESAB courses and events:



*1 fully booked course cancelled in March 2019 due to COVID-19.

A total of 857 people attended training courses or events provided by ESAB last year.

“An excellent training day delivered by a knowledgeable facilitator. I have already used a number of aspects discussed, to help inform our safeguarding policy and strategy”

Designated Safeguarding Adult Leads Training Course

After ESAB training courses, participants were asked the following questions, the table below shows the average scores (out of 5) across all courses.

Average post score	<ul style="list-style-type: none">• Statements
4.6	<ul style="list-style-type: none">• The course achieved its stated aims and objectives
4.5	<ul style="list-style-type: none">• I learned what I wanted from the course
4.5	<ul style="list-style-type: none">• I have clear ideas about how I will use the new skills/knowledge I have learned
4.7	<ul style="list-style-type: none">• The trainer was effective in helping me learn the key knowledge and skills
4.8	<ul style="list-style-type: none">• The trainer demonstrated a thorough understanding of the subject matter
4.6	<ul style="list-style-type: none">• Post course I will have the opportunity and support to use the skills relevant to me

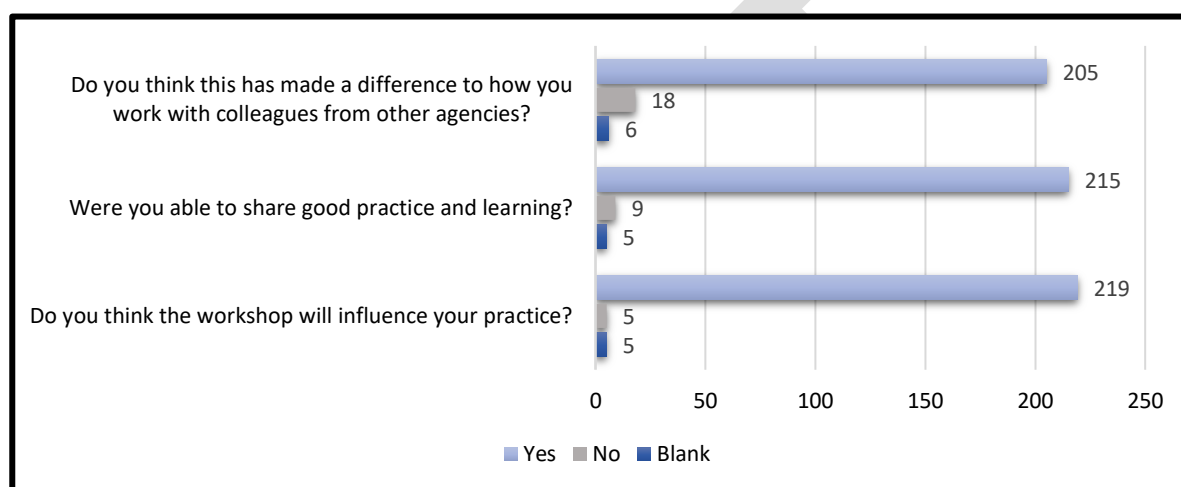
“Interesting use of cases to demonstrate how different aspects of decision-making & capacity assessment can be achieved”

Unwise Decisions, Risk Taking and Safeguarding Adults Training Course

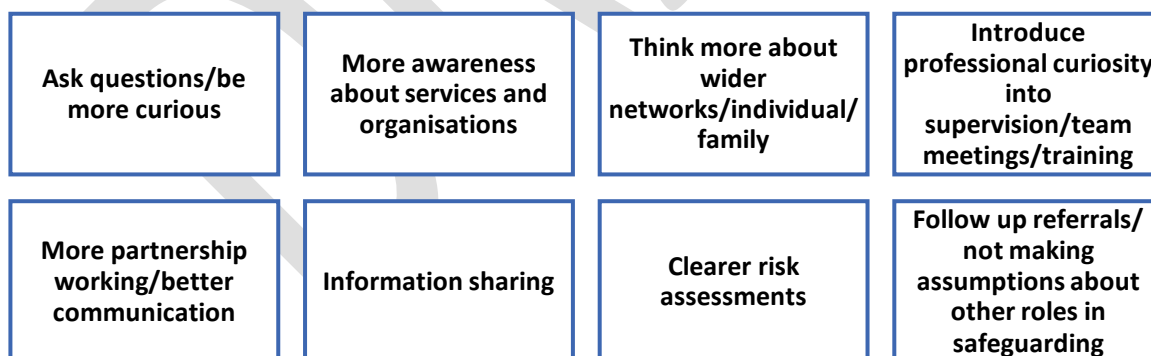
Learning from Reviews

Jointly ESAB, Essex Safeguarding Children Board (ESCB) and Southend, Essex and Thurrock Domestic Abuse Board (SETDAB) ran 4 events with professional curiosity as the overarching theme, using Domestic Homicide Reviews as case studies.

