Report title: Draft LeDeR three-year deliverables plan

Report to: Essex Health and Wellbeing Board

Report authors: Rebekah Bailie

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Enquiries to: Rebekah Bailie (Rebekah.bailie@essex.gov.uk)

County Divisions affected: All Essex

# 1 Purpose of Report

1.1 To update Health and Wellbeing Board members on progress with developing the three-year action plan following the outcome of the LeDeR (Learning Disabilities Mortality Review) review, ensuring that members have sight of the draft proposals and the opportunity to comment and identify any further strands of work that need to be initiated.

#### 2 Recommendations

- 2.1 To note the draft LeDeR three-year action plan;
- 2.2 To consider whether any actions need amending, or any key points to be added;
- 2.3 To identify any further strands of work that need to be initiated as a result.

### 3 Background

- 3.1 The LeDeR Programme across Southend, Essex and Thurrock has identified a wide range of issues impacting on the wellbeing and lifespan of local people with Learning Disability and has presented these in End of Year Reports and associated documents.
- 3.2 The action plan for 2021-22 was accepted by HWB and now forms part of a wider three-year deliverable plan, capturing the work across the health and social care system to address the issues raised by LeDeR reviews to date.
- 3.3 This plan is brought back as agreed in a draft format for comment. It will be further discussed by LeDeR Steering Group at 24<sup>th</sup> March and a programme of engagement with advocacy and family carer groups will take place across March and April.
- 3.4 The plan captures organisational and system level workstreams. More specific local actions have been agreed relevant to specific reviews. The plan is embedded, but can be summarised as follows:

# a) Work to prevent people becoming ill or developing conditions

- Review of Public Health contracts to ensure accessibility and reasonable adjustments
- Programme of promotion of healthy lifestyles across community organisations, sport and leisure offer and through social care providers.
- Agreed list of checks for all agencies (Annual Health Check, Cancer Screenings, Vaccinations, Hospital Passport etc) to carry out on contact with person with LD.
- Facilitated project to promote cancer screening uptake
- Joined up to supporting LD Annual Health Checks across health, social care and community organisations.
- Improved information on how to get help in community locations and on websites
- Specialist support to vaccination programmes

# b) Better management of illness

- Integration of Meaningful Lives Matters (MLM) Aging Well and Dying Well projects with specialist health frailty workstreams and resources – delivery of Aging Well Toolkit to social workers, social care providers and people with LD.
- Training offer for social care providers (both LD and Older People) on a range of topics
- Training on health deterioration and AHCs rolled out through Essex Carers Network
- Local projects on specific long term conditions
- Health coordination by ELDP specialist health provider extended to integrate with mainstream frailty or care coordinators.
- GP forum to run monthly addressing key issues and case studies
- Focus on cardiac and respiratory issues including implementation of pneumonia toolkit and sharing of COVID survivor lists for long COVID follow up

### c) Inequalities

- Hospitals to establish new DNAR policy
- Primary Care to establish protocol for personalised follow up of DNAs
- STOMP integrated protocol to be reviewed with shared care with ELDP and PCN pharmacists
- Information Governance agreements to be established to ensure joined up work
- Autism only work to commence with best practise projects
- BAME workstream to be established.
- 3.5 Progress against the plan and measures will be monitored by LeDeR LAC and reported through LeDeR Steering Group, circulated through quarterly reports and at end of year.
- 3.6 The final plan will accompany the 2021-22 End of Year Report.