Report title: Essex Health and Wellbeing Strategy

Report to: Essex Health and Wellbeing Board

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Date: 16 March 2022 For: Discussion

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County Divisions affected: All Essex

1 Purpose of Report

1.1 The Joint Health and Wellbeing Strategy is currently out for consultation. The purpose of this report is to share the consultation version (included in this report as Appendix One) and enable further discussion, with a view to endorsement at the next HWB meeting in May.

2 Recommendations:

The Board is asked to:

- 1.1 Note the latest draft of the strategy
- 1.2 Consider the proposals as they currently stand and suggest any changes deemed appropriate.

3 Summary of issue

- 3.1 The development of a new Joint Health and Wellbeing Strategy for Essex (JHWS) has been through a rigorous process over the last few months.
- 3.2 Following a thorough review of the existing Strategy, and an update of the Joint Strategic Needs Assessment, a new set of proposed priorities emerged for consideration and development.
- 3.3 These priorities are:
 - Health Inequalities & The Wider Determinants of Health
 - · Improving Mental Health and Wellbeing
 - Physical Activity and being at a Healthy Weight
 - Supporting long term independence
 - Alcohol and Substance Misuse

- 3.4 The officer working group set up to oversee this process produced a version of the new, draft JHWS which was shared with HWB members at the informal workshop on 26th January.
- 3.5 Since then, further work is taking place both to identify the high-level actions needed to underpin each of the priorities, and to determine the metrics by which progress will be measured.
- 3.6 The latest version of the draft JHWS is currently out to public consultation, which concludes on 25h March.
- 3.7 Board members are now asked to note this version of the strategy and discuss whether there are any strands still missing, or other changes that should be considered.
- 3.8 The final version of the JHWS will then be brought back to the next EHWB meeting in May for final endorsement.

Appendices

• Appendix One: The draft JHWS