“Excellent forum for me to develop better understanding of adult services and general bringing together of different perspectives”



Participants were asked ‘What will you change/improve following the event?’ The majority of answers could be grouped by:



Looking ahead the Board Support Team will now:

- finalise the development of a new safeguarding adults e-learning package ensuring that this is available to staff and volunteers
- explore options for online learning events and multi-agency training, given the impact of Covid-19 on face to face courses, booked for April 2020.

Performance, Quality & Audit

ESAB ANNUAL REPORT 2019-2020

Making Safeguarding Personal (MSP)

The project aimed to assess the impact of the government initiative: Making Safeguarding Personal, in Essex, and Healthwatch enabled access to people, their relatives and friends, who had experienced local safeguarding arrangements, to share with professionals the 'lived experience', of safeguarding. Recommendations from the interviews were:

Raising awareness of 'Safeguarding'

Improving joint working

Engaging with service users

Review of communication with service users

Evaluation of the process

A number of these actions are underway or being built into the strategic plan for 2020-21. Following the report, a workshop took place to share the findings and 'lived experience', of safeguarding. This gave great insight into how this felt to be on the 'receiving end' of the service and what could be improved.

"Fantastic and eye opening to listen to individual accounts from those who have experienced the process and those who work it"

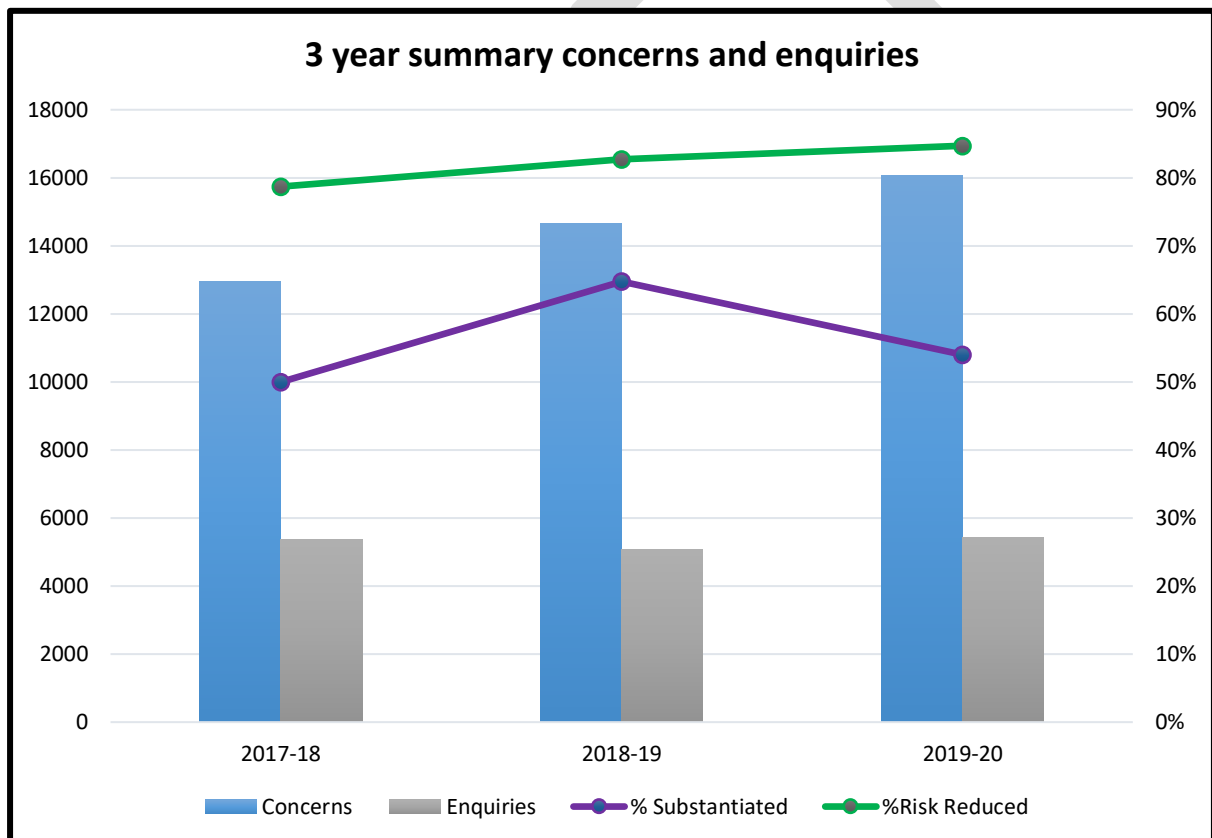


Professional participants were asked 'On a scale of 1 to 10 (10 being the most) what difference will it make to your skills/knowledge in the workplace?' Responses were:

- greater clarity about the meaning of safeguarding
- understanding the impact of mental capacity assessments
- the importance of communication with the adult and/or their families
- the need to share learning from workshop with staff who did not attend
- the importance of embedding MSP is embedded into practice.

Performance data

The Sub-Committee have developed the performance dashboard to ensure accuracy and meaningful interpretation of data. The source of the information has changed this year meaning that the data we are reporting is more accurate than previously. Some headline data is highlighted below, further analysis of this data is in appendix 3:



Quarter	Concerns	Enquiries	% Substantiated	% Risk Reduced	% converted to enquiry
Total- 2019-20	16076	5413	54%	85%	33%
Total- 2018-19	14669	5078	65%	83%	36%
Total- 2017-18	12965	5358	50%	79%	36%

- The number of safeguarding concerns has increased this year to 16,076, this is an increase from 14,669 in 2018-19 and 12,965 in 2017-18 or There has been a 9.6% increase in the number of concerns raised in 2019-20, compared with 2018-19, and a 24% increase compared with 2017-18.
- The percentage of substantiated cases has decreased and percentage of cases where risk was reduced has slightly increased.
- The number of safeguarding referrals dropped slightly in Q4 2019-20, from an average of 4184 in the first 3 quarters to 3524. This is most likely as a result of the impact of COVID-19.
- 54% (2923) of s42 safeguarding enquiries were substantiated.
- In 85% (4601) of s42 safeguarding enquiries risk was reduced.

Safeguarding staff survey

A staff survey which was aimed at staff who were supporting/working with adults with care and support needs in all organisations in Essex was completed. The survey aimed to test the responses from previous self-assessment audits. There were 2413 responses from a range of different organisations. The findings were very positive with the vast majority of those responded knowing how to access safeguarding advice and information. The majority of staff also felt they were receiving sufficient training. There were however potential issues in relation to police reporting and regular safeguarding discussions within team meetings which will be taken forward by the Board.

Looking ahead ESAB will:

- Ensure Making Safeguarding Personal becomes embedded into the adult safeguarding in Essex by ensuring that all those going through the safeguarding process have the opportunity to feedback about their experience. ESAB will ensure that it has effective arrangements for gaining assurance about the effectiveness of operational safeguarding arrangements and the robustness of agencies adult safeguarding systems.
- Monitor the safeguarding data to highlight and act on developing situations and trends, such as those encountered during the Covid-19 pandemic.



Safeguarding Adult Review (SAR)

ESAB ANNUAL REPORT 2019-2020

The Care Act 2014 requires Safeguarding Adult Boards to conduct Safeguarding Adult Reviews (SARs) when an adult with care and support needs in its area dies, or experiences serious abuse or neglect, (whether known or suspected), and there is concern that partner agencies could have worked more effectively to protect the adult. The purpose of a Safeguarding Adult Review is to learn lessons from the case and for the Board to gain assurance from its partner agencies that organisational learning takes place to prevent similar harm occurring in the future. During the year, the SAR Sub-Committee:

Met on 9 occasions

Considered 9 referrals during the year, of which 6 met the criteria for a SAR

Commenced 3 SAR's

Conducted 2 Partnership Learning Events

Finalised 2 SAR's

Published 1 SAR (Frank) from 2018-19

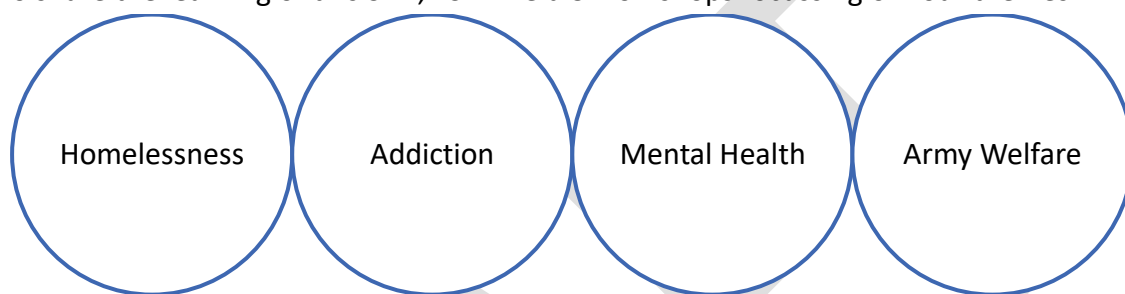
ESAB also conducted a thematic review of the 5 SAR's that ESAB have completed since 2018, in addition to a further SAR commissioned by another local authority, that ESAB have participated in. Four key strategic themes were identified:

1. The need to improve partnership working and information sharing between agencies
2. To seek further assurance from partner agencies about the quality of Mental Capacity Act 2005 practice in Essex
3. To determine the extent to which Essex partner agencies include adults in conversations about how to respond in safeguarding situations, in a way that enhances involvement, choice and control, as well as improving quality of life, wellbeing and safety
4. To seek assurance of partner agencies safeguarding policies, procedures and safeguarding referral processes.

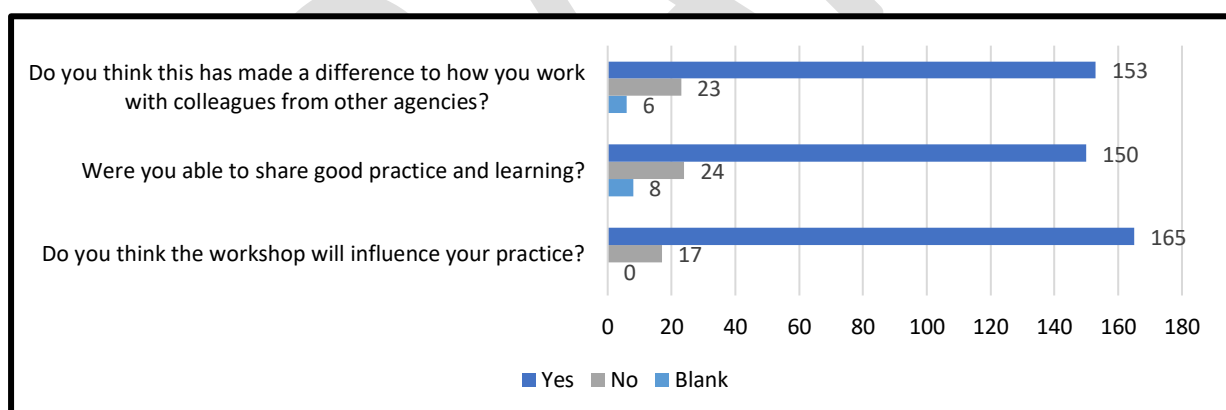
‘Frank’

Following the ‘Frank’ SAR⁸, ESAB held a thematic Board meeting focussing specifically on homelessness and temporary accommodation, to provide assurance around the services available and the scale of the issue in Essex. An outcome of this meeting was for ESAB to work with commissioners to ensure that the Horizons project becomes available across Essex. The Horizons project is a multi-agency model that provides intensive support for homeless individuals with multiple and complex disadvantages. The service involves up to 10 clients selected for participation by the multi-agency staff in each of the areas.

To share the learning of this SAR, ESAB held 3 workshops focussing on four themes:



“Very interesting and informative”



The feedback was extremely positive in terms of practice improvement.

“The mix of multi-agency professionals was really good and offered good interactive discussions”

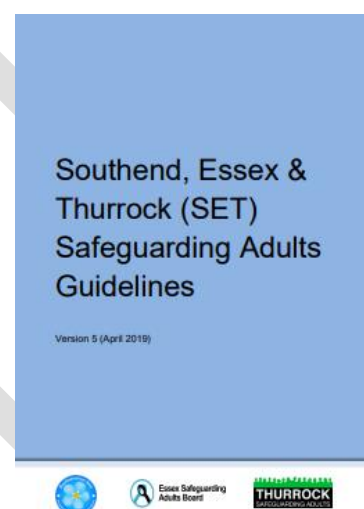
Looking ahead, the Board Support Team will:

- monitor SAR action plans
- review and update the SAR policy
- explore different ways of sharing information from the SARs.

⁸ <https://www.essexsab.org.uk/case-reviews/>



The SET working group met twice during the year, although a lot of work took place outside of the meetings work. The group works in partnership to provide a common approach to safeguarding across the county. In 2018-19 the group rewrote the SET safeguarding adult guidelines and updated the Safeguarding adult concern form (SETSAF), these were launched on the 1st April 2019. Supporting the guidelines were a number of local briefings around the county detailing the changes and updates.



The following policies were also reviewed and updated:

SET Safer
Recruitment Policy

SET Organisational
Safeguarding Policy

SET Missing
Protocol

Looking ahead

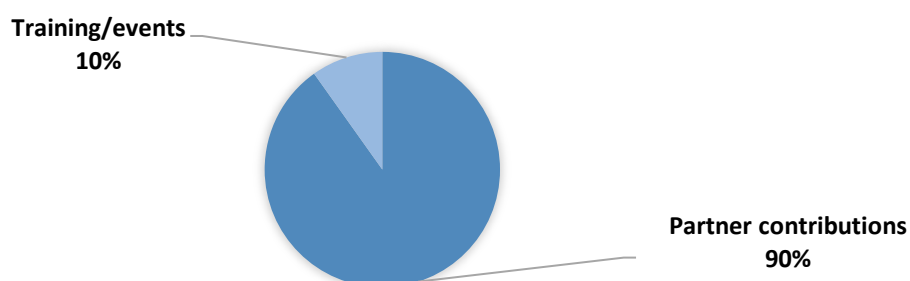
- To review the accessibility of SET policy documents
- To develop 1-minute guides of key safeguarding policies
- To update policy documents as and when required
- Ensure that the Mental Capacity Act and Deprivation of Liberty Safeguards policy and guidance is updated with changes in legislation.

Appendix 1 – Income & Expenditure

ESAB ANNUAL REPORT 2019-2020

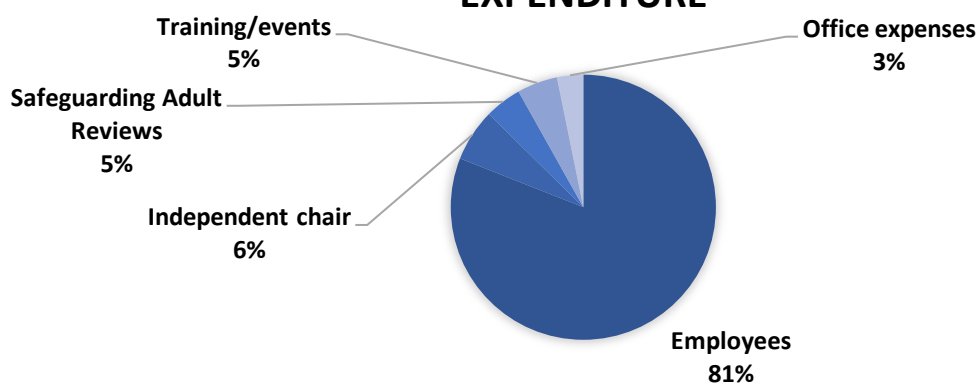
The total income for 2018-19 was **£274,582**, the total expenditure for ESAB for the same period was **£267,500**. £11,000 was transferred to the ESAB reserves.

INCOME



Training/events	£27,034
Partner contributions	£247,582
TOTAL	£274,582

EXPENDITURE



Office expenses	£8,547
Training / Events	£13,207
Safeguarding Adult Reviews (SARs)	£12,000
Independent Chair	£17,091
Employees	£216,655
Total	£267,500

Appendix 2 – Board Structure

ESAB ANNUAL REPORT 2019-2020



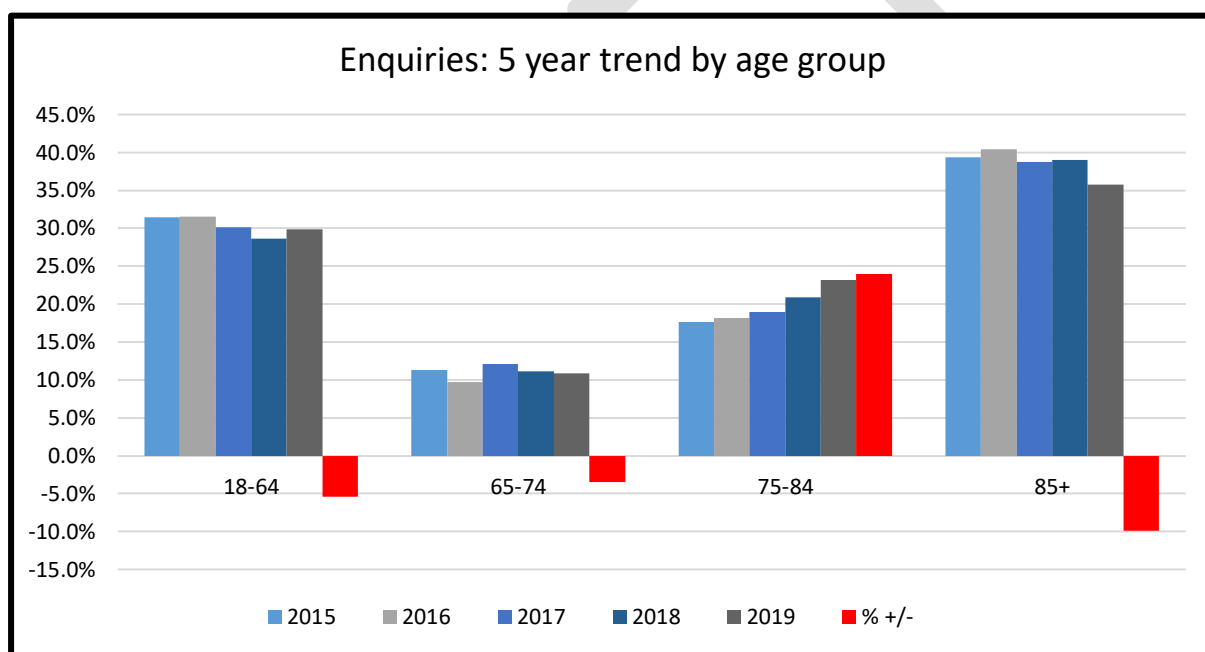
*Joint Sub Committee with Essex Safeguarding Children Board

Appendix 3 – Performance Data

ESAB ANNUAL REPORT 2019-2020

Age

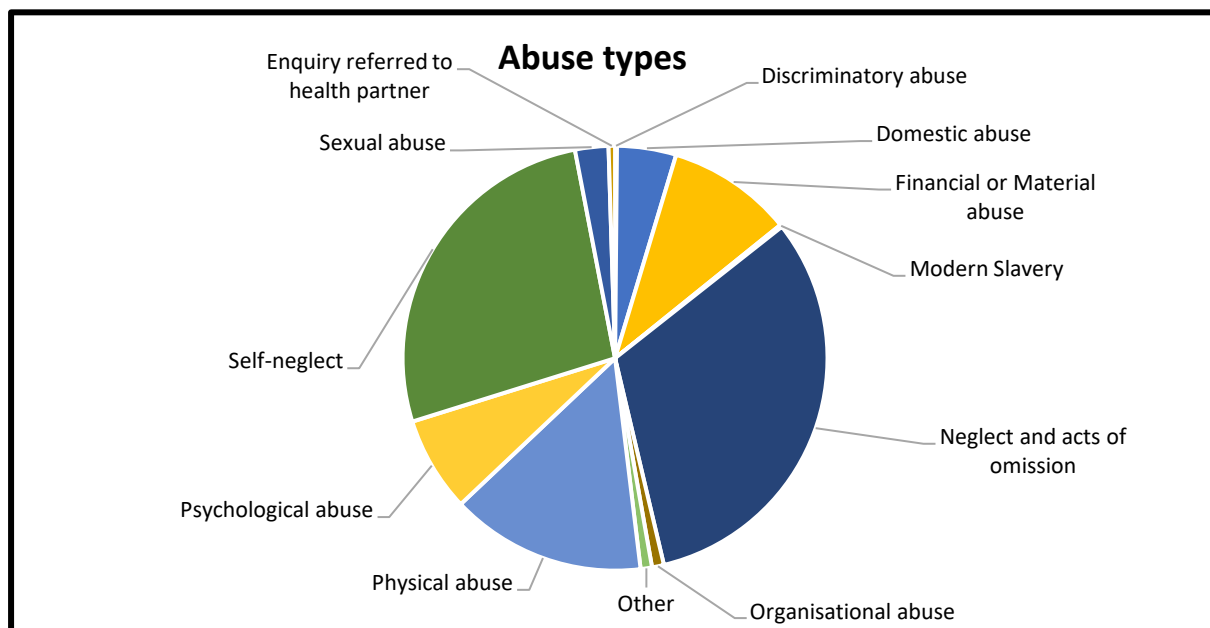
The following graph shows the age range of safeguarding enquiries.



Age group for 2019-20	Number	%
18 – 64	1615	30%
65 – 74	590	11%
75 – 84	1257	23%
85+	1951	36%
Total	5413	

The majority of safeguards raised relate to people over the age of 85 (36%). This group has remained consistently the highest over the last 5 years. More than half (59%) of all safeguarding enquiries relate to adults 75 and over.

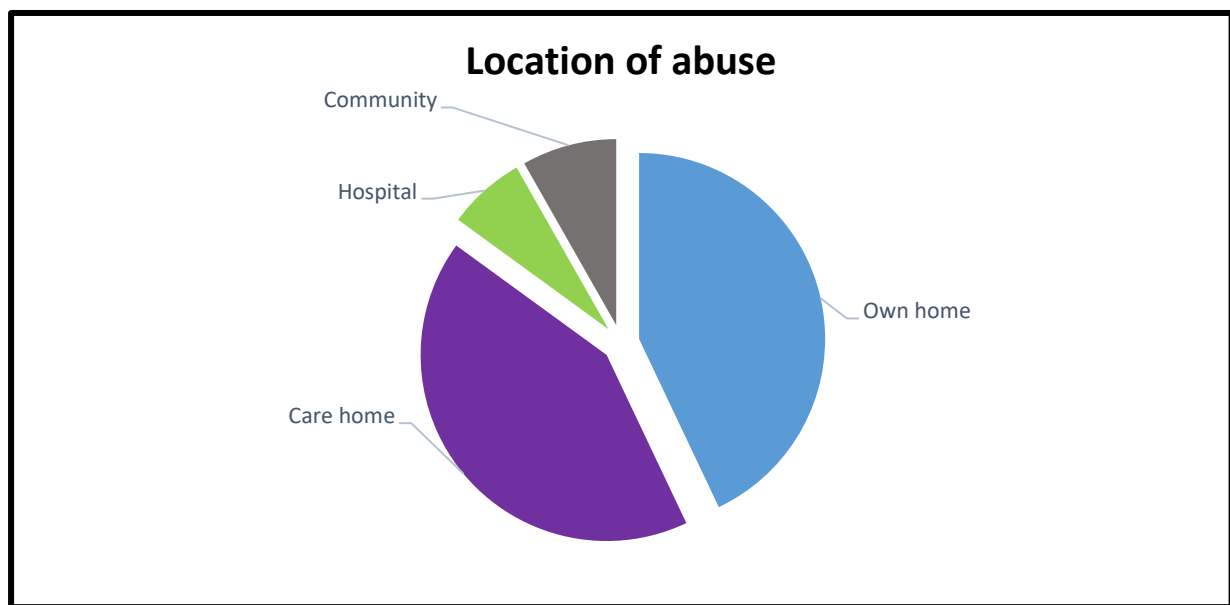
Abuse type



Abuse type	Number	%
Discriminatory abuse	23	>1%
Domestic abuse	724	5%
Financial or Material abuse	1536	10%
Modern Slavery	28	>1%
Neglect and acts of omission	5133	32%
Organisational abuse	146	>1%
Other	139	>1%
Physical abuse	2390	15%
Psychological abuse	1163	7%
Self-neglect	4307	27%
Sexual abuse	408	3%
Enquiry referred to health partner	79	>1%
Total	16076	

Over half the safeguarding concerns raised related to Neglect (32%) or Self Neglect (27%). The abuse types are the primary abuse type recorded on the Safeguarding Concern Form (SETSAF) upon it being sent to social care. Some cases may be recategorised during the enquiry stage, for example organisational abuse once social care have more information or join information up. It may also be that the SETSAF indicated that the concern was physical abuse when during the enquiry it becomes evident that this was by a family member and therefore domestic abuse.

Location of the abuse



2019-20	Number	%
Own home	2329	43%
Care home	2274	42%
Hospital	365	7%
Community	445	8%
Total	5413	

More than three quarters (84%) of safeguarding enquiries raised are due to incidents in the adults own home or in care homes, this trend is consistent over a three year period.



Glossary

ESAB ANNUAL REPORT 2019-2020

ESAB	Essex Safeguarding Adult Board
DoLS	Deprivation of Liberty Safeguards
MSP	Making Safeguarding Personal
SAB	Safeguarding Adult Board
SAR	Safeguarding Adult Review
SET	Southend, Essex and Thurrock
STP	Sustainable Transformation Partnerships



**Essex Safeguarding
Adults Board**

Our Safeguarding Strategy 2021-2024

Our Vision

Essex Safeguarding Adults Board (ESAB) will work in partnership and collaborate to ensure that adults at risk of abuse and neglect are able to live safely, with the rights and freedoms of citizenship.

Our Mission

ESAB will work together to seek and gain assurance, through effective and transparent processes, to ensure that adults at risk of abuse or neglect are supported to live safe lives through delivering against the priorities of prevention, learning, awareness and quality, and holding each other accountable.

Our Priorities

Priority 1 – Prevention & Awareness

We will improve the awareness of adults at risk within and across our communities and partner agencies, and we will work to prevent abuse and neglect.

Priority 2 – Learning

We will be open and transparent, sharing lessons learned from safeguarding practice and promote the development of an up to date, competent and skilled shared workforce.

Priority 3 – Quality

We will assure our own work, learn from experience, and set up processes to give insight into our ongoing commitment to continuously improve safeguarding practices.

PRIORITY 1

PREVENTION & AWARENESS

'I want to live safely, I know what abuse is, and I know how to get help'

WE WILL: work to prevent abuse and neglect and we will improve the awareness of adults at risk within and across our communities and partner agencies

Our Objectives

1. We will seek assurance that all agencies are clear about their obligations to deliver adult safeguarding activity which prevents abuse, crime, neglect, self-neglect and exploitation.
2. We will seek assurance that agency obligations are supported by clear processes which directly support the Southend, Essex and Thurrock (SET) Multi- Agency Adult Safeguarding Policy & Procedures, as a model of good practice.
3. We will work with each other and collaborate, to maximise our multi-agency practice to reduce risk and improve lives.
4. We will raise public awareness about and for adults at risk; what can be done to help; how communities can raise concerns and how the work of the Board is vital for planning; assurance, oversight, transparency and accountability.
5. We will ensure that the voices of adults at risk are sought, heard, listened to and acted upon, and that we engage with local communities ensuring we are transparent about what we are saying we are going to do and how we will measure it.

PRIORITY 2

LEARNING

‘I am confident in the people who help me and they are confident in how to effectively safeguard’

WE WILL: learn from our experience and share our learning to enable professional competence

Our Objectives

1. We will seek assurance that all statutory agencies have training in place to deliver their adult safeguarding obligations to prevent abuse, crime, neglect, self-neglect and exploitation.
2. We will seek assurance that agency training is aligned with and SET Multi- Agency Adult Safeguarding Policy & Procedures, and local and national learning.
3. We will ensure that having sought the voices of adults, that a positive impact is made on training, learning and development.
4. We will share lessons learned from Safeguarding Adult Reviews and hold agencies accountable.

Priority 3

Quality

'I am confident that the people will work with me and with each other, to achieve my outcomes'

WE WILL: assure our work and continuously improve our safeguarding practice

1. We will ensure that agencies are accountable for quality outcomes in their practices
2. We will ask for feedback and learn from people's experiences and put that learning into practice.
3. We will ensure that our performance is reviewed and evaluated.
4. We will ensure that partners measure and evaluate their own safeguarding activity and share that information with our Board.
5. We will work to ensure that safeguarding practice is lawfully compliant and practice is made personal at every opportunity.